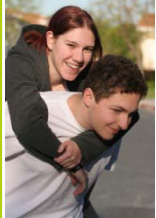


Introduction to the *Community Supports for Transition Inventory*

Research and Training Center
For Pathways to Positive Futures

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Goals of the CSTI Project

- 1) Develop a low-cost, easy to implement assessment tool that
 - provides useful information about overall progress—as well as specific strengths and challenges—as community partners collaborate to provide comprehensive transition support for youth and young adults with serious mental health conditions
 - includes particular focus on child/adult mental health integration
- 2) Measure the extent to which child and adult mental health services move toward increased collaboration over time
- 3) Document the conditions, processes and strategies that allowed positive change to occur, as well as those that seemed to impede increased linkages



Our mission today:

- Brief description of the CSTI and overview of what the process will look like in your community
- Focus in more detail on immediate next steps
- Answer any questions or provide more detail, if wanted



Background

- CSTI was adapted from the *Community Supports for Wraparound Inventory*, a measure with evidence for both reliability and validity.
- CSTI is strengths-based, and built on the idea that communities need to develop certain capacities to support their transition efforts.
- All information kept confidential. Risk is low.
- Study is covered by IRB at Portland State University.



Responding to the CSTI

- CSTI is a set of three web-based survey “modules”.
- Any one person is only nominated for one module.
- For all the surveys, nominated participants receive an emailed invitation from Pathways, click on a link, take the survey (or decline to take the survey)



Stakeholder Module

- Respondents are people who know about at least some aspects of project implementation, including
 - Do we have the right people coming together to make decisions about the transition project?
 - Are these people in agreement about project goals?
 - Is the community developing capacity to provide transition support that is consumer-driven, strengths based and culturally competent?
 - Does the community have fiscal policies in place to ensure that the transition projects is sustainable?
 - Can the community provide access to the types of services and supports that young people want and need?
 - Is the project monitoring important indicators, including quality of transition planning process, satisfaction, outcomes?

Stakeholder Module (cont.)

- Respondents typically include
 - Members of the group(s) that make decisions and monitor implementation
 - People who work for the project
 - Other people who are knowledgeable—administrators, advocates, etc.
- 46 items, rated on a scale from *least developed* to *fully developed*
- Needs a half hour to 45 minutes to complete



Consumer/Ally/ Provider Module

- Youth/young adults who have received transition planning support and related services
- Adult allies who have experience based on their young person's involvement in the project
- Providers who know about how services unfold for young people
- Items ask about whether services are respectful, accessible without long waits, convenient, meet young people's needs, reflect their own goals, etc.
- 19 items



State Module

- Respondents are people at the state level working to implement/support/evaluate transition projects
- Items focus on the extent to which state agencies collaborate and support local projects
 - Are they helping to identify and change policies that impede provision of transition service/support?
 - Is there attention/action on developing the workforce needed?
 - Is the state monitoring key indicators: quality of transition services/supports, outcomes
- 26 items



The CSTI Process in Your Community

- Local coordinator creates lists of potential respondents for each module (perhaps need a different person to create the state list)
- Local coordinator builds community understanding of the value of participation
- Pathways staff create survey modules for your community, invite respondents to participate in the appropriate module
- People have three weeks, reminders sent to those who don't respond or decline
- After the deadline, Pathways staff provide a list of people who neither respond nor decline. Local coordinator arranges calls to these people
- Calling continues until adequate sample reached. (CSWI average is >75%)



Next Steps

- Resolve any barriers
- Work with Local Coordinator to create lists for each of three modules
- Work with local coordinator on strategies for creating community awareness/commitment
- Select dates, deadlines

The Longer Time Line

- CSTI is administered in the next few months.
- Pathways produces a “baseline” report.
- CSTI is administered again in year 4.
- Pathways produces another report.
- Pathways staff collect data to document types of activities that led to changes in community support.



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