



# National Survey on Supports that Families Provide to Young Adults During Transition

## Frequently Asked Questions (FAQ)

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This survey was conducted jointly by FREDLA and Pathways RTC at Portland State University. It was conducted in 2019-20, pre-pandemic. The sample reported on below includes all respondents who answered 50% or more of the survey questions, most of whom answered 95-100% of the questions.

*If you would like to comment on this document or ask questions, please contact Nancy Koroloff at [koroloff@pdx.edu](mailto:koroloff@pdx.edu).*

### 1. Who is represented in this study?

- Two hundred thirty-three (233) people constituted the entire sample. We created a “family only” database by subtracting 12 people (9 service providers and 3 “others”) who were not family members. **The data for this set of FAQs are the responses of 221 family members (includes parents, foster parents, grandparents, aunts & uncles, siblings, other kin, and a small number of unrelated friends).**
- **What is the racial and ethnic diversity of this sample?** The family members who responded to the questionnaire were White/Caucasian (76.3%); Black/African American (7.7 %); Hispanic/Latino/a (5.8 %); Native American (3.0 %), and Asian American (1.4%); an “Other” category was chosen by 2 people who listed a race/ethnicity of “Inuit,” and “Native Hawaiian.” Ten other people also chose “Other” ([Table Y](#)). We did not collect information about the race of the young adult in transition.
- **What income levels did respondents report?** Family income ranged from under \$25,000 to \$150,000 and above. Twenty-two people declined to respond ([Table Y](#)).
- **Family members’ level of education** in this study ranged from “Some high school” (1 respondent) to 79 respondents with a graduate degree ([Table Y](#)).



## 2. Characteristics of young people.

Each respondent was asked to think about one young person with a mental health challenge for whom they provided support during their transition years. The respondents provided answers using three age categories as anchors. Most of the findings are reported by these categories: 16-17, 18-21, and 22-25.

- *Demographics.* The current age of the young people ranged from 16 to over 30 years-of-age. Ninety percent were over the age of 18; 30% were currently in the age ranges 18-21 and 22-25 ([Table X](#)). Most (60%) of the responses were about young men. Thirty-two percent of the young people were receiving SSI/SSDI. Twenty percent of the young people had applied for SSI/SSDI and been denied ([Table X](#)).
- *Mental health and substance use status.* Respondents' assessments of the mental health challenges of their young persons during transition were fairly consistent across the age ranges. The rating of "Serious mental health challenges lasted 6+ months" was selected for over 40% of the young people (48.4%; 43.1%; 43.1%) ([Table L](#)). Assessment of substance use was also consistent across the age ranges with "serious substance use lasted 6+ months" identified for around 15% of the young people (13.6%; 15.6%; 15.4%) ([Table M](#)).

## 3. What did respondents report about housing issues during their young adults' transition?

- *Living arrangement.* Family members reported that a large percentage of young people lived most of the time in the family home (70%; 46%; 41%). Young adults 18-21 years old were the most likely to be living in a college dorm (11%). Young people in the oldest category were most likely to have lived on their own or with roommates (22-25; 30.2%) ([Table A](#)).
- *Homelessness.* The number of young people who were homeless most of the time was relatively low (1.8%; 3.5%; 3.8%) ([Table A](#)). However, the percent of young adults who were ever homeless was higher (16.5%; 31.6%; 26.1%) ([Table B](#)). The "ever homeless" category includes "all or most of the time," "frequently, off and on," and "infrequently, one or two short episodes."
- *Rating of living situation.* Nearly 89% of family members reported that the young person lived with them continuously for at least 6 months during transition ([Table C](#)). Many family members said that this living arrangement was "great" or "fine most of the time" (44%; 35%; 24%). "It was difficult most of the time" was the category chosen by approximately 23% of family members across age categories ([Table C](#)).
- *Reason for living at home.* The reasons that young people lived with their families varied widely across the age categories. For older young people (22-25) the most common reason given was "unable to work..." (18%). The most common reason given for the two younger age categories was "in high school/college" (66%; 30%). As might be expected, the % of young people not living at home rose with the young persons' increasing age (01.4%; 10.9%; 30%) ([Table D](#)).



#### 4. What types of financial support did family members provide to the young person in transition?

Families provided financial support for a wide range of needs during transition. Across the three age groupings the two top categories that families paid for were groceries and clothing. Other frequently mentioned expense categories were cell phone, health insurance, and medication ([Table E](#)).

When asked about the impact on the family of providing financial support, one-third of respondents said that it did not have a negative impact. About 40% of family members said that they quit or reduced work to make time for helping the young person. Other contributions included dipping into retirement savings (33%) and/or taking a second home mortgage (10%). Family members could choose all response categories that applied ([Table F](#)).

#### 5. In addition to housing and financial support, what other contributions to the young person's transition were identified by respondents?

Other supports by families included driving their adult children to/from school, work, and appointments; helping to schedule appointments; talking with service providers; participating in crisis planning; and assisting with the job search and application process ([Table H](#)). Family members indicated that these contributions “had a moderate impact” (45.2%), were a “major drain” (39.4%), and were “not a problem” (14.9%) ([Table I](#)). About two-thirds of family members also used their social networks to help their young adult children find employment and social opportunities, or to arrange for them to stay with family or friends ([Table J](#)).

#### 6. Relationship between family and young person.

##### a. Frequency and purpose of contact.

Frequency. Family members provided information about the frequency and purpose of contact with their young adult children. “Daily contact” was the most frequently chosen category across the age categories (71.5%; 56.3%; 43.8%). A small percentage of family members said that their young person contacted them “rarely or never” (1.4%; 4.0%; 4.6%) ([Table K](#)).

Reasons for contact. Family members’ responses to four possible reasons their young person got in touch with them are:

- **To share positive news.** Family members reported that young people were most likely to contact them when positive things happened (“almost always” or “often” 64.3%; 76.3%; 73.9%). Young people contacted family about positive news “rarely or never” less than 10 percent of the time.
- **To discuss an important decision.** Across the age categories, young people in transition got in touch with family “almost always” or “often” (64.7%; 58.8%; 55.4%) to discuss decisions. A much lower percentage of family members reported that their young person contacted them “rarely” to talk through decisions (10.9%; 12.6%; 16.9%).



- **Because they were in crisis.** Young adults contacted family in times of crisis “almost always or often” at nearly the same rates as the first two reasons presented (62.4%; 60.3%; 55.4%). Percentages of family members that reported that young people “rarely or never” contacted them during crisis were 13.1%; 16.1%, and 24.6% across the age groups.
- **Because of concerns about their own mental health.** Family contact about mental health concerns was the least common reason for contact “almost always” or “often” across the three age categories (43.0%; 43.2%; 43.1%). Percentages of “rarely or never” contact about mental health concerns were also similar across age groups (24.4%; 26.6%; 28.5%).

***b. Family members’ assessment of the quality of their relationship with their young person during the transition years.***

Family members’ responses to the fixed choice item, “Describe the quality of your relationship during their transition years,” were most commonly “Generally positive” (38.0%; 32.6%; 37.7%) and “Mixed, sometimes positive, sometimes difficult” (38.0%; 43.7%; 36.2%) across the age groups. Between 18 and 20 percent of family respondents reported that their relationship with their young adult child were “generally strained” ([Table K](#)).

## **7. What were family members’ experiences with the behavioral health system when their young persons were receiving services?**

*Frequency.* Family members reported that during the transition years their young person received mental health or substance abuse services either “regularly” or “sometimes” at a fairly high rate (62%; 59%; 58%) ([Table N](#)).

*Communication.* About one-third of family members reported that providers regularly asked the family member about how the young person was doing ([Table O](#)). Before the young person turned 18 years of age, more than 45% of family members said that they were regularly involved (45.7%) or sometimes involved (12.7%) in decisions about what kind of services the young person should receive. This involvement in decisions was reported as regular (24.6%) or sometimes (21.6%) during the years between 18-21, and somewhat less when the young adult was between the ages of 22-25 ([Table P](#)).

Asked whether providers discussed the young person’s safety plan with them, family members indicated that it happened regularly (25.3%) or sometimes (21.7%) when their children were between 16-17 years of age, and much less frequently after 18 ([Table Q](#)).

*Confidentiality.* Family members also responded to a question about whether they had ever been prevented from obtaining information about the young person based on confidentiality or HIPAA regulations. More than 40% of respondents said that they had never been prevented from obtaining information when their children were between 16-17. This proportion dropped to about 28% after their children reached the age of majority. Even after the age of majority, however, more than 30% of parents of young adults between 18-25 said that they had rarely or never been prevented from obtaining information ([Table R](#)). Between 43% and 55% indicated that they had rarely or never had a provider refuse to listen to their concerns because of confidentiality rules. Twenty-one percent of family members whose adult children were ages 22-25 indicated that service providers had frequently refused to listen to their concerns ([Table S](#)).



*Referral to resources.* Family members responded to a question about whether a mental health provider had ever given them information about a variety of supports. Respondents could check “all that apply.”

Seven of the ten supports listed for this question were selected between 20% and 30% of the time. In descending order, they were:

- Services available for the young person
- Referral to an individual or family therapist for yourself or other family members
- Information about substance use or mental health conditions in young people
- Connection to a family organization
- Referral for peer support or a support group
- Invitation to participate in planning or evaluation of substance use or mental health services
- Training or educational programs.

The remaining items, endorsed between 12% and 19% of the time, included

- Information about the developmental process during transition
  - Information about a youth/young adult-driven organization
  - Referral to AA, NA, Al-Anon or other services related to substance use.
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## Tables

### Table A

#### Young Person's Housing Situation\*

<i>During their transition years, where did this young person live most of the time?</i>	<b>Age 16-17 N (%)</b>	<b>Age 18-21 N (%)</b>	<b>Age 22-25 N (%)</b>
With parents	155 (70.1)	92 (46.2)	53 (41.1)
With foster parents	13 (5.9)	7 (3.5)	1 (0.8)
With close relative or family friend	19 (8.6)	14 (7.0)	2 (1.6)
Dorm/college	3 (1.4)	22 (11.1)	7 (5.4)
Renting on own or with roommates	0	20 (11.1)	37 (30.2)
Staying with friends	2 (0.9)	10 (5.0)	8 (7.0)
Shelter/homeless	2 (0.9)	8 (4.0)	3 (2.3)
Other	11 (5.0)	19 (9.5)	13 (11.6)
Did not answer	16 (7.2)	7 (3.5)	6 (4.6)
Sub total	221 (100)	199 (100)	130 (100)
Not eligible to answer because of age of young person	0	22	91
TOTAL	221	221	221

\*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table B

### Was the Young Person Homeless?\*

<i>During their transition years, was the young person homeless?</i>	<b>Age 16-17 N (%)</b>	<b>Age 18-21 N (%)</b>	<b>Age 22-25 N (%)</b>
All or most of the time	4 (1.8)	7 (3.5)	5 (3.8)
Frequently, off and on	10 (4.5)	17 (8.5)	12 (9.2)
Infrequently, one or two short episodes	22 (9.9)	39 (19.6)	17 (13.1)
Never	164 (74.2)	128 (64.3)	90 (69.2)
Did not answer	21 (9.9)	8 (4.0)	6 (4.6)
Sub total	221 (100)	199 (100)	130 (100)
Not eligible to answer because of age young person	0	22	91
TOTAL	221	221	221

\*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table C

### Family Response to Young Person Living with Them\*

<i>A. Did the young person live with you continuously for at least six months?</i>			
YES	196 (88.7)		
NO	25 (11.3)		
<i>B. When the young person lived with you during their transition years, how did this arrangement work for you?</i>	Age 16-17 N (%)	Age 18-21 N (%)	Age 22-25 N (%)
It was great	44 (19.9)	22 (11.1)	14 (10.8)
It was fine most of the time	54 (24.4)	48 (24.1)	18 (13.8)
It was ok, but not ideal	26 (11.8)	32 (16.1)	17 (13.1)
It was difficult most of the time	52 (23.5)	46 (23.1)	30 (23.1)
N/A did not live with me during this time	5 (2.3)	16 (8.0)	32 (24.6)
Did not answer	40 (18.1)	35 (17.6)	19 (14.6)
Sub total	221 (100)	199 (100)	130 (100)
Not eligible because of age of young person	0	22	91
TOTAL	221	221	221

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## Table D

### Main Reason Young Person Lived with Family During Transition\*

<i>During the period the young person lived in your home, what was the primary reason?</i>	Age 16-17 N (%)	Age 18-21 N (%)	Age 22-25 N (%)
In high school/college	145 (65.6)	60 (30.2)	8 (6.1)
Unemployed, looking for work	1 (0.5)	13 (06.5)	5 (03.8)
Low paying job, couldn't afford rent on their own	0	20 (10.0)	14 (10.7)
Unable to work due to mental/behavioral health needs	6 (02.7)	25 (12.6)	23 (17.7)
Couldn't live without supervision	6 (02.7)	15 (07.5)	13 (10.0)
Enjoyed living with family	11 (05.0)	9 (04.5)	6 (04.6)
Young person needed help caring for their own young child/children	0	2 (01.0)	0
Helped care for young siblings	0	1 (0.5)	0
N/A did not live with me during this time	3 (01.4)	18 (10.9)	39 (30.0)
Had no choice (e.g., foster care)	8 (03.6)	2 (01.0)	0
Did not answer	41 (18.6)	34 (17.1)	22 (16.9)
Sub Total	221	199	130
Not eligible to answer due to age of young person	0	22	91
TOTAL	221	221	221

\* Percent computed using column subtotal as base. Columns will not add to 100%. Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table E

### Financial Support for Young Person During Transition\*

<i>Select the expenses you paid more than half of for the young person during the transition years. Select all that apply.</i>	Age 16-17 N(%)	Age 18-21 N(%)	Age 22-25 N(%)
Groceries	167 (75.6)	128 (64.3)	59 (45.4)
Rent	58 (26.2)	71 (35.7)	36 (27.7)
Health Insurance	129 (56.4)	107 (53.8)	53 (40.8)
Medication	126 (57.0)	95 (47.7)	46 (35.4)
Car payments, car insurance	65 (29.4)	59 (29.6)	32 (24.6)
Gas	66 (29.9)	51 (25.6)	27 (20.8)
Cell phone	133 (60.2)	115 (57.8)	53 (40.8)
Childcare	10 (4.5)	5 (2.5)	5 (3.8)
Clothing	157 (71.0)	122 (61.3)	53 (40.8)
Recreation	134 (60.6)	87 (43.7)	43 (33.1)
Tuition and other expenses related to college/post high school training/education	73 (33.0)	76 (38.2)	23 (17.7)
Legal expenses	45 (20.4)	41 (20.6)	17 (13.1)
Other recurring expenses	87 (39.4)	74 (37.2)	33 (25.4)
I did not pay more than 50% of their expenses during this time.	18 (8.1)	19 (9.5)	31 (23.8)
Subtotal	221	199	130
Not eligible to answer due to young person's age	0	22	91
Total	221	221	221

\*Percent computed using column subtotal as base. Columns will not add to 100%. \*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table F



### Family Impact of Providing Financial Support to Young Person

<i>Did you or your family experience any of the following financial impacts as a result of assisting your young person financially?</i>	Frequency (%)
Dipped into retirement savings	73 (33.0)
Took a second mortgage on home	22 (10.0)
Filed bankruptcy	11 (5.0)
Quit or reduced work to make time for helping young person	89 (40.3)
N/A Did not have a negative financial impact	73 (33.0)
Total	221 (100)



## Table G

### Financial Impact of Providing Financial Assistance to Young Person by Family Income

 FAMILY INCOME  TYPE OF FINANCIAL IMPACT	Under \$25,000	\$25,000-\$50,000	\$50,000 - \$75,000	\$75,000 - \$100,000	\$100,000-\$150,000	\$150,000 and Above	Total Responses N (%)*
Dipped into retirement savings	4	6	14	9	16	10	59 (31.7)
Took a second mortgage on our home	2	0	4	4	5	4	19 (10.2)
Filed bankruptcy	0	1	3	2	0	2	8 (4.3)
Quit or reduced work to make time for helping young person	2	11	15	16	21	10	75 (40.3)
Did not have negative impact	3	11	14	11	13	10	62 (33.3)
Number of respondents who indicated this income category	7	27	44	38	42	28	186



## Table H

### Other Supports (Non-financial) Provided for Young Person During Transition Years\*

<i>Select from the following kinds of support you provided for the young person during the transition years. Select as many as apply.</i>	Age 16-17 N (%)	Age 18-21 N (%)	Age 22-25 N (%)
Assisting with job search and application process	116 (52.5)	122 (61.3)	62 (47.7)
Assisting with apartment search and application process	23 (10.4)	51 (25.6)	36 (27.7)
Childcare for their young children, in your home	5 (2.3)	6 (3.0)	6 (4.6)
Driving to/from school, work, appointments	157 (71.0)	107 (53.8)	51 (39.2)
Helping to schedule appointments	151 (68.3)	120 (60.3)	57 (43.8)
Participation in crisis planning	120 (54.3)	103 (51.8)	60 (46.1)
Picking them up from emergency room	69 (31.2)	64 (32.2)	42 (32.3)
Talking with service providers	149 (67.4)	116 (58.3)	68 (52.3)
NA – did not provide any of these things	6 (2.7)	15 (7.5)	14 (10.8)
Subtotal	221	199	130
Not eligible to answer due to young person's age	0	22	91
TOTAL	221	221	221

\*Percent computed using column subtotal as base. Columns will not add to 100%. Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



Table I

Impact on Caregiver and Family of  
Providing Other Support for Young Person

<i>If you have provided any of these kinds of assistance for your young person, describe the impact on you and your family in terms of schedule, resources, and energy</i>	<b>N (%)</b>
Not a problem	33 (14.9)
Moderate Impact	100 (45.2)
Major Drain	87 (39.4)
Did not answer	1 (0.5)
Total	221



## Table J

### Use of Family Social Network to Assist Young Person\*

<i>During the transition years, did you use your social network to help your young person in the following ways? Select all that apply</i>	Age 16-17 N (%)	Age 18-21 N (%)	Age 22-25 N (%)
Arranging for them to do odd jobs/chores for me, family, friends, neighbors, etc.	97 (43.9)	75 (37.7)	32 (24.6)
Arranging for them to be employed with a family business or friend	40 (18.1)	49 (24.6)	23 (17.7)
Arranging for them to stay with family or friends	53 (24.0)	51 (25.6)	20 (15.4)
Arranging for them to be included in social or recreational events	121 (54.8)	97 (48.7)	49 (37.7)
N/A – did not use my social network to help them during this time	42 (19.0)	41 (20.6)	36 (27.7)
Subtotal	221 (100)	199 (100)	131 (100)
Not eligible to answer due to young person's age	0	22	91
Total	221	221	221

\*Percent computed using column subtotal as base. Columns will not add to 100%. Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table K

### Relationship with Young Person in Transition \*

	Age 16-17	Age 18-21	Age 22-25
	N (%)	N (%)	N (%)
<b><i>How often did the young person talk or contact you during their transition years?</i></b>			
Daily	158 (71.5)	112 (56.3)	57 (43.8)
About once a week	17 (7.7)	42 (21.1)	36 (27.7)
Once every 2-3 weeks	11 (5.0)	15 (7.5)	16 (12.2)
About once a month	6 (2.7)	10 (5.0)	6 (4.6)
Rarely or never	3 (1.4)	8 (4.0)	9 (6.9)
Did not answer	26 (11.8)	12 (6.0)	6 (4.6)
<b>Total</b>	<b>221</b>	<b>199</b>	<b>130</b>
<b><i>Did the young person make contact when they wanted to discuss an important decision?</i></b>			
Almost always	103 (46.6)	77 (38.7)	46 (35.4)
Often	40 (18.1)	41 (20.1)	26 (20.0)
Sometimes	41 (18.6)	49 (24.6)	29 (22.3)
Rarely or never	24 (10.9)	25 (12.6)	22 (16.9)
Did not answer	13 (5.9)	7 (3.5)	7 (5.4)
<b>Total</b>	<b>221</b>	<b>199</b>	<b>130</b>



<b><i>Did the young person make contact when they were concerned about their mental health?</i></b>			
Almost always	65 (28.5)	50 (25.1)	30 (23.1)
Often	32 (14.5)	36 (18.1)	26 (20.0)
Sometimes	57 (25.8)	51 (25.6)	31 (23.8)
Rarely or never	54 (24.4)	53 (26.6)	37 (28.5)
Did not answer	15 (06.8)	9 (4.5)	6 (4.6)
<b>Total</b>	<b>221</b>	<b>199</b>	<b>130</b>
<b><i>Did the young person make contact when they were in crisis?</i></b>			
Almost always	107 (48.4)	93 (46.7)	61 (46.9)
Often	31 (14.0)	27 (13.6)	11 (8.5)
Sometimes	38 (17.2)	37 (18.6)	20 (15.4)
Rarely or never	29 (13.1)	32 (16.1)	32 (24.6)
Did not answer	16 (7.2)	10 (5.0)	6 (4.6)
<b>Total</b>	<b>221</b>	<b>199</b>	<b>130</b>
<b><i>Did the young person make contact when positive things happened to them?</i></b>			
Almost always	95 (43.0)	68 (34.2)	43 (33.1)
Often	47 (21.3)	51 (25.6)	30 (23.1)
Sometimes	42 (19.0)	53 (26.6)	30 (23.1)
Rarely or never	21 (9.5)	20 (10.1)	20 (15.4)
Did not answer	16 (7.2)	7 (3.5)	7 (5.4)
<b>Total</b>	<b>221</b>	<b>199</b>	<b>130</b>



<i>Describe the quality of your relationship with the young person during their transition years.</i>			
Generally positive	84 (38.0)	65 (32.6)	49 (37.7)
Mixed, sometimes positive, sometimes difficult	84 (38.0)	87 (43.7)	47 (36.2)
Generally Strained	40 (18.1)	40 (20.1)	27 (20.8)
Did not answer	13 (5.9)	7 (3.5)	7 (5.3)
<b>Total</b>	221	199	130

\*Note that individual respondents may have given answers in more than one column, depending on their child’s age. For this reason, row totals were not computed or reported.



## Table L

### Mental Health Status of Young Person\*

<i>For each age range, select the category that best describes the young person's mental health status.</i>	Age 16-17 N (%)	Age 18-21 N (%)	Age 22-25 N (%)
Serious mental health challenge lasted 6+ months	107 (48.4)	94 (43.1)	56 (43.1)
Somewhat serious mental health challenge, or did not last 6+ months	34 (15.4)	42 (21.1)	27 (20.7)
Mild mental health challenge	37 (16.7)	34 (17.1)	21 (16.2)
No mental health challenge during this time	30 (13.6)	21 (10.6)	21 (16.2)
Did not answer	13 (5.9)	8 (4.0)	5 (3.8)
Subtotal	221 (100)	199 (100)	130 (100)
Not eligible because of age of young person	0	22	91
TOTAL	221	221	221

\*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table M

### Substance Use Status of Young Person\*

<i>For each age range, select the category that best describes the young person's substance use.</i>	Age 16-17 N (%)	Age 16-17 N (%)	Age 22-25 N (%)
Serious substance use issue lasted 6+ months	30 (13.6)	31 (15.6)	20 (15.4)
Somewhat serious substance use issue, or did not last 6+ months	18 (8.1)	24 (12.1)	11 (8.5)
Mild substance use issue	37 (16.7)	38 (19.1)	23 (17.7)
No substance use issue during this time	117 (52.9)	100 (50.3)	69 (53.1)
Did not answer	19 (8.6)	6 (3.0)	7 (5.4)
Subtotal	221 (100)	199 (100)	130 (100)
Not eligible because of age of young person	0	22	91
TOTAL	221	221	221

\*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



**Table N**

**Frequency of Mental Health or Substance Abuse Services Received\***

<i>During the transition years, did the young person receive mental health or substance use services?</i>	<b>Age 16-17 N (%)</b>	<b>Age 18-21 N (%)</b>	<b>Age 22-25 N (%)</b>
Regularly	99 (44.8)	83 (41.7)	48 (36.9)
Sometimes	39 (17.6)	35 (17.6)	28 (21.5)
Rarely	22 (10.0)	25 (12.6)	13 (10.0)
Never	35 (15.8)	36 (18.1)	18 (13.8)
NA/Don't know	7 (2.0)	9 (4.5)	12 (9.2)
Did not answer	19 (8.6)	11 (5.5)	11 (8.5)
Subtotal	221 (100)	199 (100)	130 (100)
Not eligible because of age of young person	0	22	91
<b>TOTAL</b>	<b>221</b>	<b>221</b>	<b>221</b>

\*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table O

### Did Provider Ask How the Young Person Was Doing?\*

<i>When the young person received services, did provider ask family member how the young person was doing?</i>	Age 16-17 N (%)	Age 18-21 N (%)	Age 22-25 N (%)
Regularly	73 (33.0)	35 (17.6)	20 (15.4)
Sometimes	40 (18.1)	33 (16.6)	19 (14.6)
Rarely	29 (13.1)	43 (21.6)	16 (12.3)
Never	25 (11.3)	46 (23.1)	41 (31.5)
NA/Don't know	31 (14.0)	28 (14.1)	19 (14.6)
Did not answer	23 (10.4)	14 (7.0)	15 (11.5)
Subtotal	221 (100)	199 (100)	130 (100)
Not eligible because of age of young person	0	22	91
<b>TOTAL</b>	<b>221</b>	<b>221</b>	<b>221</b>

\*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table P

### Was Family Member/Caregiver Involved in Decisions?\*

<i>When the young person received services, were you involved in decisions about what kind of services they should receive?</i>	Age 16-17 N (%)	Age 18-21 N (%)	Age 22-25 N (%)
Regularly	101 (45.7)	49 (24.6)	25 (19.2)
Sometimes	28 (12.7)	43 (21.6)	18 (13.8)
Rarely	20 (9.0)	31 (15.6)	17 (13.1)
Never	26 (11.8)	41 (20.6)	43 (33.1)
NA/Don't know	23 (10.4)	23 (11.6)	13 (10.0)
Did not answer	23 (10.4)	12 (6.0)	14 (10.8)
Subtotal	221 (100)	199 (100)	130 (100)
Not eligible because of age of young person	0	22	91
TOTAL	221	221	221

\*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table Q

Did the Provider Discuss the Safety of Young Person with Family?\*

<i>When the young person received mental health or substance abuse services, did a provider discuss the young person's safety with you?</i>	Age 16-17 N (%)	Age 18-21 N (%)	Age 22-25 N (%)
Regularly	56 (25.3)	27 (13.6)	15 (11.5)
Sometimes	48 (21.7)	37 (18.6)	20 (15.4)
Rarely or Never	64 (29.0)	91 (45.7)	58 (44.6)
NA/Don't know	28 (12.7)	32 (16.1)	24 (18.5)
Did not answer	25 (11.3)	12 (6.0)	13 (10.0)
Subtotal	221 (100)	199 (100)	130 (100)
Not eligible because of age of young person	0	22	91
TOTAL	221	221	221

\*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.





## Table R

### Family Member Prevented from Obtaining Information about the Young Person?\*

<i>Were you ever prevented from obtaining information about the young person based on confidentiality rules or HIPAA?</i>	Age 16-17 N (%)	Age 18-21 N (%)	Age 22-25 N (%)
Regularly	29 (13.1)	54 (27.1)	34 (26.2)
Sometimes	29 (13.1)	30 (15.1)	14 (10.8)
Rarely	17 (7.7)	11 (5.5)	8 (6.2)
Never	93 (42.1)	57 (28.6)	36 (27.7)
NA/Don't know	30 (13.6)	32 (16.1)	26 (20.0)
Did not answer	23 (10.4)	15 (7.5)	12 (9.2)
Subtotal	221 (100)	199 (100)	130 (100)
Not eligible because of age of young person	0	22	91
TOTAL	221	221	221

\*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table S

### Provider Ever Refuse to Listen to Family Concerns?\*

<i>Did a service provider ever refuse to listen to your concerns about the young person because of confidentiality rules or HIPAA restrictions?</i>	Age 16-17 N (%)	Age 18-21 N (%)	Age 22-25 N (%)
Yes, frequently	24 (10.9)	35 (17.6)	27 (20.8)
Once or twice	23 (10.4)	25(12.6)	12 (09.2)
Rarely or never	122 (55.2)	90 (45.2)	56 (43.1)
NA/Don't know	30 (13.6)	36 (18.1)	24 (18.5)
Did not answer	22 (09.9)	13 (06.5)	11 (08.5)
Subtotal	221 (100)	199 (100)	130 (100)
Not eligible because of age of young person	0	22	91
TOTAL	221	221	221

\*Note that individual respondents may have given answers in more than one column, depending on their child's age. For this reason, row totals were not computed or reported.



## Table T

### Experience with Service Providers

<i>Did a mental health provider ever give you information about any of the following supports for you and your young person? Check as many as apply.</i>	N (%)*
Connection to a family organization?	52 (23.5)
Information about a youth/young adult-driven organization?	34 (15.4)
Referral for peer support or a support group?	49 (22.2)
Invitation to participate in planning or evaluation of substance use or mental health services?	48 (21.7)
Information about substance use or mental health conditions in young people?	58 (26.2)
Information about the developmental process during transition?	43 (19.5)
Information about the services available for the young person	67 (30.3)
Referral to an individual or family therapist for yourself or other family members?	60 (27.1)
Referral to AA, NA, Al-Anon or other services related to substance use?	26 (11.8)
Training or educational programs?	48 (20.8)
Other	26 (11.8)

\*Percent based on 221 possible responses to each item.



## Table X

### Demographics of Young Person with Mental Health Challenge

<i>What is the current age of the young person?</i>	N (%)*
16-17	22 (10.0)
18-21	69 (31.2)
22-25	64 (29.0)
25-30	44 (19.9)
31 and above	22 (10.0)
<i>What is the young person's gender identity?</i>	
Female	71 (32.1)
Male	131 (59.3)
Other	5 (02.3)
Did not answer	14 (06.3)
<i>Does this young person have children?</i>	
Yes, has custody	9 (04.1)
Yes, does not have custody	8 (03.6)
No	187 (84.6)
Unsure	3 (01.4)
Did not answer	14 (6.3)



<b><i>Is this young person receiving SSI or SSDI?</i></b>	
Yes	71 (32.1)
No	128 (57.9)
Don't know	9 (04.1)
Did not answer	13 (05.9)
<b><i>Has this young person applied for SSI or SSDI and been denied?</i></b>	
Yes	43 (19.5)
No	140 (63.3)
Application currently in process	10 (4.5)
Did not answer	15 (6.8)

\* % computed with n=221 as base.



## Table Y

### Demographics of Respondent

<i>What is your gender?</i>	N (%)*
Female	176 (79.6)
Male	32 (14.5)
Did not answer	13 (5.9)
<i>How are you related to this young person?</i>	
Parent (biologic, adoptive or step parent)	175 (79.2)
Foster parent	9 (4.1)
Grandparent, aunt or uncle, sibling or other	31 (14.0)
Unrelated friend	6 (2.7)
<i>What is the highest level of education you have completed?</i>	
Some high school	1 (0.5)
High school	10 (4.5)
Some college	49 (22.2)
Undergraduate degree	68 (30.8)
Graduate degree	79 (35.7)
Declined to respond	1 (0.5)
Did not answer	13 (5.9)

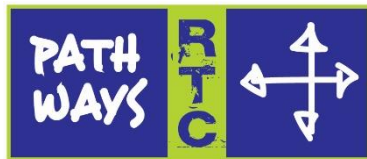


<i>How many people are currently living in your household, including yourself?</i>	
1	23 (10.4)
2-4	153 (69.2)
4 or more	32 (14.5)
Did not answer	13 (05.9)
<i>Please indicate the combined total income for your household for the past 12 months before taxes?</i>	
Under \$25,000	7 (03.2)
\$25,000-\$50,000	27 (12.2)
\$50,000-\$75,000	44 (19.9)
\$75,000-\$100,000	38 (17.2)
\$100,000-\$150,000	42 (19.0)
\$150,000 and above	28 (12.7)
Declined to respond	22 (10.0)
Did not answer	13 (05.9)
<i>What is your race/ethnicity?</i>	
	<i>N (%)*</i>
Asian-American	3 (1.4)
Native American/Alaskan Native	6 (2.7)
Hispanic/Latino/a	12 (5.4)
Black/African American	16 (7.2)
White/Caucasian	158 (71.5)
Other	12 (5.4)
Did not answer	14 (6.3)



<i>Are you actively involved with a statewide or local family run organization?</i>	<i>N (%)</i>
Yes	131 (59.3)
No	77 (34.8)
Did not answer	13 (5.9)

\* % computed with n=221 as base.



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