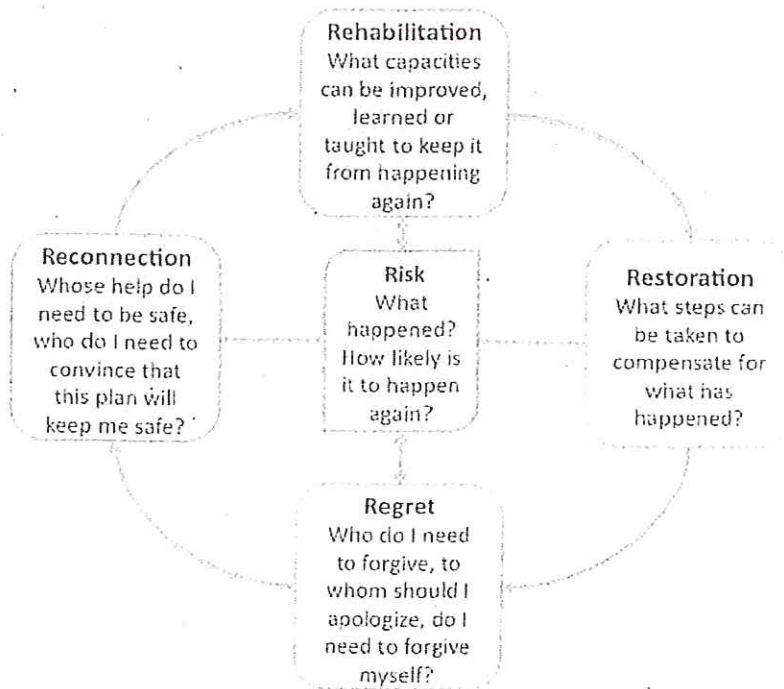


Targeted Futures Safety Planning Tool

Draw a diagram like the one below to think about what it might take to help you feel safer and to act in safer ways. Start with risk. Think about the circumstances or events in the past that lead you and those around you to be concerned about something bad happening. Be specific about what happened, when it took place, who was involved and where it happened and place that information in the middle of the diagram. When you have completed the description of the potential risk give it a rating of likelihood of happening again from 1 (unlikely) to 5 (very likely). Ask if other people in your circle of support have different likelihood ratings and discuss the reasons for your differences.

Now move to the other squares in any order and discuss the questions that each contains. Decide what can be done in each area to help improve safety, who should do it, and when it should happen. Use a chart like the one at the bottom of the page to summarize your plan.



Safety Element	Task: Describe what will be done to address this area	Responsibility: Who?	Timeline: List start date
Reconnection			
Regret			
Restoration			
Rehabilitation			