


Resources

Active Minds: Empowers students to speak openly about mental health in order to educate others and encourage help-seeking. [http://www.activeminds.org/](http://www.activeminds.org/)

National Institute of Mental Health (NIMH) [www.nimh.nih.gov](http://www.nimh.nih.gov)

Pathways to Positive Futures Research and Training Center [http://www.pathwaysrtc.pdx.edu/](http://www.pathwaysrtc.pdx.edu/)

Transitions RTC, Massachusetts [http://labs.umassmed.edu/transitionsRTC/](http://labs.umassmed.edu/transitionsRTC/)

Youth M.O.V.E. National: A youth led national organization devoted to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems [http://www.youthmovenational.org/](http://www.youthmovenational.org/)

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