Module 4 Resources

American Psychological Association. Road to Resilience.  

https://www.apa.org/monitor/2016/06/ce-corner

Anxiety and Depression Association of America. African American resources.  
https://adaa.org/african-americans

Black Emotional and Mental Health Collective.  
https://www.beam.community

Black Youth Project.  
http://blackyouthproject.com/about-us

Friends of the Children. Youth mentoring organizations in major American cities.  
http://friendspdx.org

http://www.intergroupresources.com/rc/Grant-Thomas%20et%20al%202009.pdf

I Live For is an organization “committed to ending the cultural stigma of depression, anxiety and other mental disorders in teenagers and young adults of color.”  
https://ilivefor.org/about

Joy DeGruy.  
http://joydegruy.com

Kirwan Institute for the Study of Race and Ethnicity, The Ohio State University. Research reports on disparities in local communities.  
http://kirwaninstitute.osu.edu
Kirwan Institute Training Modules on Implicit Bias (2018).
http://kirwaninstitute.osu.edu/implicit-bias-training

Mental Health America. Black and African American Communities and Mental Health.
https://www.mentalhealthamerica.net/african-american-mental-health

https://nam.edu/perspectives-on-health-equity-and-social-determinants-of-health

National Alliance on Mental Illness. Multicultural Action Center: African American Resources.
https://www.nami.org/Find-Support/Diverse-Communities/African-American-Mental-Health

National Association of People of Color against Suicide.
http://www.nopcas.org

National Black Child Development Institute.
http://www.nbcdi.org

http://nbjc.org/about

National Youth Pride Services.
https://nationalyouthpride.wordpress.com

PFLAG: Parents, Families and Friends of Lesbians and Gays.
http://community.pflag.org

Resilience Research Center.
http://www.resilienceresearch.org

Self Enhancement, Inc.
https://www.selfenhancement.org

The Strong African American Families Program (SAAF).
https://cfr.uga.edu/saaf-programs/saaf