



# Promoting Support from Family, Peers, and Mentors

## Module 9 References

---

Beltman, S., & McCallum, J. (2006). Mentoring and the development of resilience: An Australian perspective. *International Journal of Mental Health Promotion, 8*(1), 21-32. Doi: 10.1080/14623730.2006.9721898

Blakeslee, J. (2018). *Social network enhancement strategies to address limited support networks in young adulthood: State of the Science*. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University. Retrieved from <https://www.pathwaysrtc.pdx.edu/pdf/state-of-the-science-articles-2018-futures-mnm.pdf>

Cauce, A.M., Domenech-Rodriguez, M., & Paradise, M., et al. (2002). Cultural and contextual influences in mental health help seeking: A focus on ethnic minority youth. *Journal of Consulting and Clinical Psychology, 70*(1), 44-55.

Chung, J.E. (2013). Social networking in online support groups for health: How online networking benefits patients. *Journal of Health Communication, 0*, 1-21.

Dang, M.T. & Miller, E. (2013). Characteristics of natural mentoring relationships from the perspectives of homeless youth. *Journal of Child and Adolescent Psychiatric Nursing, 26*, 246-253.

Day, A., Riebschleger, J., & Dworsky, A., et al. (2012). Maximizing educational opportunities for youth aging out of foster care by engaging youth voices in a partnership for social change. *Children and Youth Services Review, 34*, 1007-1014.

DeKraai, M.B., Bulling, D., Shank, N., & Tomkins, A. (2011). Faith-based organizations in a system of behavioral health care. *Journal of Psychology and Theology, 39*(3), 255-265.

Deutsch, N.L. & Spencer, R. (2009). Capturing the magic: Assessing the quality of youth mentoring relationships. *New Directions for Youth Development, 212*, 47-70.

DuBois, D.L. & Keller, T.E. (2017). Investigation of the integration of supports for youth thriving into a community-based mentoring program. *Child Development, 88*(5), 1480-1491.

Galasso, L.B., Arrell, A., & Webb, P., et al. (2009). More than friends: Peer supports for youth and young adults to promote discovery and recovery. In H. B. Clark & D. K. Unruh (Eds.), *Transitions of youth & young adults with emotional or behavioral difficulties: An evidence-supported handbook*, (pp.209-232). Baltimore: Paul H. Brookes.

Geenen, S., Powers, L.E., & Phillips, L.A., et al. (2014). Better Futures: A randomized field test of a model for supporting young people in foster care with mental health challenges to participate in higher education. *Journal of Behavioral Health and Services Research, 42*(2), 150-171.

Gerten, A. & Hensley, M. (2014). Transition-age children with mental illness: Hearing the voices of mothers. *Social Work in Health Care, 53*, 233-249.

Goldstrom, I.D., Campbell, J., & Rogers, J.A., et al. (2006). National estimates for mental health mutual support groups, self-help organizations, and consumer-operated services. *Administration and Policy in Mental Health Services Research, 33*(1), 92-103.

Gopalan, G., Lee, S.J. Harris, R., Aciri, M.C., & Munson, M.R. (2011). Utilization of peers in services for youth with emotional and behavioral challenges: A scoping review. *Journal of Adolescence, 55*, 88-115.

Haber, M.G., Cook, J.R., & Kilmer, R.P. (2012). Perceptions of family environment and wraparound processes: Associations with age and implications for serving transitioning youth in systems of care. *American Journal of Community Psychology, 49*, 454-466.

Harden, J. (2005). "Uncharted waters": The experience of parents of young people with mental health problems. *Qualitative Health Research, 15*, 207-223.

Hefner, J. & Eisenberg, D. (2009). Social support and mental health. *American Journal of Orthopsychiatry, 79*(4), 491-499.

Hurd, N. & Zimmerman, M. (2010). Natural mentors, mental health, and risk behaviors: A longitudinal analysis of African American adolescents transitioning into adulthood. *American Journal of Community Psychology, 46*, 36-48.

- Hurd, N.M. & Sellers, R.M. (2013). Black adolescents' relationships with natural mentors: Associations with academic engagement via social and emotional development. *Cultural Diversity and Ethnic Minority Psychology, 19*(1), 76-85.
- Hurd, N. & Zimmerman, M. (2014). An analysis of natural mentoring relationship profiles and associations with mentees' mental health: Considering links via support from important others. *American Journal of Community Psychology, 53*, 25-36.
- Jivanjee, P., Kruzich, J.M., & Gordon, L.J. (2007). Community integration of transition-age individuals: Views of young adults with mental health disorders. *Journal of Behavioral Health Services and Research, 35*(4), 402-418.
- Jivanjee, P., Kruzich, J.M., & Gordon, L.J. (2009). The age of uncertainty: Parent perspectives on the transitions of young people with mental health difficulties to adulthood. *Journal of Child and Family Studies, 18*, 435-446.
- Keller, T.E. (2005). A systemic model of youth mentoring. *The Journal of Primary prevention, 26*(2), 169-188. *Children and Youth Services Review, 88*, 308-315.
- Keller, T.E. (2007). Youth mentoring; Theoretical and methodological issues. In Allen, T.D., & Eby, L.T. (Eds.). *The Blackwell book of mentoring: A multiple perspectives approach*, (pp. 23-47). Malden, MA: Blackwell.
- Keller, T.E., Overton, B., Pryce, J.M., Barry, J.E., Sutherland, S., & DuBois, D. (2018). *"I really wanted her to have a Big Sister": Caregiver perspectives on mentoring for early adolescent girls.*
- Klodnick, V.V., Davis, K.E., Fagan, M.A., & Elias, A. (2014). Launching into adulthood from institutional care with a serious mental health condition. *Community Mental Health Journal, 50*, 209-215.
- Klodnick, V.V., Sabella, K., Brenner, C.J., Krzos, I.M., Ellison, M.L., Kaiser, S.M., Davis, M., & Fagan, M.A. (2015). Perspectives of young emerging adults with serious mental health conditions on vocational peer mentors. *Journal of Emotional and Behavioral Disorders, 23*(4) 226–237
- Lindsey, M.A., Barksdale, C.L., Lambert, S., & Ialongo, N.S. (2010). Social network influences on service use among urban, African American youth with mental health problems. *Journal of Adolescent Health, 47*, 367-373.

- Manuel, J. I., Munson, M. R., & Dino, M., et al. (2018). Aging out or continuing on? Exploring strategies to prepare marginalized youth for a transition to recovery in adulthood. *Psychiatric Rehabilitation Journal*, 41(4), 258–265.
- McCann, T.V., Lubman, D.I., & Clark, E. (2012). Views of young people with depression about family and significant other support: Interpretative phenomenological analysis study. *International Journal of Mental Health Nursing*, 21, 453-461.
- McConnell, E.A. Birkett, M.A., and Mustanski, B. (2015). Typologies of social support and associations with mental health outcomes among LGBT youth. *LGBT Health*, 2(1), 55-61.
- Miller, R., Blakeslee, J., & Hope, B. (2018). *Supporting college student success through connections to mentors and campus champions: A strategy brief for campus-based mentors and other student support programs*. Retrieved from <https://www.pathwaysrtc.pdx.edu/pdf/proj-1-FUTURES-student-success-mentors-campus-champions.pdf>
- Miller, K., Sukhera, J., Lynch, J., & Wardrop, N. (2017). Voices unheard: Exploring the caregiver experience for caregivers of emerging adults with mental illness. *Families in Society: The Journal of Contemporary Social Services*, 98(4), 310–318.
- Munson, M.R., Brown, S., & Spencer, R., et al. (2015). Supportive relationships among former foster system youth with mental health challenges. *Journal of Adolescent Research*, 30(4), 501-529.
- Naslund, J.A., Aschbrenner, K.A., Marsch, L.A., & Bartels, S.J. (2016). The future of mental health care: Peer support and social media. *Epidemiology and Psychiatric Sciences*, 25, 113-122.
- Osterling, K.L., & Hines, A.M. (2006). Mentoring adolescent foster youth: Promoting resilience during developmental transitions. *Child and Family Social Work*, 11, 242-253.
- Pistrang, N., Barker, C., & Humphreys, K. (2008). Mutual help groups for mental health problems: A review of effectiveness studies. *American Journal of Community Psychology*, 42(1-2), 110-121.
- Rhodes, J.E. & Chan, C.S. (2008). Youth mentoring and spiritual development. *New Directions for Youth Development*, 118, 85-89.
- Rhodes, J.E. & Lowe, S.R. (2008). Youth mentoring and resilience: Implications for practice. *Child Care in Practice*, 14(1), 9-17.

Rhodes, J., Spencer, R., & Keller, T. E., et al. (2006). A model for the influence of mentoring relationships on youth development. *Journal of Community Psychology, 34*(6), 691-707.

Roth, J.L., & Brooks-Gunn, J. (2003). Youth development programs: Risk, prevention, and policy. *Journal of Adolescent Health, 32*, 170-182.

Sale, T., Raymaker, D., Rija, M., Gould, V., Wall, C., & Melton, R. (2018). Mitigating early loss of community participation in early psychosis services. *Focal Point: Youth, Young Adults, and Mental Health, 32*, 16-18. Portland, OR: Research and Training Center for Pathways to Positive Futures, Portland State University.

Sapiro, B., & Ward, A. (2019). Marginalized youth, mental health, and connection with others: A review of the literature. *Child and Adolescent Social Work Journal*. Published online July 2019, 1-15. Doi: 10.1007/s10560-019-00628-5.

Schwartz, S.E.O, Lowe, S.R., & Rhodes, J.E. (2012). Mentoring relationships and self-esteem. *The Prevention Researcher, 19*(2), 17-20.

Schwartz, S.E.O. & Rhodes, J.E. (2016). From treatment to empowerment: New approaches to youth mentoring. *American Journal of Community Psychology, 58*, 150-157.

Schwartz, S.E.O., Rhodes, J.E., Spencer, R., & Grossman, J.B. (2013). Youth initiated mentoring: Investigating a new approach to working with vulnerable adolescents. *American Journal of Community Psychology, 52*, 155-169.

Skubby, D., Bonfine, N., Tracy, H., Knepp, K., & Munetz, M. (2015). The help-seeking experiences of parents of children with a first episode of psychosis. *Community Mental Health Journal, 51*, 888-896.

Spencer, R. (2007). Naturally occurring mentoring relationships involving youth. In Allen, T.D. & Eby, L.T. (Eds.). *The Blackwell book of mentoring: A multiple perspectives approach*, (pp. 99-118). Malden, MA: Blackwell.

Spencer, R., Jordan, J.V., & Sazama, J. (2004). Growth-promoting relationships between youth and adults: A focus group study. *Families in Society, 85*(3), 354-362.

Spencer, R. & Basualdo-Delmonico, A. (2014). Family involvement in the youth mentoring process: A focus group study. *Children and Youth Services Review, 41*, 75-82.

- Spencer, R., Tugenberg, T., Ocean, M., Schwartz, S.E.O., & Rhodes, J.E. (2016). "Somebody who's on my side": A qualitative examination of youth initiated mentoring. *Youth and Society, 48*(3), 402-424.
- Stein, K.F., Connors, E.H., Chambers, K.L., Thomas, C.L., & Stephan, S.H. (2016). Youth, caregiver, and staff perspectives on an initiative to promote success of emerging adults with emotional and behavioral difficulties. *Journal of Behavioral Health Services and Research, 43*(4), 582-596.
- Taylor, R.J., Ellison, C.G., & Chatters, L., et al. (2000). Mental health services in faith communities: The role of clergy in Black churches. *Social Work, 45*(1), 73-87.
- Thorsteinsson, E.B., Ryan, S.M., & Sveinbjornsdottir, S. (2013). The mediating effects of social support and coping on the stress-depression relationship in rural and urban adolescents. *Open Journal of Depression, 2*(1), 1-6.
- Vorhies, V., Davis, K.E., Frounfelker, R.L., Kaiser, S.M. (2012). Applying social and cultural capital frameworks: Understanding employment perspectives of transition age youth with serious mental health conditions. *Journal of Behavioral Health Services and Research, 39*(3), 257-270.
- Weber, S., Puskar, K.R., & Ren, D. (2010). Relationships between depressive symptoms and perceived social support, self-esteem, and optimism in a sample of rural adolescents. *Issues in Mental Health Nursing, 31*, 584-588.
- Wisdom, J.P. & Agnor, C. (2007). Family heritage and depression guides: Family and peer views influence adolescent attitudes about depression. *Journal of Adolescence, 30*, 333-346.
- Wisdom, J.P., Clarke, G.N., & Green, C.A. (2006). What teens want: Barriers to seeking care for depression. *Administration and Policy in Mental Health and Mental Health Services Research, 33*(2), 133-145.