

Policy Themes in Community and State Support for Comprehensive Transition Systems





The Challenge

- Youth and young adults with serious mental health conditions typically have complex needs
- Requires a coordinated, comprehensive approach
- In turn, requires collaboration among stakeholders
- In turn, requires that people with diverse perspectives come to agreement about
 - How to work together
 - What to do— what are the main goals and activities?
 - How to know if it's working
- Also know that the challenges of working together are complex



Implicit -> Explicit?

- Is there an *implicit* conceptual “map” that seems to be shared by stakeholders who work on this kind of project?
- If so, can making this map *explicit* help stakeholders to
 - Gain clarity about the nature of the overall project?
 - Plan their work together?
 - Assess how the project is going?



Background

Community Support for Transition Inventory (CSTI)

- CSTI was adapted from the *Community Supports for Wraparound Inventory*, a measure with evidence for both reliability and validity (CSWI, *JCFS Dec 2011 20, 6*)
- CSTI is strengths-based, and built on the idea that communities need to develop certain capacities to support their transition efforts.
- Web-based survey of stakeholders with three modules



Three Modules

- **Community Stakeholder**
 - Respondents are people who know something about project implementation, including
 - Quality of the collaboration (Are stakeholders clear about who they are serving and how, do they have a plan for accomplishing shared goals?)
 - Human resource issues (How are we doing with hiring, training, defining roles, caseloads, adequate pay, etc.?)
 - Accountability (Are we measuring the right outcomes adequately?)
- **State**
 - Respondents know about what the state is doing to support transition projects across the state, in areas including workforce, financing, collaboration, etc.
- **Youth/Young Adult/Ally/Provider**
 - Respondents know about services offered through the project



Basics about the Modules

- Each begins with questions about background and role, then a series of items arranged into themes
- Each item has a “least developed” (=0) and “fully developed” (=4) anchor, and is rated on a 5-point scale
- Different modules have different numbers of items/themes:
 - Stakeholder 44/8
 - Youth/Young Adult/Ally/Provider 18/5
 - State 25/6



Approach

- Seven Healthy Transition Grantee sites
- Data collection for first wave in 2010.
- Second wave of data will be collected in 2013-14
- Wave one data collected in 10 local sites.



Community Stakeholder Module

Respondents by Site

Site	Responses	Response %
A	24	81
B	25	97
C	11	75
D	11	75
E	28	70
F	20	80
G	7	79
H	5	69
I	9	31
J	9	39
All	149	69



Hypothesized themes: Stakeholder Module

Community Partnership

Are the right people at the table?

Collaborative Activity

Is there a shared vision and plan for the work?

Core Practice Quality and Support

Are the core providers being trained for and using best practices?

Workforce

Are other service providers trained to use best practices?

Fiscal Policies and Sustainability

Do we have funds, and can we deploy them as needed?

Access to Supports and Services

Do we have the array we need, and can young people access?

Accountability

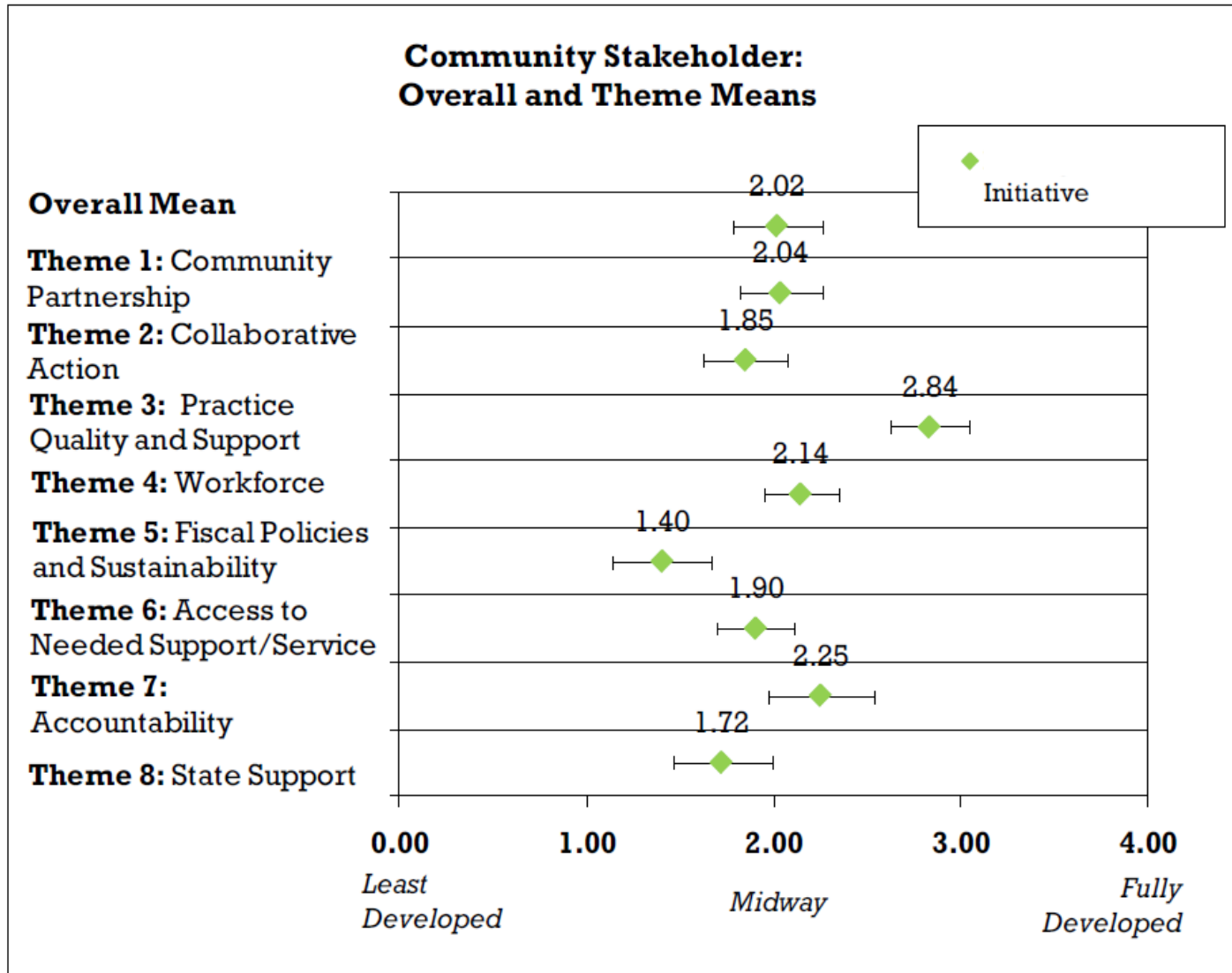
Do we know how we're doing?

State Support

Do we have a productive relationship?



Reading Your Report

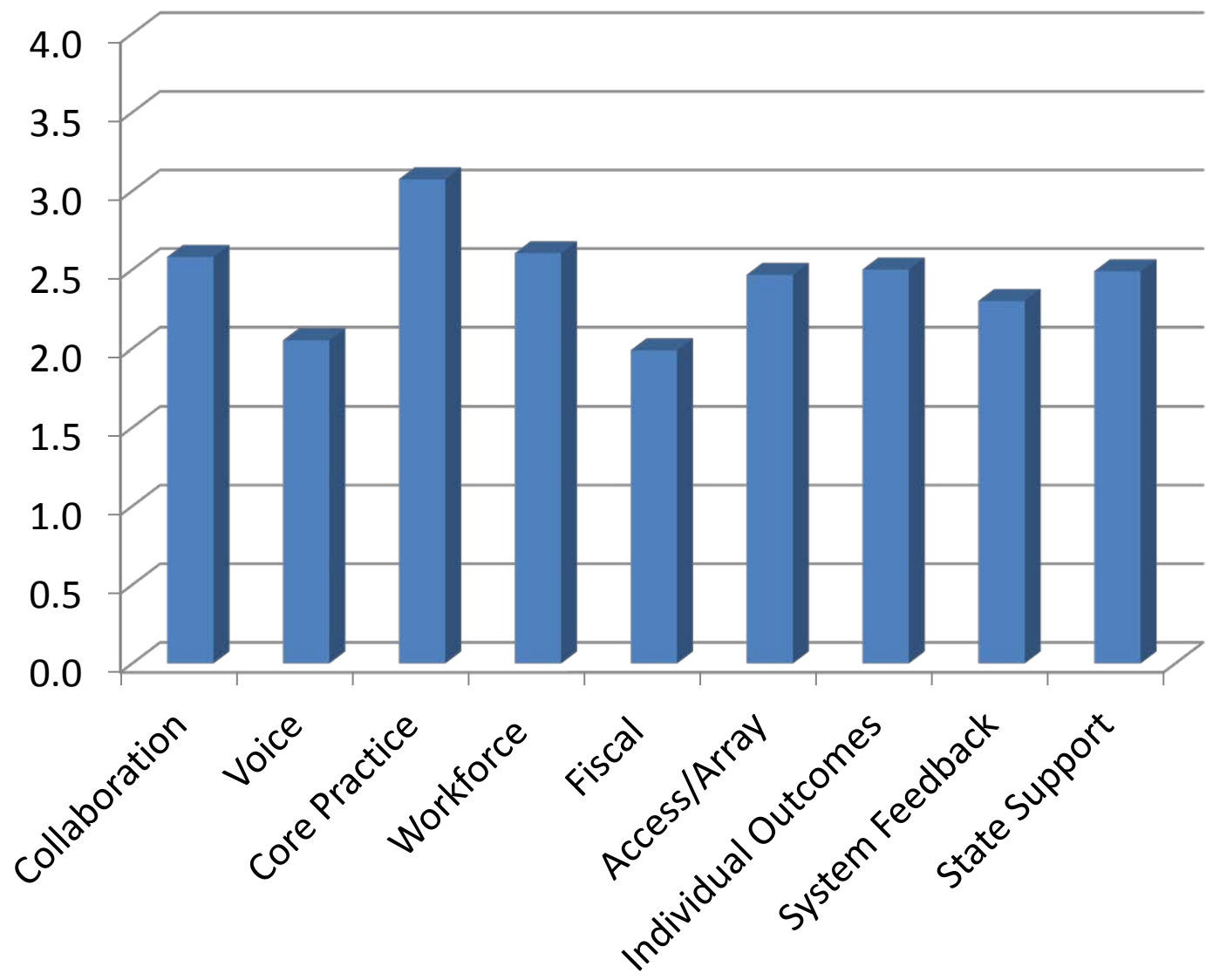




Mean CSTI Scores by Theme

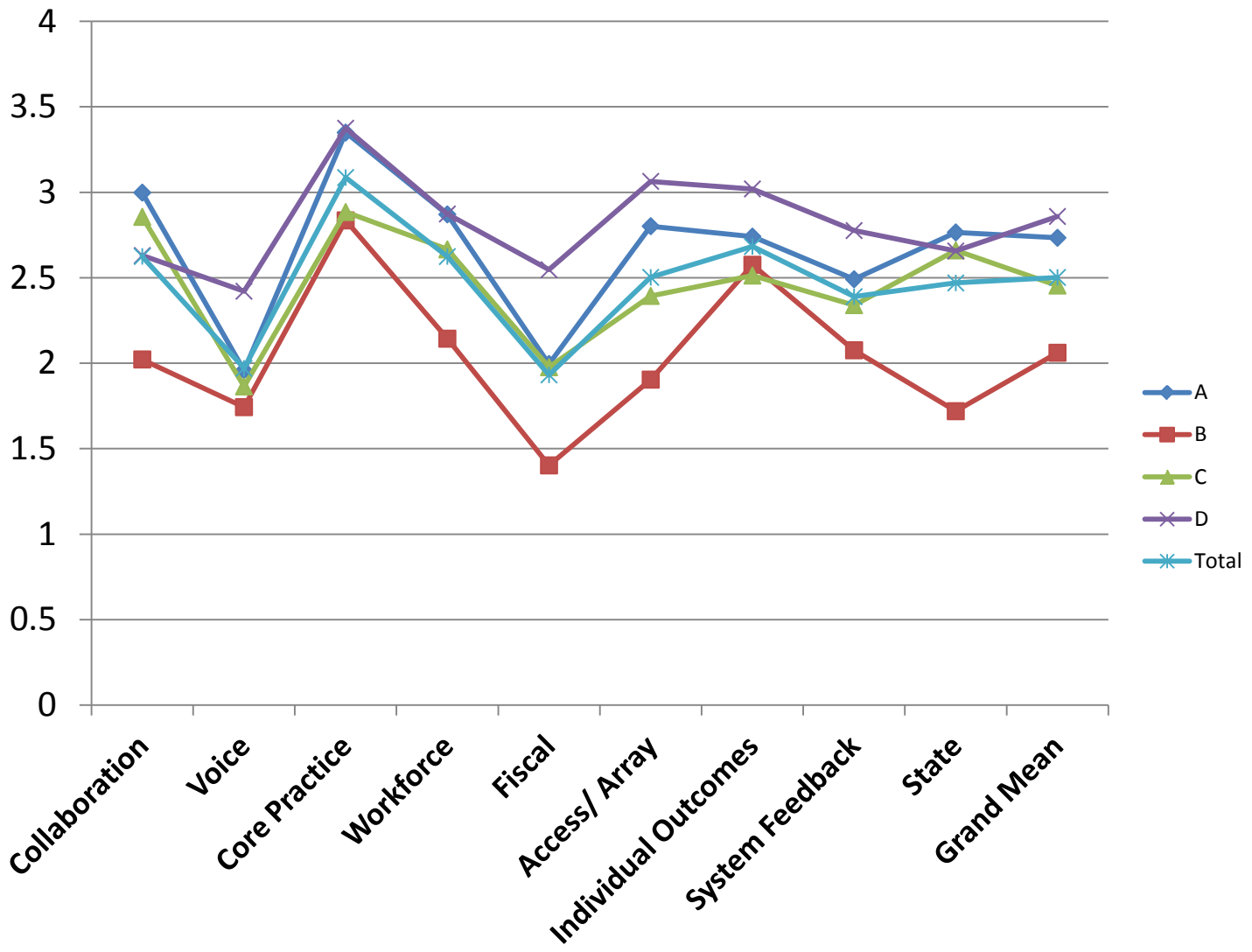
Stakeholder module, all sites

RESEARCH & TRAINING CENTER FOR PATHWAYS TO POSITIVE FUTURES





CSTI Theme means: Stakeholder module



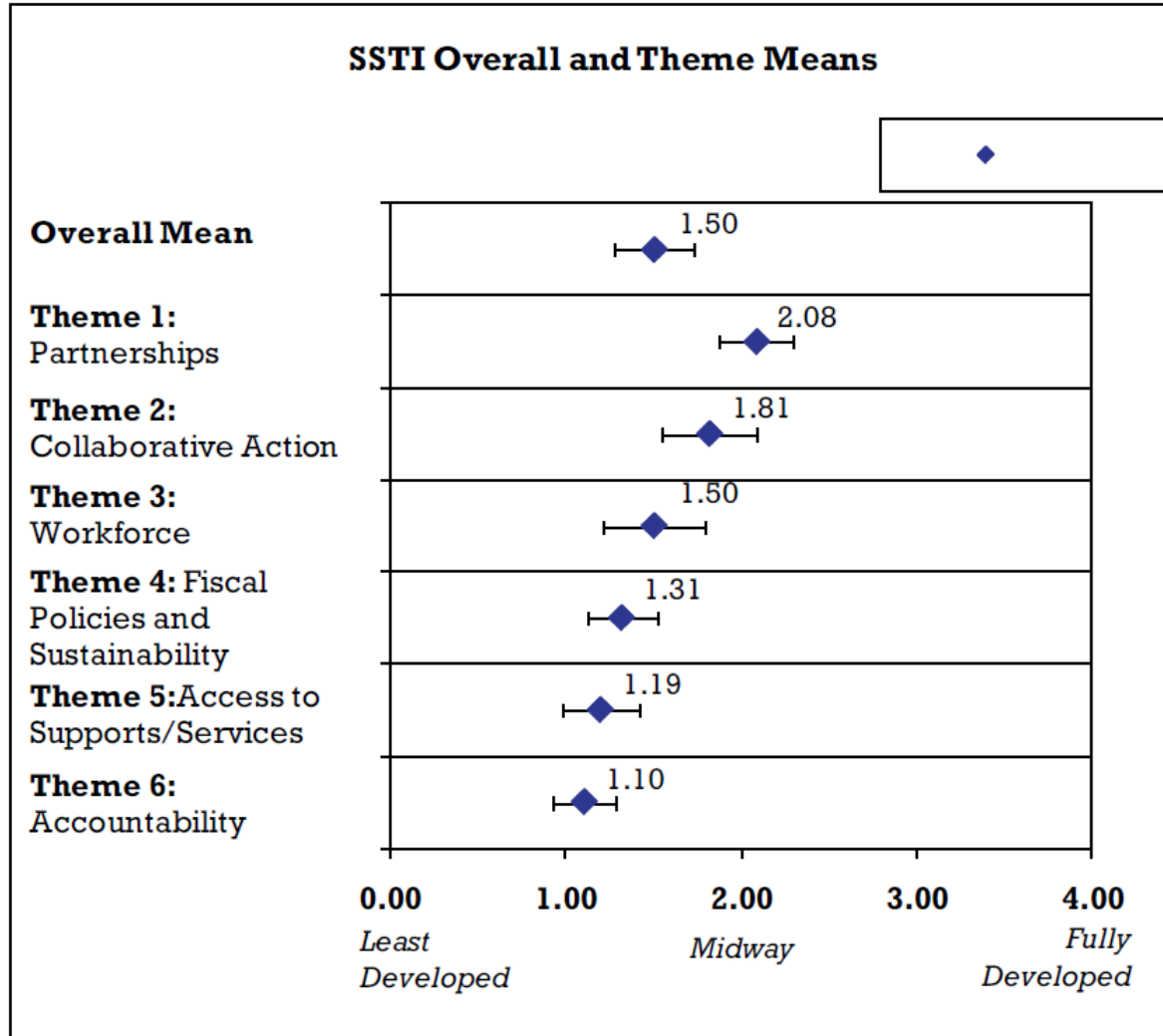


State Support for Transition Inventory (SSTI) Respondents by State

State	Respondents	Response %
A	16	75
B	9	56
C	11	73
D	9	76
E	51	54
F	7	73
G	8	47
All	111	56



Reading Your Report





Factor structure: State Module

Coordination

Are we taking basic steps to plan for training, finance, workforce development, policy changes?

Transition Systems of Care

To what extent do communities state wide offer individualized transition planning and service/support array?

Accountability

Are we monitoring outcomes, disparities, availability of services and supports?

Young Adult/Youth/ Family Voice

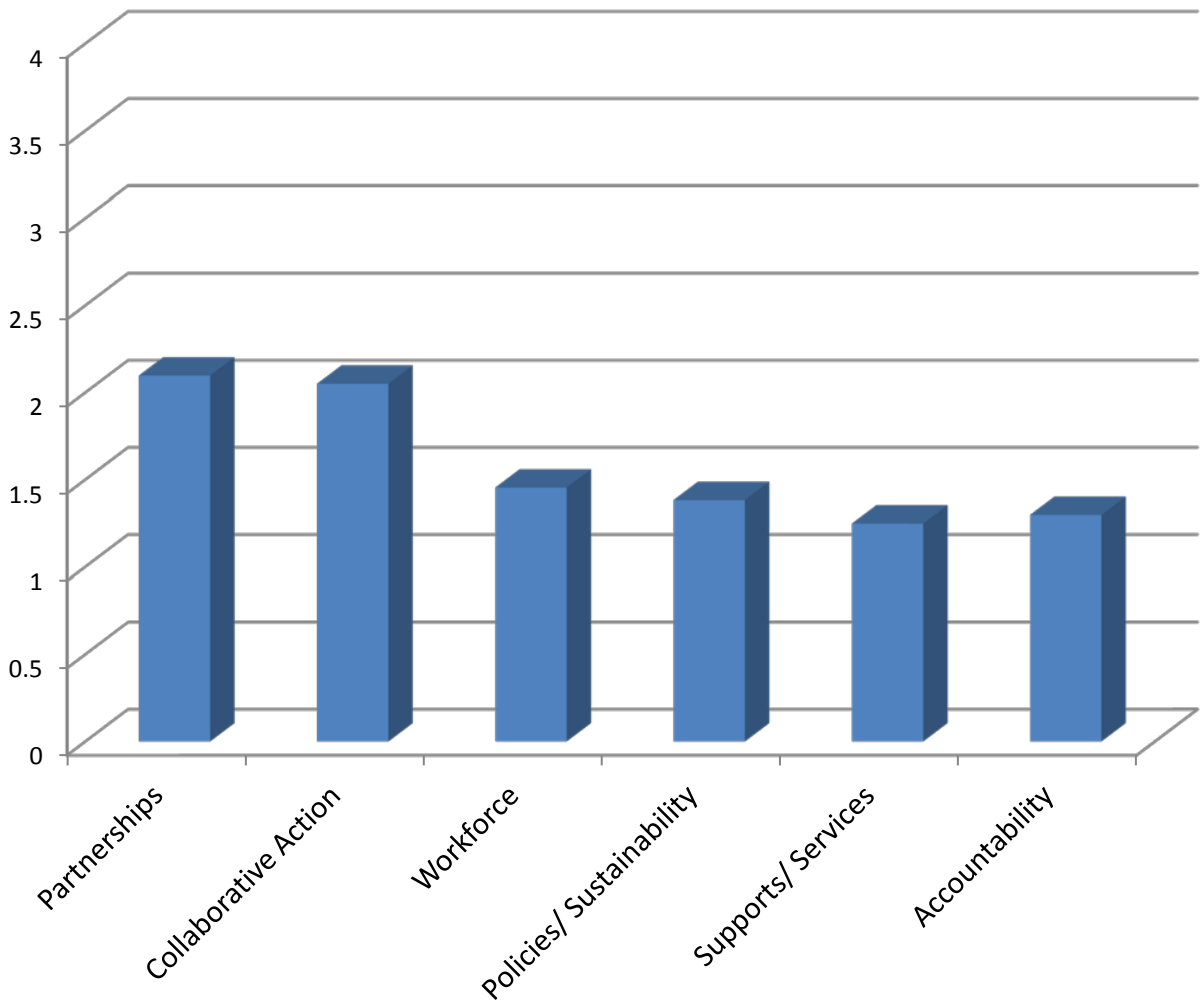
Are young people and families part of planning and oversight?

Mental Health Services

To what extent do mental health services fit with the transition SoC principles and values?

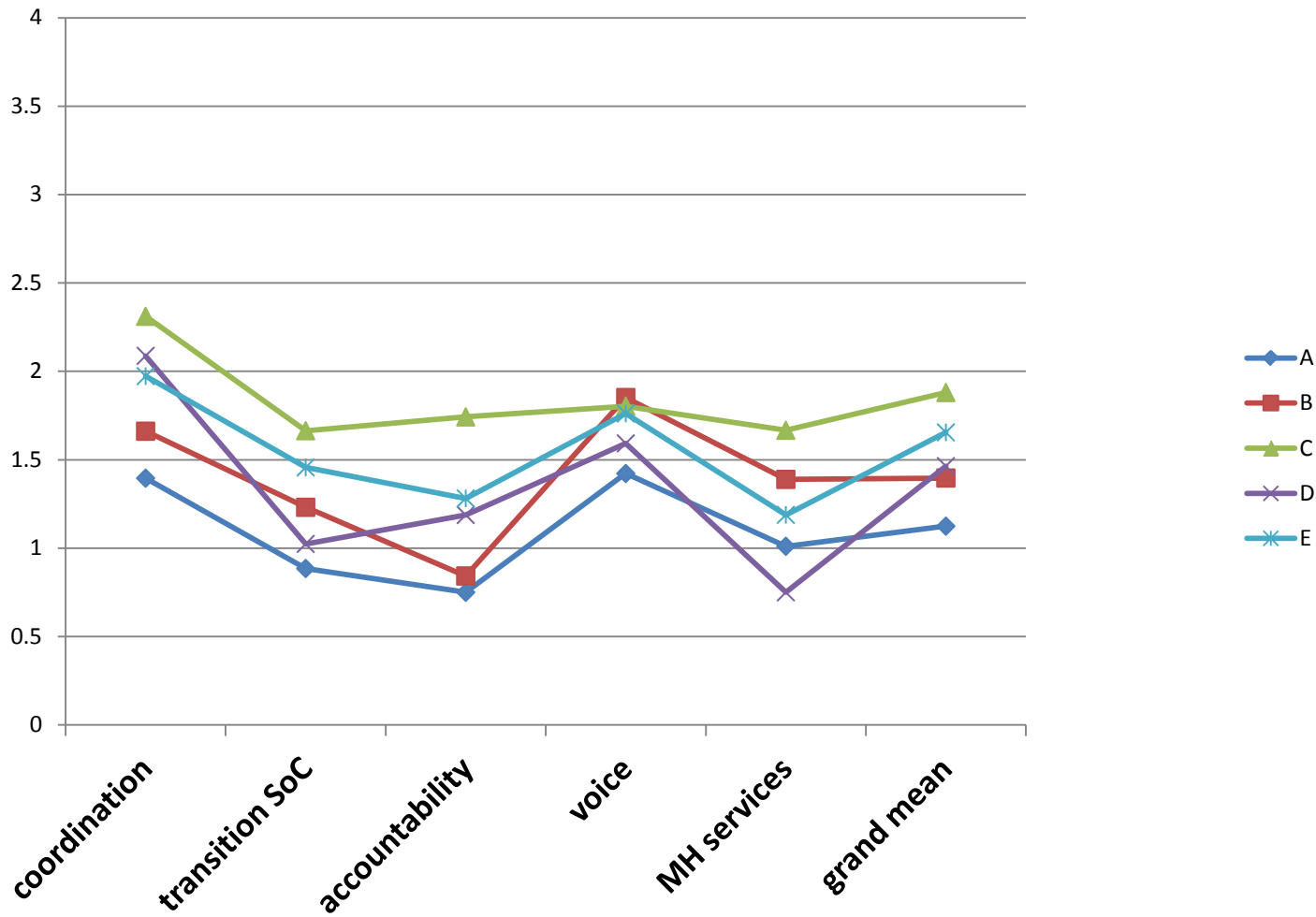


Means for SSTI Subscales



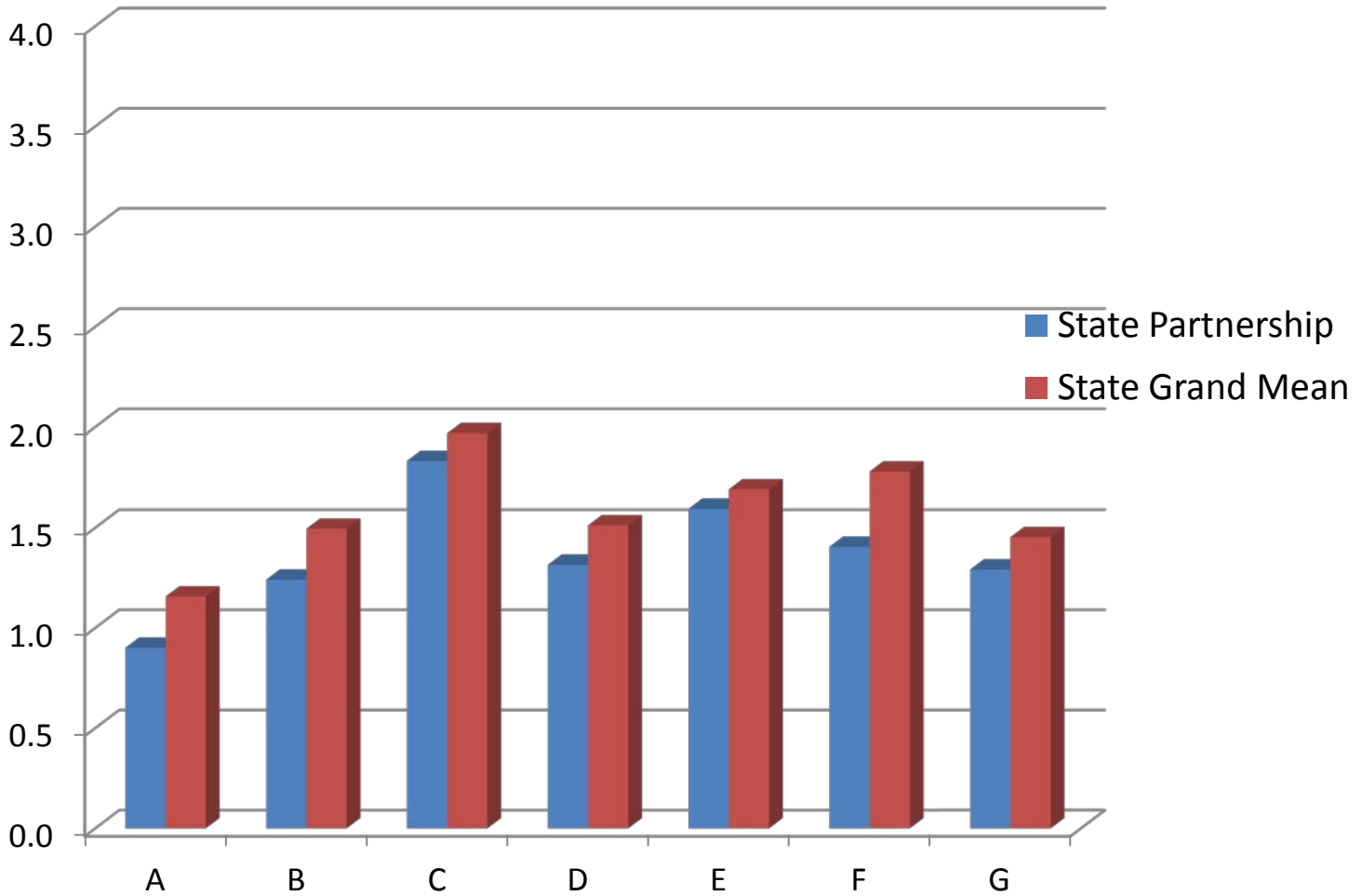


Means for SSTI Subscales



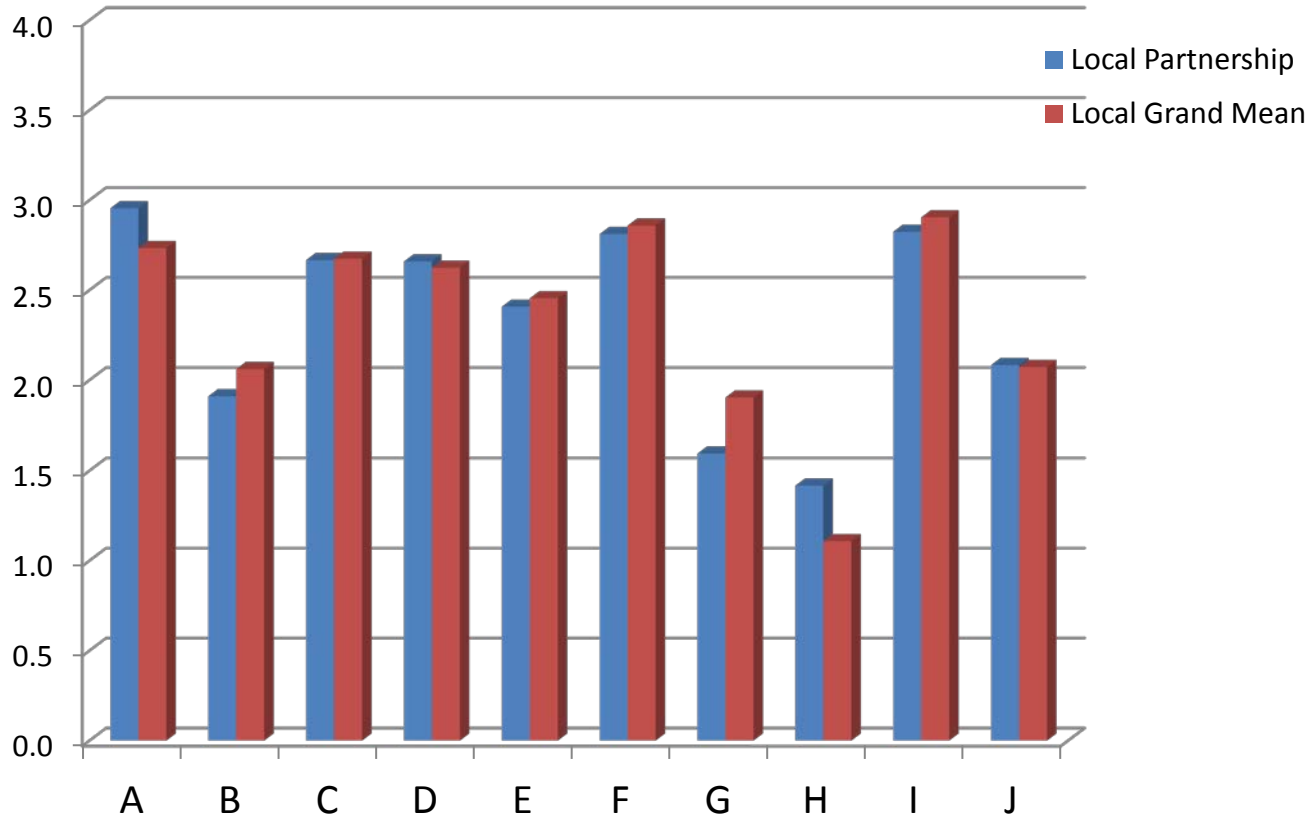


Child and Adult MH Partnership- State Level





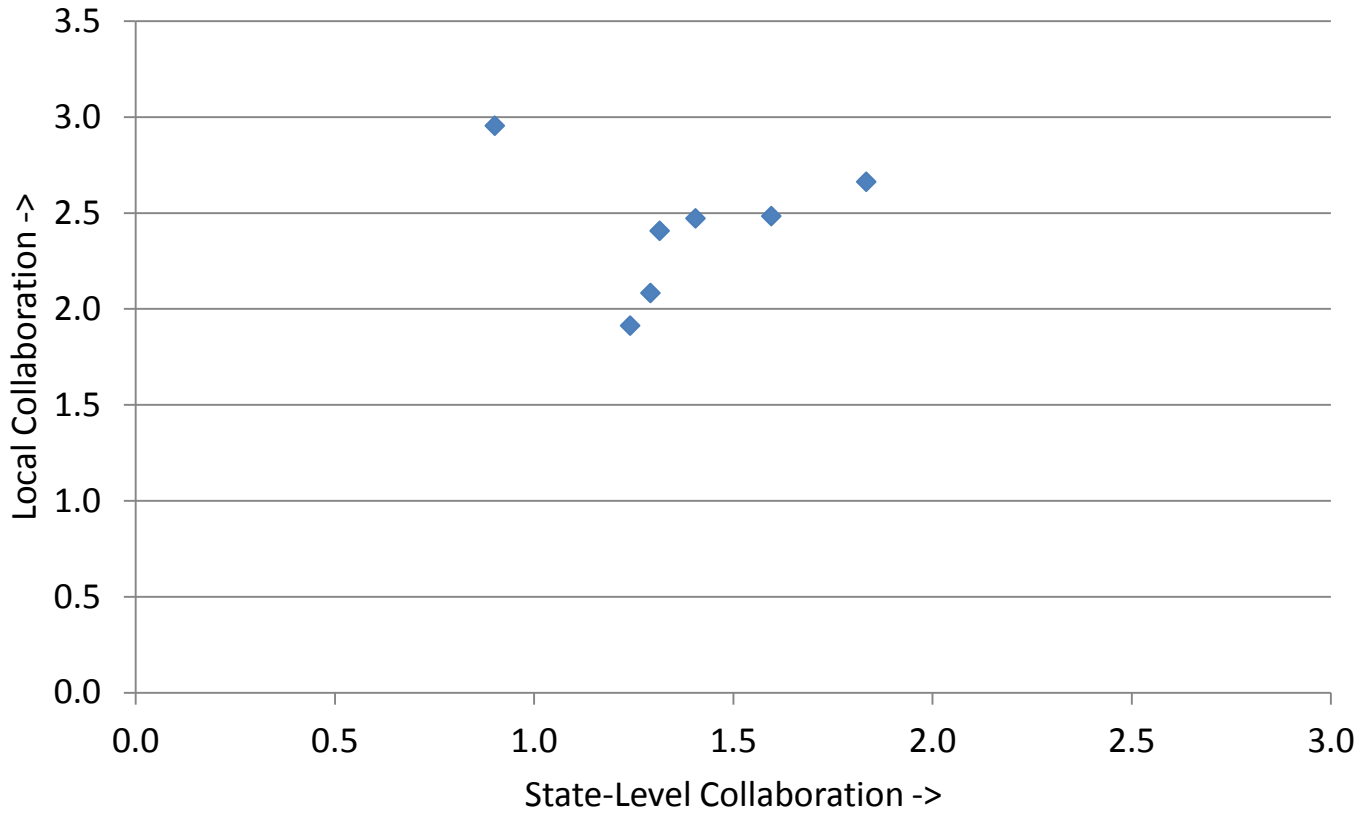
Child and Adult MH Partnership—Local Level





Local and State Child/Adult Collaboration

RESEARCH & TRAINING CENTER FOR PATHWAYS TO POSITIVE FUTURES





Youth/Young Adult/Provider Module

- Relatively small sample
- Difficulties with data collection
- Early sites hadn't enrolled many young people



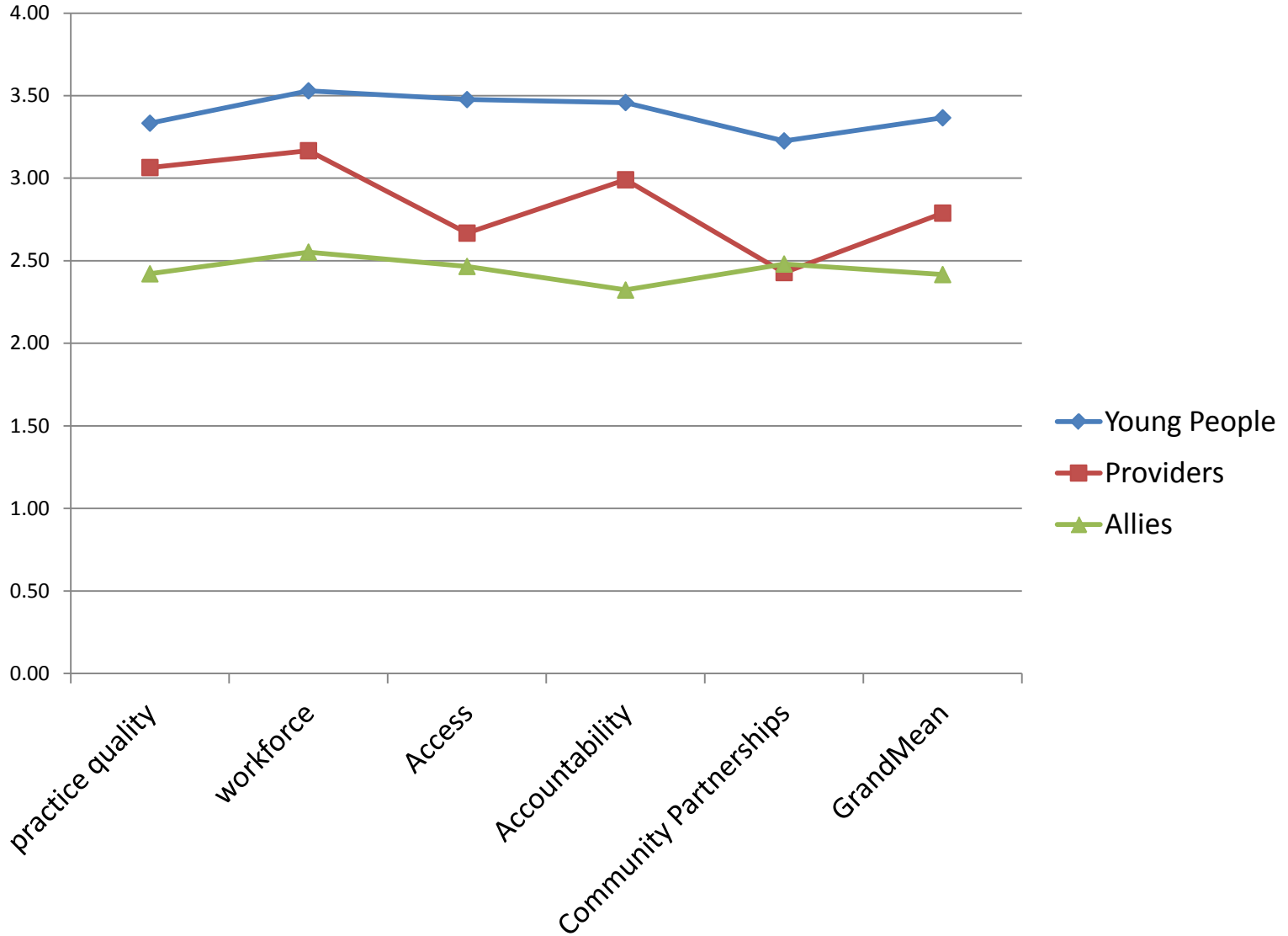
Young adult module

Frequency by roles

Site	Youth/ Young Adult	Ally	Family/ Caregiver	Provider	Other	Total
A	4	0	0	1	2	7
B	6	0	0	3	0	9
C	6	0	0	0	2	8
D	3	0	0	1	2	6
E	5	0	0	0	0	5
F	0	1	1	8	7	17
G	4	0	0	1	0	5
H	8	1	1	0	0	10
I	1	0	0	6	3	10
TOTAL	37	2	2	20	16	77

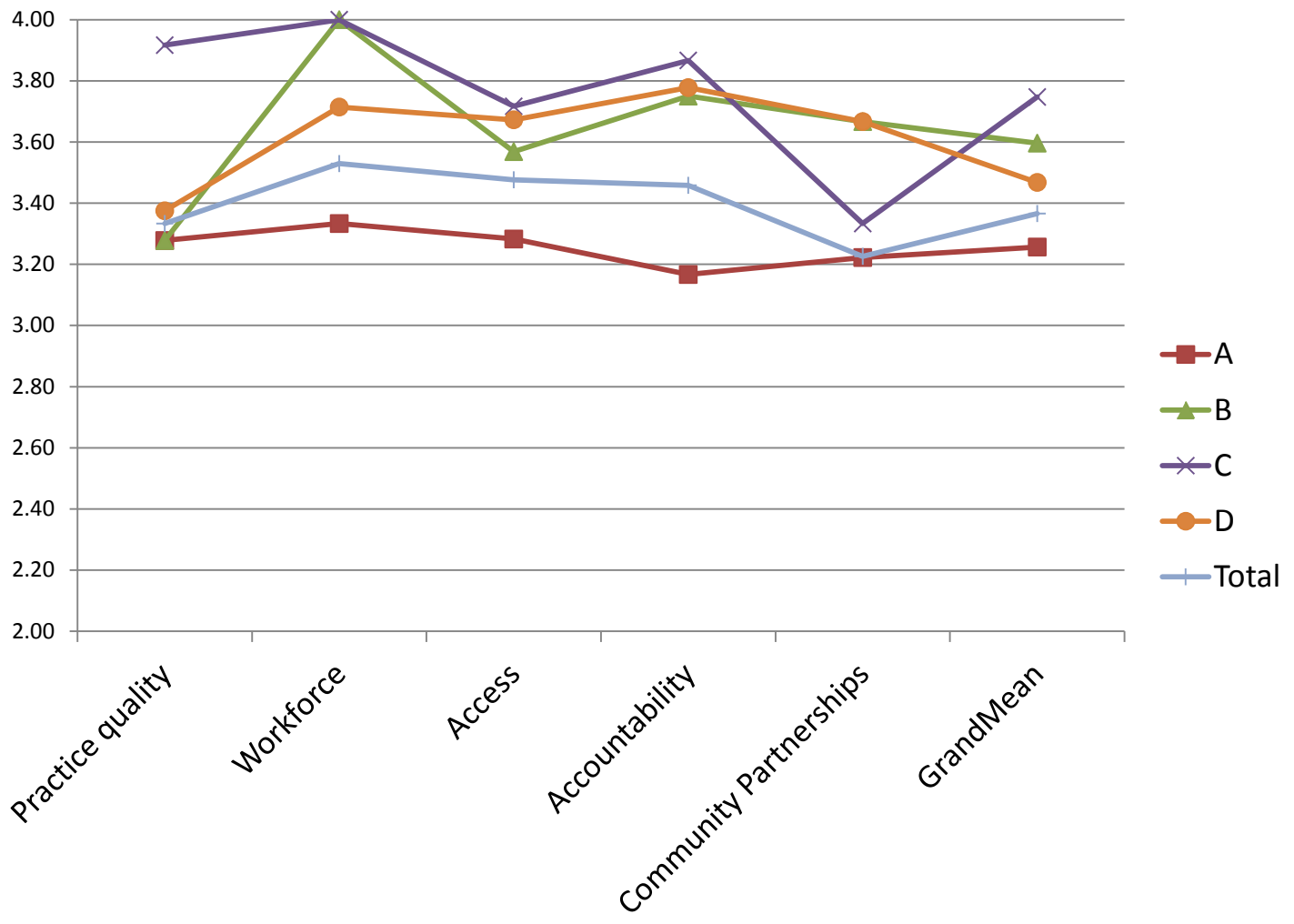


Service-level module means by roles





Young adult means by site





Feedback from Sites

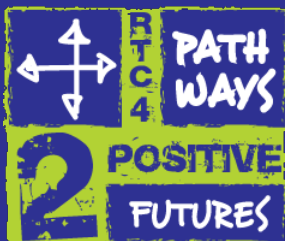
- Findings matched general perceptions
- Was useful in helping people get a common perspective





Assessment itself...





Acknowledgments/Funders



The development of the contents of this presentation were supported by funding from the National Institute of Disability and Rehabilitation Research, United States Department of Education, and the Center for Mental Health Services Substance Abuse and Mental Health Services Administration, United States Department of Health and Human Services (NIDRR grant H133B090019). The content does not represent the views or policies of the funding agencies. In addition, you should not assume endorsement by the Federal Government.

