

EARLY ASSESSMENT AND SUPPORT ALLIANCE (EASA)

PROGRAM DIRECTORY

VERSION [5.0]

JUNE 10, 2016

**EASA CENTER FOR EXCELLENCE
PORTLAND STATE UNIVERSITY
PORTLAND, OREGON**

This document was prepared for the National Technical Assistance Network for Children's Behavioral Health under contract with the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Contract #HHSS280201500007C. However, these contents do not necessarily represent the policy of the U.S. Department of Health and Human Services, and you should not assume endorsement by the Federal Government.



PURPOSE

This directory was developed by the [Early Assessment and Support Alliance \(EASA\)](#) Center for Excellence at Portland State University. It was originally developed in partnership with the [Foundation for Excellence in Mental Health Care](#). Currently, it is maintained through the National Training and Technical Assistance Center (NTTAC) for Children's Behavioral Health. For questions or concerns, please contact [Ellie Taylor](#), Research Associate with the EASA Center for Excellence, at elinor.taylor@pdx.edu.

The National Technical Assistance Network for Children's Behavioral Health (TA Network) operates the NTTAC, funded by the Substance Abuse and Mental Health Services Administration, Child, Adolescent and Family Branch. The TA Network, a consortium of 14 universities and organizations partners with states, tribes, territories, and communities to develop the most effective and sustainable systems of care possible with and for the benefit of children and youth with behavioral health needs and their families. The TA Network provides technical assistance and support across the country to state and local agencies, including youth and family leadership organizations.

The [EASA Center for Excellence](#) is a partner of the TA Network. EASA consists of a statewide network of programs in Oregon with a coordinated approach to early psychosis intervention, which provides information and support to young people who are experiencing symptoms of psychosis for the first time. The EASA Center for Excellence provides training, research, and program development statewide both in Oregon and nationally.

The purpose of this directory is to create a listing of early intervention programs for psychosis within the U.S. Additional goals include helping people find resources in their communities and facilitating a communication network among these programs. This information is up-to-date as of May 15th, 2016.

Reflecting growing national collaboration, this version of the directory features expanded national, state, and program information. This expansion also includes a new section on national resources, state contact people for early psychosis section, and program criteria (e.g., accepted age ranges, and types of insurance accepted). If you are affiliated with a program and would like to contribute its information, please complete our survey at https://portlandstate.qualtrics.com//SE/?SID=SV_bCSQv5C2f144USN

This directory is undergoing continuing development as more data about programs becomes available. We at EASA recognize the importance of early intervention for young adults and families in need, and that early psychosis intervention is an active field of research. Thus, we aim to be inclusive and include all program information available. Thank you for your participation and interest.

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NATIONAL RESOURCES

NATIONAL & INTERNATIONAL NETWORKING

Partners 4 StrongMinds (P4SM)

P4SM is a national platform of young people living with psychosis, families, researchers, clinicians, and systems dedicated to demystifying and destigmatizing psychosis. It works to track and disseminate psychosis research and policy news. Features an extensive social media campaign that shares perspectives of young adults with lived experience.

Website: <http://partners4strongminds.org/>

Facebook: <https://www.facebook.com/Partners4StrongMinds/>

Twitter: <https://twitter.com/@p4sm>

The Prodrome and Early Psychosis Program Network (PEPPNET)

A national membership organization of clinicians, educators, policy leaders, government agencies, and researchers who are leading community implementation efforts for early psychosis and psychosis risk programs. Supported by Stanford Medicine's Dept. of Psychiatry and Behavioral Sciences. Provides education, research dissemination, a national listserv to connect professionals, and many other resources.

Website: <http://med.stanford.edu/peppnet.html>

IEPA Early Intervention in Mental Health

IEPA is an international network for those involved in the study and treatment of the early phases of mental health disorders encompassing a trans-diagnostic approach. With its origins in early intervention in psychosis, IEPA aims to enhance awareness of the early phases of mental health disorders, their causes, prevention, and the process of recovery. It aims to provide a network for international communication and collaboration between stakeholders.

[EASA](#) Program Directory June 2016



Website: <https://iepa.org.au/>



ADVOCACY & SUPPORT

The National Alliance on Mental Illness (NAMI)

NAMI is the nation's largest grassroots mental health organization. Provides support groups, advocacy, education, and many other resources. They are developing new resources for early psychosis intervention, including providing trainings and materials. They offer a toll free national helpline that provides free referrals, information, and support. Visit their website or call the helpline for more information about national and local resources.

Website: <https://www.nami.org/>

National HelpLine: 800-950-6262

MyHealios

MyHealios is an evidence-based caregiver support service that is provided to families and caregivers via live video conferencing. Provides specific resources and support for caregivers of individuals with psychosis along with free 30 min. consultations to callers.

Website: <https://www.myhealios.com/>

Phone: (855) 313-8152

The StrongMinds Project

The StrongMinds Project is run by a group of “passionate young people who’ve struggled with our mental health, and are back to chasing our dreams after finding effective support and resources.” They produce videos, blogs, and a wide range of information created by young people with lived experience.

Website: <http://strongmindsproject.org/>



RESOURCES FOR FINDING HELP

Partners 4 StrongMinds (PS4M) Treatment Tracker

An extensive, frequently updated map and list of Early Intervention for Psychosis programs in the U.S. Provides contact information for each program.

Website: <http://partners4strongminds.org/get-involved/education-center/finding-treatment/>

HelpWhenYouNeedIt.Org

An online directory of over 350,000 national, private, and public resources including mental health treatment, food pantries, stores that accept food stamps, assisted living facilities, domestic violence shelters, homeless shelters, hospitals, substance abuse treatment, free clinics, V.A. facilities, women's clinics, and legal assistance or financial assistance. Enter a zip code to find nearby listings.

Website: <http://helpwhenyouneedit.org/>

International Listing of Early Intervention for Psychosis Programs

An online international listing provided through the IEPA, which is an international network for those involved in the study and treatment of the early phases of mental health disorders.

Website: <https://iepa.org.au/by-country/>

The National Suicide Prevention Lifeline Network

More than 150 crisis centers across the country participate in the National Suicide Prevention Lifeline Network. The network connects callers to a trained counselor in their area. Visit their website to view crisis lines by state or zip code. Or, call their helpline to be routed to the closest available crisis center.

Website: <http://www.suicidepreventionlifeline.org/getinvolved/locator>

Helpline: 1-800-273-TALK



Suicide.org

Suicide.org is an extensive online directory of listings for crisis hotlines, organized by state and county.

Website: <http://www.suicide.org/suicide-hotlines.html>

ARIZONA

Tucson

Early Psychosis Intervention Center (EPICENTER)

Banner University Medicine Whole Health Clinic

535 N. Wilmot Road, Suite 201

Tucson, AZ 85711

Website: <http://psychiatry.arizona.edu/patient-care/epicenter>

Appointment Phone: (520) 694-1797

Contact:

Dr. Patricia Harrison-Monroe, Director

CALIFORNIA

Concord/Contra Costa County

First Hope

Contra Costa County Behavioral Health Services

1034 Oak Grove Road

Concord, CA 94518

Website: <http://firsthopeccc.org/index.html>

Phone: +1 (925) 681-4450

Fax: +1 (925) 681-5365



Service model: PIER (piertraining.com)

Contact:

Phyllis Mace, LMFT, Program Manager

Email: Phyllis.Mace@hsd.cccounty.us

Los Angeles

Aftercare Research Program

UCLA Semel Institute

300 UCLA Medical Plaza

Room 2240

Los Angeles, CA 90095-6968

Referral Phone: (310) 206-3142

Website: <https://www.semel.ucla.edu/aftercare>

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 18-45

Insurance accepted: “We are funded via NIMH, so insurance is not needed, except for services that clients need beyond the scope of our clinical research interventions.”

Service model: Coordinated Specialty Care (CSC), Open Dialogue, “We are a clinical research program that provides psychosocial and medication interventions with the purpose of improving functional outcomes.”

Contact:

Luana Turner, Psy. D.

Email: LTurner@mednet.ucla.edu

Joseph Ventura, Ph.D.

Email: JVventura@mednet.ucla.edu



*The Staglin Music Festival Center for the Assessment and Prevention of
Prodromal States (CAPPS)*

Departments of Psychology and Psychiatry & Biobehavioral Sciences
University of California, Los Angeles

Semel Institute for Neuroscience and Human Behavior

760 Westwood Plaza, 2nd Floor

Los Angeles, CA 90095

Website: www.semel.ucla.edu/capps

Phone: (310) 206-3466

Fax: (310) 794-9517

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 12-30

Insurance accepted: “As a research clinic, we do not accept insurance and all of our services are free of charge.”

Service model: “Assessment and treatment planning with outside providers.”

Additional info: “Assessment services are all free and include clinical, psychosocial, and neuropsychological assessments conducted every two to six months to closely monitor symptoms and functioning. Findings and recommendations are shared with outside treatment providers to aid in treatment planning, school advocacy, and crisis intervention. Participants will be offered adjunct services including frequent and intensive evaluations, diagnostic and neuropsychological assessments, psychoeducation, treatment planning (including services from CAPPS and the community), case management, and referral services.”

Contact:

Dr. Carrie Bearden, Site Director

Email: cbearden@mednet.ucla.edu



Modesto

LIFE Path

Sierra Vista Child & Family Services

100 Poplar Ave.

Modesto, CA 95354

Website: http://www.sierravistacares.org/programs_LifePath.asp?c=21

Phone: (209) 523-4573

Fax: (209) 550-5866

Email: info@sierravistacares.org

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 14-25

Insurance accepted: Medicaid, Uninsured, Private

Service model: Coordinated Specialty Care (CSC)

Area eligibility: Stanislaus County residents

Contact:

Donnieau E. Snyder, MFT, PhD

Email: dsnyder@sierravistacares.org

Napa/Napa & Solano Counties

Supportive Outreach & Access to Resources (SOAR)

Aldea Child & Family Services

1801 Oak St.

P.O. Box 841

Napa, CA 94559

Website: <http://www.aldeainc.org/services/behavioral-health/early-diagnosis-preventative-treatment>

Napa County Contacts:



Service Inquiries: Julianna Huijon, Clinic Coordinator

Phone: (707) 253-0123, ext. 652

General Inquiries: Carolina Mariposa, Program Director

Phone: (707) 253-0123, ext. 644

Solano County Contacts:

General Inquiries: Halide Porras, Clinic Coordinator

Phone: (707) 425-9670, ext. 407

Email: hporras@aldeainc.org

General inquiries: Julie Falicki, Program Director

Phone: (707) 425-9670, ext. 218

Email: jfalicki@aldeainc.org

Hayward / Alameda County

Felton/EBCRP PREP Alameda

Part of the Felton PREP Network (Prevention and Recovery in Early Psychosis)

22971 Sutro St

Hayward, CA 94541

Referral Line: (888) 535-7737

Email: PREPAlameda@felton.org

Website: prepwellness.org

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-24

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Referral Contact:

Christy Tillotson, MFT, EBCRP PREP Clinical Program Manager

Email: Christy.tillotson@ebcrp.org



Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division Director

Direct Phone: 415-474-7310 Ext. 314

Direct Email: afuruzawa@felton.org

Orange County

Orange County Center for Resiliency Education and Wellness (OC CREW)

792 Town & County, Building E

Orange, CA 92868

Phone: (714) 480-5100

Fax: (714) 836-5801

Website: <http://ochealthinfo.com/bhs/about/pi/early/crew>

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 12-25

Insurance accepted: Medicaid, Uninsured

Service model: Coordinated Specialty Care (CSC)

Contact:

Joe Gavino, Service Chief

Direct Phone: (714) 480-5115

Fax: (714) 836-5801

Email: jgavino@ochca.com

Palo Alto

INSPIRE

Stanford University Department of Psychiatry and Behavioral Sciences

401 Quarry Rd.

Palo Alto, CA 94304



Referral Phone: (650) 498-9111

Website: <https://med.stanford.edu/psychiatry.html>

Contact:

Dr. Jacob Ballon, MD, MPH, Director

Phone: (650) 723-3305

Fax: (877) 917-8652

Email: jballon@stanford.edu

Sacramento

EDAPT (Early Diagnosis and Preventive Treatment) Clinic

UC Davis Medical Center

University of California

Phone: (916) 734-5076

2230 Stockton Blvd.

Sacramento, CA 95817

Website: <http://earlypsychosis.ucdavis.edu/edapt>

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis/Risk prodrome

Ages served: 12-40

Area eligibility: Sacramento region residents

Insurance accepted: Insured or private pay

Service model: Coordinated Specialty Care (CSC)

Contact:

Dr. Cameron Carter, Director

Email: cameron.carter@ucdmc.ucdavis.edu

Haley Skymba

Email: hskymba@ucdavis.edu



SacEDAPT



UC Davis Medical Center
University of California
2230 Stockton Blvd.
Sacramento, CA 95817

Website: <http://earlypsychosis.ucdavis.edu/sacedapt>

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis/Risk Prodrome

Ages served: 12-30

Area eligibility: Sacramento County residents

Insurance accepted: Medi-Cal eligible or uninsured

Service model: Coordinated Specialty Care (CSC)

Contact:

Mojan Arzami, Referral Facilitator

Phone: (916) 734-7251

Email: mojazarmi@ucdavis.edu

Salinas/Monterey

[Felton PREP Monterey](#)

Part of the Felton PREP Network (Prevention and Recovery in Early Psychosis)

909A Blanco Circle

Salinas, CA 93901

Office and Referral Line: (831) 424-5033

Fax: (831) 424-5044

Email: PREPMonterey@felton.org

Website: prepwellness.org

Referral Contact:



Anna Ballas, MFT, Program Manager

Email: aballas@felton.org

Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division Director

Direct Phone: 415-474-7310 Ext. 314

Direct Email: afuruzawa@felton.org

San Diego

Kickstart

6160 Mission Gorge Rd.

Suite 100

San Diego, CA 92120

Website: www.kickstartsd.org

Phone: (619) 481-3790

Fax: (619) 481-3797

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 10-25

Insurance accepted: “Our services are provided at no cost.”

Service model: Coordinated Specialty Care (CSC)

Contact:

Hope Graven, Clinical Director

Email: hgraven@provcorp.com

Cognitive Assessment and Risk Evaluation (CARE) Program

University of California, San Diego (UCSD)

140 Arbor Drive, 4th Floor

San Diego, CA 92103



Phone: (619) 543-7745

Fax: (619) 543-7315

Website: <http://ucsdcareprogram.com/>

Email: care@ucsd.edu

Contact:

Kristin Cadenhead, M.D

Email: kcadenhead@ucsd.edu

San Francisco

Felton BEAM San Francisco

Part of the Felton BEAM (Bipolar Disorder Early Assessment and Management) Program

6221 Geary Blvd., 2nd Floor

San Francisco, CA 94121

Office: (415) 474-7310

Referral Line: (415) 476-7278

Fax: (415) 751-3226

Email: PREPsf@felton.org

Populations served: First Episode Psychosis – bipolar spectrum

Ages served: 14-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Referral Contact:

Alana Rahab, MFT, Program Manager

Email: arahab@felton.org

Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division Director



Direct Phone: 415-474-7310 Ext. 314

Direct Email: afuruzawa@felton.org

PART (Prodrome Assessment Research and Treatment) Program

University of California, San Francisco (UCSF)

The Langley Porter Psychiatric Institute

401 Parnassus Ave., San Francisco, CA, 94143-0984

Website: <http://partprogram.ucsf.edu/>

Phone: (415) 476-PART or (415) 476-7278

Contact:

Rachel Loewy, Director

Email: Rachel.Loewy@ucsf.edu

Felton PREP San Francisco

Part of the Prevention and Recovery in Early Psychosis (PREP) Network

6221 Geary Blvd., 2nd Floor

San Francisco, CA 94121

Office: (415) 474-7310

Referral Line: (415) 476-7278

Fax: (415) 751-3226

Email: PREPsf@felton.org

Populations served: First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

Ages served: 14-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Referral Contact:

Alana Rahab, Program Manager



Email: Arahab@felton.org

Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division Director

Direct Phone: 415-474-7310 Ext. 314

Direct Email: afuruzawa@felton.org

UCSF Path

University of California, San Francisco (UCSF)

Department of Psychiatry

The Langlely Porter Psychiatric Institute

401 Parnassus Ave., San Francisco, CA, 94143-0984

Website: <http://psych.ucsf.edu/path>

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-35

Insurance accepted: Private

Service model: Coordinated Specialty Care (CSC)

Additional info: “The UCSF Path Program (formerly the Early Psychosis Program) is a strength-based comprehensive treatment program for young people and their families who are experiencing a first episode of psychosis. We are focused on empowering, educating, and fostering independence in the recovery process based on resiliency and social skill building in a collaborative treatment team setting.”

Contact:

Itzel Lopez, MFTI

Office Phone: (415) 476-727

Email: itzel.lopez@ucsf.edu



San Jose/Santa Clara County

Momentum for Mental Health

Part of the REACH (Raising Awareness and Creating Early Hope) Program

185 Martinvale Lane, San Jose CA 95119

San Jose, CA 95122

Phone: 1 (855) 2REACHUS (1-855-273-2248)

Email: info@reach4scc.org

Contact:

Michelle R. Burlyga, OTRL/L, Manager

Direct Phone: (408) 207-0070 ext. 5301

Email: mburlyga@momentumMH.org

Starlight Community Services

Part of the REACH (Raising Awareness and Creating Early Hope) Program \

1885 Lundy Ave, Suite 223

San Jose, 95131

Email: info@reach4scc.org

Website: www.reach4scc.org

Contact:

Karima Irany, LMFT, Manager

Direct Phone: (408) 284-9000 ext. 698

Email: karainy@starsinc.com

San Mateo

Felton PREP San Mateo

Part of the Felton PREP Network (Prevention and Recovery in Early Psychosis)

1108 S El Camino Real



San Mateo, CA 94402

Office/Referrals: (650) 458-0026

Fax: (650) 458-0027

Email: PREPSanMateo@felton.org

Website: prepwellness.org

Populations served: First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

Ages served: 14-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Referral Contact:

Bruce Adams, MFT, Program Manager

Email: badams@felton.org

Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division Director

Direct Phone: 415-474-7310 Ext. 314

Direct Email: afuruzawa@felton.org

BEAM San Mateo

Part of the [BEAM \(Bipolar Disorder Early Assessment and Management\) Program](#)

1108 S. El Camino Real

San Mateo, CA 94402

Office/Referrals: (650) 458-0026

Fax: (650) 458-0027

Email: PREPSanMateo@felton.org

Populations served: First Episode Psychosis – bipolar spectrum



Ages served: 14-35, with additional age range extension down to 12 for UHR/CHR

Insurance accepted: “Our funding allows us to work with clients without the need to bill any insurance provider.”

Service model: Coordinated Specialty Care (CSC)

Referral Contact:

Bruce Adams, MFT, Program Manager

Email: badams@felton.org

Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division Director

Direct Phone: 415-474-7310 Ext. 314

Direct Email: afuruzawa@felton.org

Santa Barbara

Prevention/Early Intervention Services for Transition-Age Youth

County of Santa Barbara Alcohol, Drug, and Mental Health Services

300 N. San Antonio Rd., Bldg. 3

Santa Barbara, CA 93110

Phone: (805) 681-5220

Referral Phone: (888) 868-1649

Website: <http://countyofsb.org/behavioral-wellness>

Contact:

Suzanne Grimesey, MFT, Adult and Children’s Division Chief

Desk Phone: (805) 681-5289

Email: suzkirk@co.santa-barbara.ca.us

Stockton/San Joaquin

PREP San Joaquin

Part of the Prevention and Recovery in Early Psychosis (PREP) Network

1145 N. California Street



Stockton, CA 95202

Phone: (209) 603-5936

Email: PREPSanJoaquin@fsasf.org

Contact:

Adriana Furuzawa, PREP Division Director

Email: afuruzawa@felton.org



Telecare Early Intervention and Recovery Program

4545 Georgetown Place

Suite A3

Stockton, CA 95207-6628

Website: www.telecarecorp.com/news-at-telecare/2016/4/14/prevention-and-early-intervention-in-san-joaquin-county-ca

Phone: 209-955-1139

Fax: 209-955-1067

Ventura

Ventura Early Prevention Services (VIPS)

Ventura County Behavioral Health

Telecare Corporation

5810 Ralston St., 2nd Floor

Ventura, CA 93003

Website: <http://vchca.org/behavioral-health/mental-health---youth-family-services/edipp>

Phone: (805) 642-7033

Fax: (805) 642-7732

Populations served: Psychosis Risk/Prodrome

Ages served: 16-25



Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “We are a certified PIER program.”

Contact:

Barry Boatmen, Psy.D., Program Director

Email: bboatman@telecarecorp.com

COLORADO

Boulder

ADAPT Colorado

Part of the [Adolescent Development and Preventive Treatment \(ADAPT\)](#) Program

University of Colorado Boulder

Website: <http://www.adaptprogram.com/adaptcolorado-home/>

Info and Referral Phone: (303) 492-4616

Email: adapt@colorado.edu

Populations served: Psychosis Risk/Prodrome

Ages served: 12-24

Insurance accepted: “Research program; no charge.”

Service model: “Referrals and participation in research trials in our lab (e.g., exercise intervention”

Additional info: “The ADAPT lab is a research clinic that evaluates adolescents and young adults who are experiencing unusual thoughts, suspiciousness, unusual perceptions, as well as changes in social and academic or career performance. Together, we can work to better understand and treat these experiences and improve quality of life. ADAPT has locations in Colorado and Illinois, and is dedicated to taking knowledge generated from basic research and translating it to improve early detection and develop innovative and effective interventions.”

Contact:



Vijay Mittal, Director

Office Phone: (303) 492-4616

Fax: (303) 492-2967

Email: vijay.mittal@colorado.edu

Lakewood

[EPIC at Jefferson Center for Mental Health](#)

3595 South Teller Street

Lakewood, Colorado 80235

Website : www.jcmh.org

Phone : (303) 432-5835

Email : EPIC@jcmh.org

Contact :

Jamie Haskell, Coordinator

Phone : (303) 432-5866

Email : JamieHa@jcmh.org

CONNECTICUT

New Haven and Hartford

[PRIME \(Prevention through Risk Identification, Management & Education\) Research Clinic](#)

Yale University Medical School

34 Park Street Room 38 B

New Haven, CT 06519

Website:

www.psychiatry.yale.edu/research/programs/clinical_people/prodome.aspx?organizationId=109519



Phone: (203) 785-2100

Contact:

Barbara C. Walsh, PhD, Clinical Coordinator

Direct Phone: (203) 974-7052

Fax: (203) 974-7057

Email: barbara.walsh@yale.edu



The Early Psychosis Program at the POTENTIAL Outpatient Clinic

Institute of Living at Hartford Hospital

80 Seymour St.

Hartford, CT 06102

Assessment Center for Intake and Young Adult Services

Website: www.instituteofliving.org/programs-services/young-adult-services/departments-services/potential-outpatient-clinic

Phone: 860-545-7200, Option 3

Contact:

David Vaughan, LCSW, Program Manager, Young Adult Services

Direct Phone: (860) 545-7467

Fax: (860) 545-7242

Email: david.vaughan@hhchealth.org

Outreach Engagement Program Contact:

Molly Fergione

Direct Phone: (860) 545-7210

Specialized Treatment in Early Psychosis (STEP)

Connecticut Mental Health Center

Yale School of Medicine

New Haven, CT 06519



Website: <http://medicine.yale.edu/psychiatry/step/index.aspx>

Phone: (203) 589-0388

Contact:

Jessica Pollard, PhD, Clinical Director

Email: jessica.pollard@yale.edu

FLORIDA

Lauderdale Lakes

NAVIGATE Team

Part of the NAVIGATE Program

First Episode Psychosis Program

Henderson Behavioral Health

4700 N. State Rd 7

Building A Suite 206

Lauderdale Lakes, FL 33319

Website: <http://www.hendersonbh.org/>

Contact:

Janine Ribeiro, LMHC, Program Supervisor

Phone: (954) 634-8096

Email: jribeiro@hendersonbh.org

Panama City

EPIC Program

Life Management Center of Northwest Florida

525 E. 15th Street Panama City, FL 32405

Website: <http://lmccares.org/>



Email: epicprogram@lmccares.org

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 16-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “Program serves population of Bay and Jackson Counties in the state of Florida. Program excludes individuals with substance-induced psychosis or psychosis due to general medical condition. Additionally, individuals with Autism Spectrum and Intellectual Deficits are excluded.”

Contact:

Jeffery Stone, M.S., L.M.H.C.

Phone: (850) 522-4485 Ext# 8565

Fax: (850) 522-4476

Email: jstone@lmccares.org

GEORGIA

State Contact:

Ellen Dean, LCSW

Project Coordinator, LIGHT-ETP

Georgia Department of Behavioral Health and Developmental Disabilities

Email: ellendean1210@gmail.com

Atlanta

Emory Mental Health & Development Program

Psychology Dept. of Emory University

201 Dowman Dr.

Atlanta, GA 30322



Website: <https://emorymentalhealth.wordpress.com/>

Populations served: Psychosis Risk/Prodrome

Ages served: 13-30

Insurance accepted: “No fees for most services.”

Service model: “Diagnosis, assessment, and clinical monitoring.”

Contact:

Dr. Elaine F. Walker, Director

Phone: 404-727-0761

Fax: 404-727-0372

Email: psyefw@emory.edu

Burford

Listening, Inspiring and Guiding Healthy Transitions Early Treatment Program (LIGHT-ETP) - Burford

Project LIGHT

View Point Health

Phone: (678) 209-2411

Email: light@vphealth.org

Website: <https://www.myviewpointhealth.org/projectlight.da>

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: Currently 16-25, expanding to 16-30 beginning October 1, 2016

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Athens

Listening, Inspiring and Guiding Healthy Transitions Early Treatment Program (LIGHT-ETP) – Athens

Advantage Behavioral Health Systems



Phone: 1-855-333-9544

Website: <http://www.advantagebhs.org/>

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: Currently 16-25, expanding to 16-30 beginning October 1, 2016

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Decatur/Atlanta Metropolitan Area

Listening, Inspiring and Guiding Healthy Transitions Early Treatment Program (LIGHT-ETP) - DeKalb

Child & Adolescent Mental Health

DeKalb Community Service Board

445 Winn Way, Decatur, GA 30030

Website: <http://dekcsb.org/services/child-adolescent/peip/>

Phone: 404-294-3834

Email: info@dekcsb.org

Populations served: First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

Ages served: 16-30

Insurance accepted: Medicaid, Medicare, Uninsured

Service model: Coordinated Specialty Care (CSC)

IDAHO

Idaho Falls

Strength Through Active Recovery (STAR)

Dept. of Health and Welfare – Behavioral Health Division

150 Shoup Ave.



Idaho Falls, ID 83402

Contact:

Randy Rodriguez, Program Manager

Phone: 208-528-5706

Janneil Eggleston, Star Team Lead

Phone: 208-528-5740

Email: EgglestJ@dhw.ihado.gov

Liz McDowell, Clinician, Recovery Coach & Recruitment

Phone: 208-528-5715

Email: McDowelle@dhw.idaho.gov

Karen Bailey, Clinician, Recovery Coach & Recruitment

Phone: 208-528-5743

Email: Baileyk@dhw.idaho.gov

ILLINOIS

Chicago

ADAPT Chicago

Part of the [Adolescent Development and Preventive Treatment \(ADAPT\) Program](#)

Chicago Lab:

Suite #638, Rubloff Building

Chicago, IL 60611

Northwestern University Chicago Campus

Evanston Lab:

1801 Maple Ave.

Evanston, IL 60201

Northwestern University Evanston Campus





Website: <http://www.adaptprogram.com/adaptchicago/>

Populations served: Psychosis Risk/Prodrome

Ages served: 12-24

Insurance accepted: “Research program; no charge”

Service model: “Referrals and participation in research trials in our lab (e.g., exercise intervention)”

Additional info: “The ADAPT lab is a research clinic that evaluates adolescents and young adults who are experiencing unusual thoughts, suspiciousness, unusual perceptions, as well as changes in social and academic or career performance. Together we can work to better understand and treat these experiences and improve quality of life. ADAPT has locations in Colorado and Illinois, and is dedicated to taking knowledge generated from basic research, and translating it to improve early detection and develop innovative and effective interventions.”

Contact:

Christine Hooker, Ph.D., Director

Email: christine.hooker@rush.edu or christinehooker@mail.com (Rush Hospital)

Office Phone: [\(617\) 495-3858](tel:(617)495-3858)

Vijay Mittal, Ph.D, Director

Email: vijay.mittal@northwestern.com (Northwestern)

Office Phone: [\(847\) 467-3380](tel:(847)467-3380)

INDIANA

Indianapolis

[Prevention and Recovery Center for Early Psychosis \(PARC\)](#)

Eskenazi Health

720 Eskenazi Avenue

Indianapolis, IN, 46202

Website: <http://psychiatry.medicine.iu.edu/subsites/psychotic-disorders-program/clinic-locations/parc-prevention-and-recovery-for-early-psychosis/>



Main Phone: (317) 274-1224

Referral Phone: (317) 880-8494

Fax: (317) 880-04555

Email: parc@iupui.edu

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-35

Insurance accepted: All

Service model: “Standard Early Intervention Services and Meds Only Clinic (medication management only)”

Contact:

Alan Breier, MD, Chief of Psychotic Disorders Program

Office Phone: (317) 941-4287

Email: abreier@iupui.edu

IOWA

Des Moines

RESTORE Program

Eyerly-Ball Mental Health Cropp Clinic

1301 Center Street

Des Moines, Iowa 50309

Website: eyerlyball.org

Contact:

RESTORE Project Director

Phone: 515-243-5181



Cedar Rapids

FERST (First Episode Recovery Support Team)

Abbe Center for Community Mental Health

520 11th St NW

Cedar Rapids, Iowa 52405

Website: <http://www.abbe.org/>

Contact:

Chelsea Pechota

Phone: 319-365-9109

Email: cpechota@abbehealth.org

KANSAS

Kansas City

The Early Intervention Program

Wyandot Center

Information Phone: (913) 328-4600

Crisis Line: (913) 788-4200

Website: <http://www.wyandotcenter.org/>

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 15-25

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “The Early Intervention Program at Wyandot Center in Kansas City, Kansas is geared towards providing coordinated specialty care to individuals experiencing their first psychotic episode. The team serves residents of Wyandotte County that are within the first two weeks to two years of symptoms on the schizophrenia spectrum.”



Contact:

Jennifer Krehbiel, LPC

Early Intervention Team Leader and Therapist

Early Intervention Program at Wyandot Center

KENTUCKY

Prestonsburg

[iHOPE](#)

Mountain Comprehensive Care Center

104 South Front Ave.

Prestonsburg, KY 41653

Phone: 606-886-8572, 606-886-4318 or 606-339-7596

Website: mtcomp.org

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 15-30

Insurance accepted: Medicaid, Uninsured

Service model: Coordinated Specialty Care (CSC)

Additional info: “Our program is fairly new. We started doing outreach in July 2015 and started accepting referrals for new clients in January 2016.”

Contact:

Angela Parker, LPCA, NCC, Program Coordinator

Email: aparker@mtcomp.org



Metairie

EPIC-NOLA

Sinfonia Family Services

3613 Hessmer Ave., Suite #101

Metairie, LA 70002

Website: <http://sinfoniafamilyservices.com/>

Populations served: First Episode Psychosis – schizophrenia spectrum

Insurance accepted: Medicaid, Medicare, Private, Self-Pay

Service model: Coordinated Specialty Care (CSC)

Contact:

Mark J. Taliancich, LPC-S, Director of Home & Community Programs

Phone: (504) 324-7922

Email: MJTaliancich@sflouisiana.com

MAINE

Portland

Portland Identification and Early Referral (PIER) Mental Health Attitudes of Youth (MAY) Study

Maine Medical Center

Dept. of Psychiatry

22 Bramhall St.

Portland, ME 04102

Website: http://mmcri.org/ns/?page_id=5976

Phone: (207) 662-3681



Contact:

Sarah Lynch, LCSW

Email: lynchs@mmc.org

MARYLAND

Baltimore

Early Psychosis Intervention Clinic (EPIC)

Part of the Maryland Early Intervention Program

Johns Hopkins Bayview Medical Center

Community Psychiatry Program

4940 Eastern Avenue

Baltimore, MD 21224

Phone: (410) 955-5212

Website:

http://www.hopkinsmedicine.org/psychiatry/specialty_areas/schizophrenia/patient_information/treatment_services/early_psychosis.html

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 13-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Phone: (410) 955-5212

Contact:

Krista Baker, LPC, Clinical Supervisor

Email: kbaker1@jhmi.edu

Strive For Wellness Program

Part of the Maryland Early Intervention Program



701 W. Pratt Street

Baltimore, MD 21201

Website: <https://marylandeip.com/clinicalServices>

Phone: (410) 328-9087



Catonsville

First Episode Clinic (FEC)

Part of the Maryland Early Intervention Program

Neuroimaging Research Program

Maryland Psychiatric Research Center

55 Wade Ave

Catonsville, MD 21228

Website: http://www.mprc.umaryland.edu/NRP/fec_clinic.asp

Contact:

Beth Steger, LCSW-C

Phone: (410) 402-6833

Email: bsteger@mprc.umaryland.edu

Maryland Early Intervention Program (EIP)

Maryland Psychiatric Research Center

55 Wade Avenue

Catonsville, MD 21228

Website: <http://marylandeip.com/>

Phone: (877) 277-MEIP (6347)

Fax: (877) 689-9185

Email: info@MarylandEIP.com

Populations served: First Episode Psychosis – schizophrenia spectrum

Insurance accepted: “It varies across the five clinics.”

Service model: Coordinated Specialty Care (CSC)

Additional info: “The Maryland Early Intervention Program (EIP) offers specialized programs following a coordinated specialty care (CSC) model with expertise in the early identification, evaluation, and comprehensive psychiatric treatment of adolescents and young adults, 12 to 30, at risk for, or in the early stages of, a mental illness with psychosis. The EIP is committed to reducing disability by equipping individuals and their families with tools to manage their illness, move successfully through the developmental stages of growth, and establish a life of their choosing.”

Gaithersburg

OnTrack Maryland

Part of the Maryland Early Intervention Program

Family Services, Inc.

610 East Diamond Avenue

Suite 100

Gaithersburg, MD 20877

Website: <http://www.fs-inc.org/services/programs/ontrack-maryland>

Information and Appointment Phone: (301) 840-3297

Contact:

Jason Martin, LCPC, CPRP, Team Leader

Email: jason.martin@fs-inc.org



Belmont

McLean OnTrack

115 Mill St.

Belmont, MA 02478

Website: <http://www.mcleanhospital.org/programs/mclean-ontrack>

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 18-30

Insurance accepted: Medicaid, Medicare, Private

Service model: Coordinated Specialty Care (CSC), Open Dialogue

Contact:

Kiersten Bolton, MD

Phone: [617-855-4194](tel:617-855-4194)

Email: kwbolton@partners.org

Framingham

The Collaborative Pathway

Advocates, Inc.

1881 Worcester Rd.

Framingham, MA 01701

Phone: (508) 628-6652

Fax: (508) 628-6303

Email: Info@Advocates.org

Website: <http://www.advocates.org/services/collaborative-pathway>

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Other



Ages served: 14 - 34

Insurance accepted: Medicaid, Medicare, Private

Service model: Open Dialogue

Contact:

Chris Gordon, M.D., Vice President & Medical Director

Email: CGordon@Advocates.org

Boston

First-episode and Early Psychosis Program (FEPP)

Department of Psychiatry

Massachusetts General Hospital

Department of Psychiatry Wang Building Suite 815

55 Fruit Street

Boston, MA 02114

Website:

<http://www.massgeneral.org/schizophrenia/services/treatmentprograms.aspx?id=1571>

Phone: (617) 724-7792

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 15-40

Insurance accepted: Medicaid, Medicare, Private

Service model: Coordinated Specialty Care (CSC)

Additional info: “We provide medication, individual and family-based therapy on the NAVIGATE model and coordinate supported employment/education with outside providers.”

Contact:

Dr. Corinne Cather

Email: CCATHER@mgh.harvard.edu



Center for Early Detection, Assessment, & Response to Risk (CEDAR)

CEDAR Program

75 Fenwood Rd., 5th floor

Boston, MA 02115

Phone: (617) 754-1210

Website: <http://www.cedarclinic.org/>

Populations served: Psychosis Risk/Prodrome

Ages served: 14-30 (Research programs serve individuals 12-35)

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Contact:

Michelle Friedman-Yakoobian, Ph.D., Clinical Team Leader

Phone: (617) 754-1210

Fax: (617) 754-1250

Email: mfriedm3@bidmc.edu

Prevention and Recovery in Early Psychosis (PREP)

Beth Israel Deaconess Medical Center

Harvard Medical School Teaching Hospital

330 Brookline Avenue

Boston, MA 02215

Website: <http://www.bidmc.org/Centers-and-Departments/Departments/Psychiatry/The-Prevention-and-Recovery-in-Early-Psychosis---PREP.aspx>

Phone: (617) 667-4735

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums



Ages served: 16-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “We also provide two days of psychoeducational group programming, milieu treatment, as well as individual and multi-family group treatment.”

Contact:

Thomas Monteleone, LICSW, PREP Team Leader

Email: Thomas.Monteleone@state.ma.us

Worcester

Screening and Treatment of Early Psychosis (STEP) Clinic

University of Massachusetts Medical School

55 Lake Ave. North

Worcester, MA 01655

Website:

<http://www.umassmed.edu/psychiatry/psychoticdisordersclinic/stepclinicstaff/>

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Contact:

Dr. Xiaoduo Fan, MD, MPH, MSc, Director

Phone: (508) 856-3881

Email: xiaoduo.fan@umassmed.edu





State Contact:

Cathy Adams, Michigan FEP Training and Implementation Consultant

Email: adams@etchwellness.org

East Lansing

Early Treatment and Cognitive Health (ETCH)

4572 S. Hagadorn Rd., Ste. 1E

East Lansing, MI 48823

Website: <http://www.etchwellness.org/>

Phone: (517) 481-4800

Fax: (517) 481-4801

Populations served: First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

Ages served: 15-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Contact:

Cathy Adams, LMSW, ACSW, CAADC, Clinical Director

Phone: 517-481-4800

Fax: 517-481-4801

Grand Rapids

InterAct of Michigan

Part of the [NAVIGATE](#) Program

1131 Ionia Street NW

Grand Rapids, MI 49503



Website: <http://www.interactmich.org/>

Contact:

Carey Cutcher, LMSW, NAVIGATE Team Supervisor

Phone: 616-259-7921

Fax: 616-259-7909

Southfield

NAVIGATE Team of Easter Seals Michigan

Part of the [NAVIGATE](#) Program

22170 West 9 Mile

Southfield, MI 48033

Contact:

Laura Brdak, MA, LLP, NAVIGATE Project Director

Office Phone: 248-372- 6868

MINNESOTA

Minneapolis

[First Episode Psychosis Program \(FEPP\)](#)

University of Minnesota Medical Center

2450 Riverside Ave.

Minneapolis, MN 55454

Website: <https://www.mhealth.org/>

Inpatient Program Phone: (612) 672-6600

Outpatient Program Phone: (612) 672-2736

Provider Referral Phone: (612) 672-7575



Greenwood

NAVIGATE-Enhanced PACT Team

Part of the NAVIGATE Program

Life Help/Region VI CMHC

2504 Browning Road

Greenwood, MS 38930

Contact:

India A. Mitchell, Team Leader

Office Phone: 662-453-6211 ext. 303

Cell: 662-299-4466

Email: indiagranderson@hotmail.com or indiagranderson@region6-lifehelp.org

MISSOURI

St. Louis

First Contact Assessment Service

The Conte Center

Washington University in St. Louis School of Medicine

660 South Euclid Avenue

St. Louis, MO 63108

Website: <http://www.conte.wustl.edu/FirstContactAssessmentService.aspx>

Phone: (314) 747-2160

Fax: (314) 747-2182

Contact:

Angela M. Reiersen, MD



Billings

NAVIGATE-Enhanced TAY Team

Part of the [NAVIGATE](#) Program

LEAD (Launch, Emerge, Achieve, Decide) Program

The Center for Children and Families

3021 3rd Ave. N., Billings MT

Contact:

Sue Anderson, Team Leader

Phone: 406-690-6452 or 406-294-5090

Email: suea@forfamilies.org

NEVADA

Enliven

480 Galletti Way Bldg. 2a

Sparks, NV 89431

Main Phone: 775-688-0463

Toll Free: 866-359-6713

Fax: 775-688-7171

Website: Enlivenup.org

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 15-25

Insurance accepted: “Insurance status does not matter”

Service model: Coordinated Specialty Care (CSC)

Contact:



Megan Aguayo, Program Coordinator

Phone: 775-470-2958

Email: MAguayo@childrencabinet.org

NEW HAMPSHIRE

State Contact:

Mary Brunette, MD

Dartmouth Professor & Medical Director of NH Bureau of Behavioral Health

Email: mary.f.brunette@dartmouth.edu

NEW MEXICO

Albuquerque

EARLY Psychosis Consultation Clinic

University of New Mexico Mental Health Center

2600 Marble NE

Albuquerque, NM 87131

Website: <http://psychiatry.unm.edu/about/index.html>

Phone: 1-888-NM-EARLY

Contact:

Dawn Halperin, MA, LPCC

Phone: 505-272-3602

Email: dhalperin@salud.unm.edu



Albany

OnTrackNY Parsons

Part of the OnTrackNY Program

Parsons Child and Family Center
401 New Karner Road, 2nd Floor

Albany, NY 12205

Website: <http://www.parsonscenter.org/program/ontrackny/>

Phone: (518) 292-5451

Email: OnTrackNY@Parsonscenter.org

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Buffalo

NAVIGATE Team of the Adult, Child, and Family Clinic

Part of the NAVIGATE Program

Erie County Medical Center

462 Grider St. Buffalo, NY 14215

Website: <http://www.ecmc.edu/progress/behavioral/>

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 14-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)



Additional info: “A unique feature of our program is that, because we are a part of Erie County Medical Center, our program is better able to coordinate with the psychiatric emergency room, inpatient psychiatry, and follow-up programs to ensure early intervention and continuity of care.”

Contact:

Elley Newton, LMSW

Phone: (716) 898-1970

Email: enewton@ecmc.edu

Janelle Baker, LCSW

Phone: (716) 898-5713

Email: JBakern@ecmc.edu

OnTrackNY at Lake Shore Behavioral Health, Inc.

Part of the OnTrackNY Program

Lakeshore Behavioral Health

255 Delaware Ave.

Suite 400

Buffalo, NY 14202

Website: <http://lake-shore.org/what-we-do/mental-health1/ontrack/>

Phone: (716) 566-6188

Contact:

Jill Cooke, Outreach and Recruitment Coordinator

Jill Dunstan, LMHC, CASAC, Team Leader

Email: jdunstan@lake-shore.org

Brooklyn

Kings OnTrackNY

Part of the OnTrackNY Program



Behavioral Health Services –R Building
Kings County Hospital Center
451 Clarkson Avenue
Brooklyn, NY 11203
Phone: 718-245-5242

Long Island

OnTrackNYSuffolk

Part of the [OnTrackNY](#) Program
Farmingville Mental Health Clinic
15 Horseblock Place
Farmingville, NY 11738
Phone: (631) 854-2400

Contact:

Paula Peterson, LCSW-R, Outreach and Recruitment Coordinator

Email: paula.peterson@suffolkcountyny.gov

Recognition and Prevention Program (RAP)

Psychiatry Research
The Zucker Hillside Hospital
75-59 263rd St.
Glen Oaks, NY 11004
Website: <http://www.raprogram.org/>
Phone: (718) 470-8115

Contact:

Ruth Olsen, B.S.

Email: rolsen2@nshs.edu

Barbara Cornblatt, PhD, MBA, Director



Manhattan

The Center of Prevention & Evaluation (COPE)

Columbia University Department of Psychiatry/New York State Psychiatric Institute

New York State Psychiatric Institute

1051 Riverside Drive

New York, NY 10032

Website: <http://columbiapsychiatry.org/researchclinics/prodromal-clinic>

Phone: (646) 774-5232

Contact:

Ragy Girgis, M.D., Director

Email: rg2290@columbia.edu

Gary Brucato, Ph.D, Assistant Director

Direct Phone: (646) 774-5232

Email: gb2428@cumc.columbia.edu

Early Treatment Program (ETP) – Upper East Side

Part of the [Early Treatment Program \(ETP\)](#)

Dept. of Psychiatry at Lenox Hill Hospital

111 East 77th St.

New York, NY 10075

Website: <https://www.northwell.edu/find-care/services-we-offer/early-treatment-program>

Phone: (212) 434-2830

New York City

Early Treatment Program (ETP) – Zucker Hillside Hospital

Part of the [Early Treatment Program \(ETP\)](#)



75-59 263rd St.

Glen Oaks, NY 11004

Website: <https://www.northwell.edu/find-care/services-we-offer/early-treatment-program>

Phone: 718-470-8888

Email: EarlyTreatmentProgram@NSHS.edu

Populations served: First Episode Psychosis – schizophrenia spectrum,
Psychosis Risk/Prodrome

Ages served: 15-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC), Open Dialogue

OnTrackNY at the Jewish Board

Part of the [OnTrackNY](#) Program

The Jewish Board of Family and Children's Services

135 West 50th St., 6th Floor

New York, NY 10020

Phone: (212) 632-4721

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-30

Insurance accepted: Medicaid, Private

Service model: Coordinated Specialty Care (CSC)

Contact:

Daniel Tanh, LMSW, Outreach and Recruitment Coordinator

Email: dtanh@jbfcs.org

[PEER Program at the Psychiatric Recovery Center \(PRC\)](#)

Outpatient Psychiatry





Mount Sinai St. Luke's Hospital Center

1111 Amsterdam Ave
New York, NY 1002

Phone: (212) 523-4000

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 18-70 (for PRC)

Insurance accepted: Medicaid, Medicare, Private

Service model: Open Dialogue

Additional info: “The Psychiatric Recovery Center (PRC) cares for individuals with psychotic disorders such as schizophrenia, schizoaffective and bipolar disorder with psychotic features. PRC provides psychiatric care (including psychopharmacological treatment); individual, family and group therapies; and integrated care for comorbid substance use disorders and medical disorders. Embedded within the clinic is also the PEER Program, for young adults experiencing a first episode of psychosis.”

The Lieber Schizophrenia Research Clinic (LSRC)

New York State Psychiatric Institute

1051 Riverside Drive, Unit 2

New York, NY 10032

Website: <http://columbiapsychiatry.org/researchclinics/lieber-schizophrenia-research-clinic>

Phone: (212) 543-5418

Note: Not a FEP or early psychosis intervention program, but offers services for individuals diagnosed with schizophrenia ages 18-65. Can be a resource for early intervention eligible young people.

Contact:

Joshua Kantrowitz, Director

Email: kantrow@pi.cpmc.columbia.edu



OnTrackNYC Washington Heights

Washington Heights Community Services
Center for Practice Innovations
Division of Mental Health Services and Policy Research
Columbia Psychiatry
New York State Psychiatric Institute
Box 100
1051 Riverside Drive
New York, NY 10032

Website: <http://columbiapsychiatry.org/nyspi/patients-and-families/ontrack-ny-connections-program>

Phone: 646-774-8422

Email: cpihelp@nyspi.columbia.edu

Contact:

Lisa Dixon, MD, MPH, Director

Fax: (646) 774-8421

Sapna Mendon, LMSW, Director of Program Evaluation

Office Phone: [212-740-7671](tel:212-740-7671)

Fax: [212-543-5041](tel:212-543-5041)

Email: mendons@nyspi.columbia.edu

Syracuse/Central New York

OnTrackNY Central New York

Hutchings Psychiatric Center
600 Genesee Street
1st Floor, Suite 123
Syracuse, New York 13202



Phone: (315) 728-4323

Email: ONTRACK-CNY@omh.ny.gov

Contact:

Julie Aspenleiter, Psy.D., Outreach and Recruitment Coordinator



Yonkers

OnTrackNY Westchester

The Mental Health Association of Westchester

20 South Broadway, Suite 1111

Yonkers, New York 10701

Website: <http://www.ontracknymha.org/>

Phone: 914-666-4646 x7727

Email: ontrackny@mhawestchester.org

Contact:

Tia Dole, Team Leader

NORTH CAROLINA

Carrboro

OASIS at UNC School of Medicine

Part of the [Outreach and Intervention Support Services \(OASIS\)](#) Program

UNC Center for Excellence in Community Mental Health

Dept. of Psychiatry

UNC School of Medicine

200 N. Greensboro St. Suite C-6

Carrboro, NC 27510

Website: www.med.unc.edu/psych/cecmh/patient-client-information/oasis



Phone: (919) 962-1401

Fax: (919) 962-7373

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “We operate two First Episode Psychosis Services clinics: One that has operated since 2005, and one funded through the SAMHSA Mental Health Block Grant set aside initiative. We also have an associated CSC Technical Assistance Program, which is assisting the State of North Carolina's Department of Mental Health in creating and expanding a best practices model for CSC services throughout North Carolina.”

Contact:

Diana Perkins, MD, Medical Director

Email: diana_perkins@med.unc.edu

Chapel Hill

Prevention Through Risk Identification Management & Education (PRIME) Study

University of North Carolina at Chapel Hill

Dept. of Psychiatry

Chapel Hill, NC 27599-2200

Website: <https://www.med.unc.edu/psych/cecmh/oasis/research/current-studies/prime>

Phone: (877) 774-6319

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 15-36

Contact:

Jennifer Nieri, LCSW



Phone: (919) 966-8341

Email: jennifer_nieri@med.unc.edu

Dylan Grewen, BA, CPT

Phone: (919) 843-3421

Email: dylan_grewen@med.unc.edu



Raleigh

OASIS Raleigh

Part of the [Outreach and Intervention Support Services \(OASIS\)](#) Program

3010 Falstaff Rd.

Suite 107

Raleigh, NC 27610

Website: <http://www.med.unc.edu/psych/cecmh/patient-client-information/oasis>

Phone: (919) 445-0401

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 15-30

OREGON

State Contact:

Jean Lasater, MA

Young Adult Services Coordinator

Addictions & Mental Health

Oregon Health Authority

Office: (503) 947-5538

Cell: (503) 569-0609

Fax: (503) 947-5043



Email: jean.c.lasater@state.or.us



The [Early Assessment and Support Alliance \(EASA\)](#) hosts programs in most Oregon counties. A complete and frequently updated list of programs is available at <http://www.easacommunity.org/easa-programs.html>.

OHIO

Akron/Summit County

FIRST Summit County

Part of the [FIRST](#) Network

Child Guidance & Family Solutions

18 North Forge St.

Akron, Ohio

Contact:

FIRST Summit County Team Leader

Phone: (234) 788-1646

Bowling Green/Wood County

FIRST Lucas and Wood Counties

Part of the [FIRST](#) Network

COMPASS, A division of the Zepf Center

541 W. Wooster Street

3rd Floor

Bowling Green, OH 43402

Contact:

FIRST Lucas and Wood Counties Team Leader



Phone: (419) 764-2773



Canton/Stark County

FIRST Stark County

Part of the [FIRST](#) Network

Coleman Professional Services

400 Tuscarawas St., West, Suite 200

Canton, Ohio 44702

Contact:

FIRST Stark County Team Leader

Phone: (330) 541-1877

Cleveland/Cuyahoga County

FIRST Cuyahoga County

Part of the [FIRST](#) Network

Catholic Charities Diocese of Cleveland

The Covenant

1515 West 29th

Cleveland, OH 44113

Contact:

FIRST Cuyahoga County Team Leader

Phone: (216) 339-1438

Columbus

[*Early Psychosis Intervention Center \(EPICENTER\) - Ohio*](#)

Department of Psychiatry and Behavioral Health

The Ohio State University

1670 Upham Dr.



Columbus, OH 43210

Phone: [\(614\) 685-6052](tel:6146856052)

Contact:

Dr. Nicholas Breitborde, Director



Greater Cincinnati Area

FIRST Greater Cincinnati

Part of the [FIRST](#) Network

[Greater Cincinnati Behavioral Health Services](#)

Hamilton County Location:

Greater Cincinnati Behavioral Health Services

7162 Reading Rd.

Suite 400

Cincinnati, OH 45237

Clermont County Location:

Greater Cincinnati Behavioral Health Services

1074 Wasserman Way

Batavia, OH 45103

Website: www.gcbhs.com/

Contact:

FIRST Greater Cincinnati Area Team Leader

Phone: (513) 354-7337



Greater Lima

FIRST Greater Lima

Part of the [FIRST](#) Network

Coleman Professional Services

799 South Main St.

Lima, OH 45804

Contact:

FIRST Greater Lima Team Leader

Phone: (330) 541-8543

Kent/Portage County

FIRST Portage County

Part of the [FIRST](#) Network

Coleman Professional Services – Portage Co. Offices

5982 Rhodes Road

Kent, OH 44240

Contact:

FIRST Portage County Team Leader

Phone: (330) 676-6859

Rootstown

The Best Practices in Schizophrenia Treatment (BeST) Center

4209 State Route 44

Rootstown, OH 44272

Phone: (330) 325-6695



Website:

www.neomed.edu/academics/bestcenter/bestpracticefirstepisodepsychosis

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 15-40

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Contact:

Vicki L. Montesano, Associate Director

Office Phone: (330) 325-6696

Email: vmontesano@neomed.edu

Heather Pokrandt, Consultant Trainer for FIRST Programs

Email: hpokrandt@neomed.edu

Toledo, Lucas County

FIRST Lucas & Wood Counties

Part of the [FIRST](#) Network

Locations:

Zepf Center Central Community Support

Medical and Vocational Services

6605 W. Central Ave.

Toledo, OH 43617

Zepf Center Nebraska Medical

Child and Adolescent Services

905 Nebraska Ave.

Toledo, OH 43607

Contact:

FIRST Lucas and Wood Counties Team Leader; Phone: (419) 764-2773



Warren/Trumbull County

FIRST Trumbull County

Part of the FIRST Network

Coleman Professional Services Offices

552 North Park Ave.

Warren, OH 44481

Contact:

FIRST Trumbull County Team Leader

Phone: (330) 541-1732

Youngstown/Mahoning County

FIRST Mahoning County

Turning Point Counseling Services

611 Belmont Ave.

Youngstown, OH 44502

Contact:

FIRST Mahoning County Team Leader

Phone: (234) 201-2512

OKLAHOMA

Oklahoma City

NAVIGATE Program of HOPE Community Services

HOPE Community Services, INC.

6100 S Walker Ave.

Oklahoma City, Oklahoma 73139

Website: <http://www.hopecsi.org/SitePages/Services%20Offered.aspx>



Contact:

Leslie Hebert, Director

Phone: 405-510-3852

Email: lahebert@hopecsi.org

PENNSYLVANIA

Philadelphia

[Penn Psychosis Evaluation and Recovery Center \(PERC\)](#)

Dept. of Psychiatry – Neuropsychiatry Section

Hospital of The University of Pennsylvania

10th Floor – Gates Building

Philadelphia, PA 19104

Website: <http://www.med.upenn.edu/perc/>

Phone: (215) 615-3292

Fax: (215) 662-7903

Contact:

Dr. Christian G. Kohler, MD, Director

[PEACE \(Psychosis Education, Assessment, Care, and Empowerment\)](#)

A Program of Horizon House

3819 Chestnut St. Garden Level

Philadelphia, PA 19104

Website: www.phillypeace.org

Phone: 215-38-PEACE (7-3223)

Fax: 215-387-3203

Email: peace@hhinc.org

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome, Other

Ages served: 15+



Insurance accepted: Medicaid, Uninsured, Private Pay

Additional info: “We provide a comprehensive set of services including individual CBT and group therapy, multi-family group psychoeducation, occupational therapy, peer support, evidence-based psychopharmacology, supported employment and education, art therapies, nursing support, and others. Our focus is on resiliency and assisting individuals with early psychosis to get back to their lives.”

Service model: Coordinated Specialty Care (CSC)

Contact:

Irene Hurford

Email: irene.hurford@hhinc.org

TEXAS

State Contacts:

Warren Stewart, Program Specialist

Dept. of State Health Services

Email: Warren.Stewart@dshs.state.tx.us

Phone: (512) 838-4327

Reese Carroll

Email: Reese.Carroll@dshs.state.tx.us

Phone: (512) 838-4339

Dallas

First Episode Psychosis Program (FEPP)

UT Southwestern Medical Center

Dept. of Psychiatry

6363 Forest Park Rd., Suite 651

Dallas, TX 75390-8828



Website: <http://www.utsouthwestern.edu/education/medical-school/departments/psychiatry/index.html>

Phone: (214) 648-4603

Email: first.episode.psychosis@utsouthwestern.edu

Service model: Coordinated Specialty Care (CSC)

Contact:

Dr. Carol Tamminga, MD, Chairman

UTAH

Ogden

Weber & Morgan County First Episode Psychosis Program

[Weber Human Services](#)

237 26th Street

Ogden, Utah 84401

Website: <https://www.weberhs.org/home/>

Phone: (801) 778-6832

Contact:

Jayne N. Kashiwaeda, LCSW

Email: jaynek@weberhs.org

VIRGINIA

State Website for Early Psychosis Intervention:

<http://www.dbhds.virginia.gov/individuals-and-families/mental-health-services/coordinated-specialty-care-for-young-adults>

Includes area eligibility and contact information for each program.

State Contact:



Rhonda Thissen, MSW

Virginia DBHDS, Office of Mental Health Services

Phone: (804) 786-2316

Email: Rhonda.Thissen@dbhds.virginia.gov

Alexandria

Transitioning Adults Into Living Successfully (TRAILS)

Alexandria City Hall

301 King Street

Alexandria, VA 22314

Website: <https://www.alexandriava.gov/dchs/adultservices/default.aspx?id=86020>

Phone: (703) 746-3441

Email: trails2recovery@alexandriava.gov

Ages served: 16-25

Area eligibility: Residents of Alexandria

Service model: Coordinated Specialty Care (CSC)

Contact:

Nicole Rohrer

Phone: (703) 746-5700

Abingdon

NAVIGATE Team of Highlands Community Services

Part of the [NAVIGATE](#) Program

610 Campus Drive

Abingdon, VA 24210

Contact:

Sydney Peltier, Team Leader

Email: speltier@highlandscsb.org



Fairfax

Turning Point

8221 Willow Oaks

Corporate Drive

Fairfax, VA 22031

Phone: (703) 383-8535

Website: www.turningpointcsc.org

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-26

Insurance accepted: “Turning Point does not bill insurance, but has a monthly fee set to a sliding scale.”

Service model: Coordinated Specialty Care (CSC)

Contact:

Marla Zometski

Phone: [\(703\) 383-8535](tel:(703)383-8535)

Henrico

INSTRIDE

Henrico County Mental Health and Developmental Services

10299 Woodman Road

Glen Allen, VA 23060

Office Phone: [\(804\) 727-8500](tel:(804)727-8500)

Website: <http://henrico.us/mhds/>

Contact:

Tisha Parson

Phone: (804) 727-8515



Loudoun County

Linking Individuals & Navigating Care (LINC)

Mental Health, Substance Abuse & Developmental Services

Website: <https://www.loudoun.gov/LINC>

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 16-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Area eligibility: Loudoun County residents

Contact:

Lisa Beran

Phone: (703) 842-0147

Prince William

GetOnTrack

Prince William County Community Services

Community Residences, Inc.

Website: <http://communityresidences.org/getontrack/about-getontrack/>

Contact:

DeAnne Mullins

Phone: (703) 842-2301

Rappahannock/Rapidan (Culpeper)

Young Adult Coordinated Care Program

Rappahannock Rapidan Community Services (RRCS)

Website: <https://www.rrcsb.org/>

Email: YACC@rrcsb.org



Phone: (540) 825-3100

Area eligibility: Culpeper, Fauquier, Madison, Orange and Rappahannock County residents



Western Tidewater

Life Management Program

Western Tidewater Community Services Board

5268 Godwin Blvd.

Suffolk, Virginia 23434

Website: <http://www.wtcsb.org/>

Contact:

Deborah A. Hall, Clinical Supervisor

Phone: (757) 255-7134

Email: dahall@wtcsb.org

WASHINGTON

State Website for Early Psychosis Intervention:

<http://www.fpaws.org/content/get-help-early-washington-states-early-psychosis-initiative>

State Contact:

Haley Lowe, MA

Behavioral Health Program Administrator

New Journeys

Email: lowehj@dshs.wa.gov



Yakima

New Journeys Early Intervention Project

Central Washington Comprehensive Mental Health Services

Main Office:

402 S. 4th Avenue

P.O. Box 959

Yakima, WA 98907

Phone: (509) 575-4084

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 15-25

Insurances accepted: All

Service model: Coordinated Specialty Care (CSC)

WISCONSIN

State Contacts:

Ryan Stachoviak, MPH

Mental Health Planner

Bureau of Prevention, Treatment & Recovery

Division of Mental Health & Substance Abuse Services

Department of Health Services

1 W. Wilson Street

Madison, WI 53707

Phone: 608-261-9316

Email: Ryan.Stachoviak@wisconsin.gov



Renee Sutkay, MS, LPC
Clinical Team Manager

Journey Mental Health Center
PROPs & CCS
Phone: 608-280-3140



Madison

Promoting Recovery from Onset of Psychosis (PROPs)

Journey Mental Health Center
625 W. Washington Avenue
Madison, WI 53703
Phone: (608) 280-3140
Fax: (608) 280-3143
Email: props.referrals@journeymhc.org
Website: <https://props.journeymhc.org/>

Milwaukee

Wraparound Milwaukee

9201 W Watertown Plank Rd
Milwaukee, WI 53226
Administration Phone: (414) 257-7639
Website: <http://wraparoundmke.com/>

Populations served: First Episode Psychosis – schizophrenia spectrum, Other

Ages served: 8-23

Insurance accepted: Medicaid

Service model: Coordinated Specialty Care (CSC)