Project O’YEAH
Young Adult Transition Initiative
Building Block by Block

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Operating Principles

Young Adults with Mental Health Needs:

1. Are a heterogeneous population in which needs vary based on:
   - general & mental health characteristics
   - Although having different priority levels for individual Young Adults, generally the needs fall into critical domains/dimensions of adult life:

   - **Living** (housing)
   - **Working** (employment)
   - **Learning** (school/training)
   - **Belonging** (friendships)
   - **Healing** (health)
   - **Being Safe**  

(Franz, J. 2010)
2. Desire independence and the opportunity to direct their own futures, especially if they have been in the system...Therefore...

ENGAGEMENT is a critical factor to success
Moving Toward a Practice Model

Given that:

1. The majority of our youth come from Wraparound

2. That the community recognizes and generally accepts this model as a community approach

3. We have a long history of embracing the Wraparound model

4. An underlying principle of Wraparound is Engagement
Wraparound Values & Principles:

Adopted/Adapted by O’YEAH
Values & Principles

- Collaboration
- Cultural Competency
- Normalization
- Unconditional Care
- Needs Driven
- Domain Driven
- Refinancing
- Family Centered
- System Integration
- Strengths
- Community Based
- Person Centered
- Wraparound
Based on a Set of Values & Principles: (Beliefs)

- Person Centered (Voice & Choice)
- Individualized & Strength Based
- Community Based
- Domain Driven
- Culturally Competent
- Unconditional
- Collaborative
- Including Natural Supports
- Outcome based
- Financially Efficient/flexible funding

A successful model for providing quality care to Young Adults
Values and Principles

Theory of Change
O’YEAH

Get
(Strategies)

- Use Tiers of Service
- Institute the Practice Model based on Wraparound
  - Domain Driven
  - Use individualized Futures Plans
  - Develop Resource Center
  - Use of Peer Specialists
  - Train Wraparound staff about transitional needs
  - Use of formal & informal services
  - Use of targeted collaborative relationships
  - Flexible funding

Do
(Results)

- Engage & Empower young adults
- Provide a continuity of service as young adults leave the children’s system of care
  - Young Adults actively involved in directing their futures
- Development of a peer support network
  - Increase housing options
  - Program sustainability
  - Positive customer satisfaction
Basic principles and values lead to:

Program Structure  Program Process
Program Structure

Values & Principles

• Person Centered
• Individualized
• Community Based
• Collaborative
• Natural Supports
• Efficient/Flexible Funding

Structure

• Transition Specialists
• Tiers of Service
• Futures Plans & Portfolios
• Resource Center
• Peer Specialists
• Formal & Informal Services
• MOU with Adult Services
• Housing Authority
• Medicaid Eligibility
Program Process

Values & Principles

• Domain Driven
• Strength Based
• Culturally Competent
• Unconditional
• Outcome based

Process

• Practice Model
• Fidelity measures
• Tracking Progress
The Main Process Elements
The 4 Phases of Wraparound

**Wraparound**

- Team Preparation/ Engagement & Welcoming
  - Family Centered

- Initial Plan Development
  - Youth & Family Vision & Needs
  - Development of a Plan of Care

- Plan Implementation & Refinement
  - Focus on family & entire team

- Plan Completion & Transition
  - Focus on transition out of Wraparound

**Practice Model of O’YEAH**

**O’YEAH**

- Relationship Formation
  - Person Centered Engagement

- Planning
  - Domain Review
  - Development of a Futures Plan

- Action
  - By Young Adult
  - Transition Specialist ongoing support
  - Community Supports & Services

- Transfer of Learning & Leading
  - Transition to adulthood without assistance
  - Helping others
Futures Plan

• Directed by the young adult
• Includes:
  – Personal vision
  – Strengths & Interests
  – Identified goals and strategies along the Domains that the youth chooses to work on
  – Benchmarks
  – Well Being Plan
  – Written in 1st person
  – Is the personal possession of the young adult
Domain Review

• Across all Domains
  - Living (housing)
  - Working (employment)
  - Learning (school/training)
  - Belonging (friendships)
  - Healing (health)
  - Being Safe

• Ratings
  - High
  - Medium
  - Low
  - None

• Backbone of the with Futures Plan
Transition Summary

• Identifies very specific transition needs

• Identifies specific resources in the community

• Ties in with:
  – the Domains
  – Futures Plan
  – Portfolios
The Main Structure Elements
Tiers of Service

• Tier 1
  – Support through the Resource Center

• Tier 2
  – Assigned a Transition Specialist
  – Support through the Resource Center

• Tier 3
  – Collaboration & Transition to Adult Services
Resource Center

- Computer Laboratories
- A monthly calendar of educational programming
- Peer Specialists
- Move Wisconsin
Peer Specialists

- Training
- Certifying
- Hiring
Move Wisconsin

• Emerged out of Wraparound Youth Council

• Designed as a youth leadership group

• State-wide chapter of Youth Move National

• Organizes the youth voice through work on:
  - stigma reduction... suicide prevention...
  - homelessness... self advocacy
Fidelity

• Training modules on:
  – Transition
  – Engagement Approaches
  – Best Practices

• Satisfaction Survey on:
  – Engagement
  – Planning