

## Some Resources.....

- ▶ **Making Your Voice Heard: Suggestions for youth by youth for use in emergency rooms** This tip sheet for youth by youth gives tips and resources for collaborating and engaging with providers so that youth and young adults can better get their needs met. The resource was developed by TIO's Oregon Trauma Advocates Coalition (OTAC). OTAC is comprised of youth from around Oregon who are participating on a monthly youth council to develop trauma informed resources and tools, and give input to improve systems for youth at the local and state level. They used their lived experience to create this resource. <https://traumainformedoregon.org/resource/making-voice-heard-suggestions-youth-youth-use-emergency-rooms/>
- ▶ **Youth Engagement in the Emergency Room** This tip sheet developed by TIO's OTAC aims to equip medical workers with various techniques to engage youth, build self-worth, restore power, and help create feelings of safety in what may be an intimidating and confusing situation. <https://traumainformedoregon.org/wp-content/uploads/2017/07/Youth-Engagement-in-the-Emergency-Room-Tip-sheet.pdf>
- ▶ **For Youth by Youth: Foundations of Trauma Informed Care.** This training revamps the Foundations of TIC training by making it more youth friendly, strengths based, and interactive. This is done by providing opportunities for young adults to engage in discussions on trauma and resilience with scenarios that relate to youth. The training also provides skills and tools to use when feeling activated. <https://traumainformedoregon.org/wp-content/uploads/2018/10/For-Youth-by-Youth-Foundations-of-Trauma-Informed-Care.pdf>
- ▶ **TIC Logic Model** This visual graphic lays out what's needed to implement trauma informed care, what organizations need to do, and what some of the outcomes might be. <https://traumainformedoregon.org/wp-content/uploads/2018/12/Trauma-Informed-Care-Logic-Model.pdf>
- ▶ **Screening Tool and Guidelines** This tool has been created to assist organizations implementing TIC. You can begin by circling the steps that have either been started or completed in the organization. From there, we encourage you to use it in whatever ways make the most sense for your organization. <https://traumainformedoregon.org/wp-content/uploads/2018/12/Screening-Tool-and-Guidelines-FINAL-12.12.18.pdf>
- ▶ **Standards of Practice for Trauma Informed Care** The Standards of Practice for Trauma Informed Care were developed to help organizations, systems, and agencies implement trauma informed care. They were originally created in 2015 and have been updated in 2018 to further assist organizations as they assess already-in-place trauma informed care practices and identify areas for improvement. We encourage you to use these Standards as you plan for and implement trauma informed care. <https://traumainformedoregon.org/standards-practice-trauma-informed-care/>
- ▶ **Trauma Informed Care Initiative History and Accomplishments** In the fall of 2015 Trauma Informed Oregon invited Clackamas Behavioral Health Centers (CBHC) to serve as a demonstration project for the implementation of trauma informed care. <https://traumainformedoregon.org/wp-content/uploads/2016/01/Clackamas-County-Behavioral-Health-Clinics-Timeline-of-the-Trauma-Informed-Care-Initiative.pdf>
- ▶ **How to Host a Meeting** Bulleted list developed by TIO of things to do to take to prepare for and run a meeting that is trauma informed. <http://traumainformedoregon.org/wp-content/uploads/2014/10/Hosting-a-Meeting-Using-Principles-of-Trauma-Informed-Care.pdf>