

OKLAHOMA HTI PHASES OF WRAPAROUND

1. REFERRAL/SCREENING AND INITIAL ENGAGEMENT: ENGAGEMENT PHASE OF WRAPAROUND

After a referral has been screened by the Referral Team and a recommendation is made for the level of support is most appropriate for that young adult, the Transition staff has 48 hours to contact the young adult (and the referral source) to notify them of the Referral Team's decision. If the decision was Wraparound, the Transition Facilitator will also set up an initial engagement with the young adult. During the initial engagement, the Transition Staff will:

- a) Explain the Transitional program, including the Wraparound process, to the young adult and answer any questions they have about the program.
- b) Explain that Wraparound is a totally voluntary process that is meant to be short and intensive lasting anywhere from 6-9 months.
- c) Have the young adult sign necessary consent forms to obtain relevant prior treatment information or to make necessary referrals.
- d) Create crisis/safety plans if needed, to address immediate crisis or safety concerns.
- e) The young adult and family are linked to community supports and services.
- f) The transition and graduation process is discussed with the young adult and their team members throughout the engagement phase and is ongoing conversation until the formal transition out of Wraparound services occurs.

2. ENROLLMENT PROCESS/INTAKE: ENGAGEMENT PHASE OF WRAPAROUND

After approximately 2-3 meetings (or engagements) with a young adult, the Transition staff helps the young adult to complete enrollment paperwork and baseline assessments, which will help gauge the progress that they have made as they move through the Wraparound process. Additionally, the Transition Facilitator schedules an intake with a licensed clinician through their host agency who can do additional assessments and set up a prior authorization for a treatment plan.

3. ASSESSMENT PROCESS: ENGAGEMENT PHASE OF WRAPAROUND

One of the first steps to prepare for the planning process is to listen to the young adult's story and record their hopes and dreams for the future. This information is utilized in developing a Strengths, Needs, and Cultural Discovery (SNCD) with the young adult. The SNCD is used to identify the long range vision that the young adult has for their future, assess their strengths and needs, and help identify potential informal and formal supports who could serve on their Wrap Team. This document serves as the foundation for all of the future plans that will be developed with the young adult and their Wrap Team later during the process.

4. ESTABLISHING AND MAINTAINING A WRAP TEAM: ENGAGEMENT PHASE OF WRAPAROUND

The Wrap Team includes the young adult and whomever they decide is the most supportive to them. The core Wrap Team includes the young adult, Transition Facilitator, Transition Mentor, and the team members that the young adult has identified to be on the team; the young adult may have informal or formal supports on this team and the membership may change when the young adult feels a change needs to take place. Identifying a variety of informal and formal supports to be on the Wrap Team ensures that the hopes and dreams of the young adult are incorporated and that linkage to a broad array of appropriate resources and supports are identified and accessible.

5. DEVELOPMENT OF A WRAP PLAN: PLANNING PHASE OF WRAPAROUND

Once the Wrap Team members are identified and have been engaged, the team meets to develop an Initial Wrap Plan. The Wrap planning process is used to help engage young adults in their future planning, provide them with developmentally-appropriate, culturally competent services and supports, and involve them and their team to move the young adult toward greater self-sufficiency and personal success. Wrap Plans are created to address the relevant life areas and unique needs of each young adult. The Transition Facilitator and Transition Mentor facilitate the process of bringing the young adult's Wrap team together for the purpose of developing a comprehensive, individualized, strength-based, culturally competent Wrap Plan. The Wrap Plan includes measurable goals, objectives, and corresponding support strategies. The support strategies are strengths-based, creative, flexible, and incorporate a blend of formal and informal community supports. Linkages to system partners representing unique circumstances; i.e., OJA, DHA, APS, etc. are coordinated as necessary. Wrap Plans are focused on moving the young adult toward independence and recovery with special attention paid to the following: Education, Employment, Housing, Health Insurance, Mental and Physical Health, and Daily Living Skills. The objective of the Wrap Team is to keep the young adult in their home, school, and community or in a least restrictive environment. Strong emphasis is placed on services and supports being easily accessible and provided in the young adult's local community whenever possible.

6. SERVICE/SUPPORT PLAN IMPLEMENTATION: IMPLEMENTATION PHASE OF WRAPAROUND

The Transition staff has regular contact with the young adult to assure that their needs are being met. The Transition staff monitors all system partner plans and support services (with the young adult's consent) to assure that they are consistent with the young adult's identified needs and goals and delivered in a timely manner.

Wrap Plans are updated and reviewed at every Wrap meeting. Over time, Transition staff work with the Wrap Team to replace formal service interventions, when appropriate, with creative informal natural supports that meet the same needs for the young adult.

The following is a listing, not necessarily exhaustive, of the services to which a youth or young adult with a serious emotional disturbance or serious mental illness may be referred: case

management, community-based in-patient psychiatric care, counseling (individual, group, and family), education services, health services, legal services, protection and advocacy, respite care, self-help or support groups, transportation, tutoring, the Wellness Center, and/or vocational counseling

7. TRANSITION AND GRADUATION: TRANSITION PHASE OF WRAPAROUND

When the young adult meets their identified goals and are ready to move on, the Transition staff assures that they have a final transition plan and crisis/safety plan in place should anything happen after they discharge. Follow-up by Transition staff occurs at least monthly for a minimum of 3 months after graduation to ensure that everything is going well and that the plans that were put into place at transition are working.

8. DISENROLLMENT

At any time, the youth or young adult may choose to leave the Oklahoma Healthy Transitions Initiative. Regardless of the reasons for disenrollment, Transition staff are available to the young adult and family for information and referral following disenrollment.