# Parent-Professional Collaboration Content in Professional Education Programs: A Research Report

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# TABLE OF CONTENTS

SECT	ON I: MEDICINE	4
A.	Courses and Programs	5
В.	Articles, Chapters and Research Reports	6
SECT	ON II: SOCIAL WORK	8
A.	Courses and Programs	9
В.	Articles, Chapters and Research Reports	13
SECT	ON III: Nursing	15
A.	Courses and Programs	16
В.	Articles, Chapters and Research Reports	17
SECT	ON IV: PSYCHOLOGY	18
A.	Courses and Programs	19
В.	Articles, Chapters and Research Reports	21
SECT	ON V: SPECIAL EDUCATION	23
A.	Courses and Programs	24
В.	Articles, Chapters and Research Reports	34

# TABLE OF TABLES

TABLE 1	Responses Regarding the Presence or
TABLE 2	Responses to Requests of Faculty

# PARENT-PROFESSIONAL COLLABORATION CONTENT IN PROFESSIONAL EDUCATION PROGRAMS: A RESEARCH REPORT

The materials described in this report were gathered as part of a study of professional training curricula in schools of social work, psychiatric nursing, clinical psychology, special education, and child psychiatry throughout the United States. The purpose of the project was to locate innovative course curricula and other materials designed to promote parent-professional partnerships on behalf of children with disabilities, and specifically on behalf of children who have serious emotional disorders.

In 1986-87 Phase I of the study was initiated with a one-item questionnaire sent to the dean of every graduate school of social work, special education, psychiatric nursing, clinical psychology and child psychiatry in the United States (937 programs). The deans were asked to check whether their program did or did not offer education to current or future professionals designed to improve their ability to work as partners with parents of children with disabilities, and in particular, with the parents of children who have serious emotional disorders. If their program did include such a focus, they were asked to provide us with the names of faculty members who would be most familiar with the curriculum addressing parent-professional collaboration.

The return rate for Phase I with one follow-up was 45 percent (423/937 programs). Of those deans who returned questionnaires, 53.2 percent (225/423) indicated that they did have curriculum in the area of parent/professional collaboration. The breakdown of responses by type of profession are contained in Table 1.

Table 1
Responses Regarding the Presence or Absence of Curriculum
Dealing with Parent-Professional Collaboration
by Type of Program

### Curriculum Addresses Collaboration?

Type of Graduate Program	YES	NO	NO RESPONSE	TOTAL	PERCENT POSITIVE	OVERALL RESPONSE RATE
Social Work	26	24	39	89	43.3	56%
Special Education	149	78	241	468	65.6	49%
Psychiatric Nursing	10	14	22	46	41.7	52%
Clinical Psychology	24	60	123	207	28.6	41%
Child Psychiatry	16	22	89	127	42.1	30%
			-		<del></del>	
TOTAL	225	198	514	937	53.2	45%

More than half of the deans who responded reported that their programs contained curriculum designed to promote parent-professional collaboration. This positive response was distributed unevenly across professional schools, however, with deans of special education programs being most likely (65.6 percent of those responding) to report that they included parent-professional collaboration in their programs. Deans of clinical psychology programs were the least likely (28.6 percent) to indicate that they trained current or future professionals to work with parents as partners.

The respondents provided the names of 325 faculty members who were most likely to be familiar with the curriculum related to parent-professional collaboration. In Phase II we wrote to faculty members asking for curriculum materials as well as published work related to parent-professional collaboration. After a follow-up letter, we received responses from a total of 71 faculty members, 59 of whom sent written materials. These responses are displayed by profession in Table 2.

Table 2
Responses to Requests of Faculty Members
for Parent-Professional Curriculum Materials
by Type of Program

#### Returned Written Course Materials?

Type of Graduate Program	YES	NO	NO RESPONSE	TOTAL LETTERS SENT	OVERALL RESPONSE RATE
Social Work	6	1	29	36	16.3
Special Education	43	5	174	222	21.6
Psychiatric Nursing	3	0	11	14	21.4
Clinical Psychology	4	2	28	34	17.6
Child Psychiatry	3	4	12	19	36.8
	_		******		_
TOTAL	59	12	254	325	21.8

Because Public Law 101-476, the Individuals with Disabilities Education Act (IDEA), requires parental involvement in the process of providing special education services, and most specifically in the development of an Individualized Educational Plan (IEP), most university programs in education and special education offer some course-work and/or other programming to help prospective teachers prepare to work collaboratively with parents and other family members. The effect of the requirements of Public Law 101-476 are evident in the responses to our requests for materials. In fact, we located two specialized programs, one a grant-funded program at San Diego State University, and the other a permanent Center for Parent-Professional Teamwork at the University of Cincinnati. These programs are presented at the beginning of Section V, Special Education.

A review of the materials received and letters from respondents suggest that many of the faculty members who sent materials did not themselves believe that the materials they submitted were directly responsive to our request. In fact, except for the field of special education, very few programs in professional schools appear to explicitly include curriculum related to developing partnerships with parents of children who have emotional or other disabilities.

The remainder of this report contains descriptions of programs, individual courses, or - in some cases - published material furnished by the authors. It is divided into sections by profession. In addition to a description of materials, we have provided the names and addresses of respondents so that interested persons may contact them directly about their programs. Some respondents also sent copies of articles related to the general area of working with family members as partners; the citations are included at the end of each section.

Materials were included in this report if they involved an approach to parent-professional relationships that include parents or other family members as partners and not primarily as the targets for change. Many of the courses or programs also involved family members as instructors, mutual learners, consultants, or in other roles. Because many of the special education course outlines received followed a similar format, and often used the same textbooks, we have included only a sample of the 43 course outlines received. We have made an attempt to present a variety of approaches to organizing and presenting concepts related to parent-professional partnerships. Thanks to all those who sent materials for our consideration. A complete list of respondents is included in the appendix.

Some respondents sent course descriptions that, although they had a "family-friendly" tone, did not explicitly address parent-professional partnerships, and as such, would not serve as models for others wishing to develop curriculum in this area. We suspect that much training about working with families as partners occurs in lectures and class discussion, as it is not clearly reflected in course outlines. In fact, some respondents suggested that this was the case.

We hope that this material will be useful to those currently preparing future professionals to work with families whose children have serious emotional disorders or other disabling conditions, and especially to those interested in adding an emphasis on parent and professional partnerships to their courses or programs.

## **SECTION 1**

## **MEDICINE**

- A. Courses and Programs
- B. Articles, Chapters and Research Reports

### A. COURSES AND PROGRAMS

Name of Course/Program:	Counseling Skills for Residents		
Level:	Graduate		
Discipline:	Medicine (Pediatric/Family Practice)		
Institution:	University of Nebraska Medical Center		
Instructor:	Gregg Wright, M.D.		
Address:	C. Louis Meyer Children's Rehabilitation Institute University of Nebraska Medical Center 444 South 44th Street Omaha, NE 68131-3795		
Telephone:	(402) 559-5388		
Parents Involved In Program?	Yes		
Course Outline Available?	Yes		
Program Description:			

This program involves parents in a role play with residents discussing the presentation of news about the developmental disability of the parents' child. The role play is taped and re-played for the resident with the family and physician preceptor offering tips on improving communication. The program occurs during one morning during the monthly Pediatric/Family Practice residency rotation.

The program is a collaborative effort involving the University of Nebraska Medical Center, the Nebraska Department of Health and the Pilot Parents program of the Greater Omaha Association for Retarded Citizens.

### B. ARTICLES, CHAPTERS AND RESEARCH REPORTS

Contributor:

Discipline:

Institution:

Resource:

551.

Address:	Payne Whitney Clinic 1300 York Avenue New York, NY 10021					
Telephone:	(212) 472-5454					
Resources:						
Greenberg, L., Fine, A.B., Cohen, C., Larson, K., Michaelson-Baily, A., Rubinton, P., & Glick, I.D. (1988). An interdisciplinary psychoeducation program for schizophrenic patients and the families in an acute care setting. <i>Hospital and Community Psychiatry</i> , 39(3), 277-282.						
Greenberg, L., DeChillo, N., Miller, F., Cohen, C., Haiman, S., & Nininger, J. (no date). A controlled investigation of a family psychoeducation workshop on schizophrenia. NY: Cornell University Medical College.						
Contributor:	Fred Frankel					
Discipline:	Medicine					
Institution:	University of California at Los Angeles					
Address:	Department of Psychiatry UCLA Neuropsychiatric Institute Center for the Health Sciences 760 Westwood Plaza Los Angeles, CA 90024					
Telephone:	(213) 794-1195					

Linda Greenberg

Cornell Medical College

Medicine

Frankel, F. & Simmons, J.Q. (1985). Behavioral treatment approaches to pathological unsocialized physical aggression in young children. *Journal of Child Psychology & Psychiatry*, 26(4), 525-

Contributor: Eric Schopler

Discipline: Medicine

Institution: University of North Carolina

at Chapel Hill

Address: Division of TEACCH

School of Medicine 310 Medical School Wing E, 222H

Chapel Hill, NC 27514

Telephone: (919) 966-2173

Resources:

Schopler, E., Mesibov, G.B., Shigley, R.H. & Bashford, A. (1984). Helping autistic children through their parents: the TEACCH model. In E. Schopler & G. Mesibov (Eds.) *The effects of autism on the family* (pp. 65-81). NY: Plenum Publishing.

Schopler, E. & Runck, B. (1979). Basic training for parents of psychotic children. Families Today, NIMH Science Monographs, DHEU Publication No. (ADM) 79-815, 767-809.

Contributor: Eric Trupin, Ph.D.

Discipline: Medicine

Institution: University of Washington

Address: Division of Community Psychiatry

University of Washington RP-10

Seattle, WA 98195

Telephone: (206) 543-1060

Resource:

Tarico, V., Low, B., Trupin, E. & Forsyth-Stephens, A. (no date). CASSP system analysis: The parent perspective. Seattle, WA: University of Washington Division of Community Psychiatry.

# **SECTION II**

### **SOCIAL WORK**

- A. Courses and Programs
- B. Articles, Chapters and Research Reports

### A. COURSES AND PROGRAMS

Social Work with Children Name of Course/Program: and Families

Level: Graduate

Social Work Discipline:

Institution: University of Kansas

School of Social Welfare

Instructor: Richard Donner, M.S.W.

Address: School of Social Welfare

Twente Hall

University of Kansas

Lawrence, KS 66045-2510

Telephone: (913) 864-4720

Parents Involved In Program? Yes

Yes Course Outline Available?

Program Description:

This course is designed to study a variety of child welfare programs and services, and focuses on social policy, legislation and program designs for work with children and families. Although the course does not have the specific stated purpose of promoting parent-professional relationships, parents are included as presenters in at least two class sessions. The instructor also includes content related to parent-professional collaboration in class lectures.

Issues in Social Work: Foster Family Care

Level:

Graduate

Discipline:

Social Work

Institution:

University of Wisconsin - Madison

Instructor:

Rosemary Carbino

Address:

School of Social Work

University of Wisconsin - Madison

425 Henry Mall Madison, WI 53706

Telephone:

(608) 263-3675

Parents Involved In Program?

Yes

Course Outline Available?

Yes

Program Description:

The objectives of this course are to: Assist the student in developing an understanding of social welfare issues in foster care by: (1) analyzing national and local issues; (2) reviewing relevant research; and (3) learning the day-to-day realities for foster care system participants.

Although the stated purpose of this course does not explicitly address parent-professional partnerships, it is included because the instructor includes biological and foster parents as class participants and instructors. The course includes in-class presentations, and also a videotape discussion with biological parents. Topics addressed in a module on "Natural Families," include: (1) parent views and experiences of foster care; (2) roles for parents of foster children; and (3) the effects of foster care on the natural family.

Working with Parents:
Utilizing the Theories and

Skills of Parenting

Level:

Graduate

Discipline:

Social Work

Institution:

George Warren Brown School of

Social Work

Washington University in St. Louis

Instructor:

Arlene Stiffman

Address:

George Warren Brown School of

Social Work

Washington University Campus Box 1196 One Brookings Drive St. Louis, MO 63130

Telephone:

(314) 889-6685

Parents Involved In Program?

No

Course Outline Available?

Yes

Program Description:

The stated purpose of this course is to help social workers learn how to enhance parents' childrearing practices. Although it does not have an explicit focus on parent-professional collaboration, the skills taught in the course appear to be based on a foundation of family-centered (start with the needs of the family) practice. In addition, the instructor provides a number of recommended readings that address topics such as the parents' view of the service system, helping parents to become organized in mutual aid and advocacy groups, and related topics.

Social Work Practice with Children

Level:

Graduate

Discipline:

Social Work

Institution:

University of Denver

Instructor:

William Bane

Address:

University of Denver

Graduate School of Social Work

University Park

Denver, CO 80208-0274

Telephone:

(402) 559-5388

Parents Involved In Program?

Yes

Course Outline Available?

Yes

Program Description:

This course is one of a three-course sequence dealing with children, youth, and families. The instructor states, "as a part of each of the three courses presently being taught . . . we place a great deal of emphasis on the essential role of families and discussion of such issues as family-based services, development of parent and family support groups, and working with families as allies."

This course most clearly reflects an emphasis on parent/professional partnerships, as it includes a module entitled, "Families as Allies", and provides readings related to the topic.

### **B. ARTICLES, CHAPTERS AND RESEARCH REPORTS**

Contributor: Carolyn Thomas, Ph.D.

Discipline: Social Work

Institution: Boston College

Address: Graduate School of Social Work

Boston College

Chestnut Hill, MA 02167

Telephone: (617) 552-4020

Resource:

Thomas, C.B. & Staver, N. (1986). Tandem treatment: A model for work with parents of troubled children. Child and Adolescent Social Work, 3(4), 222-234.

Contributor: Betty Welsh, Professor Emeritus

Discipline: Social Work

Institution: Wayne State University

Address: 4 Ashby Lane

Dearborn, MI 48120

Telephone: (313) 577-4409

Resources:

Allen-Meares, P. & Welsh, B.L. (1987). Social work services in schools. Englewood Cliffs, NJ: Prentice-Hall.

Welsh, B.L. (1987). The individualized family plan: Bridge between the school and the family. Social Work in Education, 1(4), 230-239.

Welsh, B.L. and Goldberg, G. (1979). Insuring educational success for children-at-risk place in new learning environments. School Social Work Quarterly, 1(4).

Welsh, B.L. (1984). Preparation programs for school practice. Social Work in Education, 6(4), 279-284.

Contributor:

Anthony N. Maluccio

Discipline:

Social Work

Institution:

University of Connecticut

Address:

University of Connecticut School of Social Work 1798 Asylum Avenue W. Hartford, CT 06117

Telephone:

(203) 241-4737

Resources:

Maluccio, A.N. (Ed.) (1986). Promoting Competence in Clients. Riverside, NJ: The Free Press.

Maluccio, A.N. (1984). Permanency planning: Implications for practice with natural parents. *Adoption & Fostering*, 8(4), 15-20.

# **SECTION III**

# **NURSING**

- A. Courses and Programs
- B. Articles, Chapters and Research Reports

### A. COURSES AND PROGRAMS

Name Of Course/Program: Parent-Child Health Nursing

Level: Graduate

Discipline: Nursing

Institution: College of Nursing and Health

Instructor: Charlotte M. Spicher, R.N., Ph.D.

Address: College of Nursing and Health

University of Cincinnati Cincinnati, OH 45221

Telephone: (513) 872-5501

Parents Involved In Program? Unknown

Course Outline Available? Yes

Program Description:

This program is designed to train nurses to work with children and families. It consists of 18 courses and clinical experience. Dr. Spicher writes, "I have included all the course outlines for our program. It may be difficult to determine the extent of our philosophy regarding nurse/parent collaboration but, I assure you, that is the guiding principle for parent child health nursing here at the college."

### **B. ARTICLES, CHAPTERS AND RESEARCH REPORTS**

Contributor:

Malia S. Johnson, Ed.D.

Discipline:

Nursing

Institution:

University of Texas at Austin

Address:

School of Nursing

University of Texas at Austin

1700 Red River

Austin, TX 78701-1499

Telephone:

(512) 471-7311

Resources:

Bramadat, I.V. & Melvin, C.L. (1987). Habilitation: Application of a concept. Clinical Nurse Specialist, 1(2), 76-79.

Johnson, M.S. (1988). Mental illness: A family member's perspective. Impact, 17(4), 10.

# **SECTION IV**

## **PSYCHOLOGY**

- A. Courses and Programs
- B. Articles, Chapters and Research Reports

#### A. COURSES AND PROGRAMS

Name Of Course/Program:

Clinical Psychology D: Related articles

Level:

Graduate

Discipline:

Psychology

Institution:

Graduate School of Psychology Fuller Theological Seminar

Instructor:

Paul Clement

Address:

Fuller Theological Seminary

Pasadena, CA 91101

Telephone:

(818) 584-5505

Parents Involved In Program?

Yes

Course Outline Available?

Yes

Program Description:

This author provides a course outline and three related articles. Dr. Clement presents an approach to child therapy that involves peers and parents as therapists. The training method involves professional psychologists and parents as mutual learners, and the role of the psychologist more closely resembles that of coach or educator than that of therapist.

### Resources:

Clement, P.W. (1973). Children as behavior therapists. In A.M. Mitchell & C.D. Johnson (Eds.), Therapeutic Techniques: Working Models for the Helping Professional. Fullerton, CA: Personnel & Guidance Assoc.

Clement, P.W. (1971). Please, Mother, I'd rather you did it yourself: Training parents to treat their own children. *Journal of School Health*, XLI(2), 65-69.

Filial Therapy

Level:

Continuing Education

Discipline:

**Psychology** 

Institution:

Pennsylvania State University

Instructor:

Louise F. Guerney, Ph.D.

Address:

Department of Individual and Family Studies

College of Human Development

Catharine Beecher House Pennsylvania State University University Park, PA 16802

Telephone:

(814) 865-1751

Parents Involved in Program?

Yes

Course Outline Available?

No

Program Description:

In her articles, the author describes an approach to the treatment of children who have emotional disorders that involves parents as therapists for their children. The role of the professional psychologist is that of consultant, guide and supervisor. Goals of this approach include: (1) enhancement of the parent-child relationship; (2) reduction of child symptoms; (3) increasing child competence and confidence; and (4) improvement of the quality of the parents' child-rearing skills.

This model is based on the belief that the exclusion of parents from service delivery tends to develop defensiveness and resistance on the part of parents, and acknowledges the potential positive impact of parents on their troubled children, given that they are provided with necessary skills.

#### Resources:

- Guerney, B. (1964). Filial therapy: Description and rationale. *Journal of Consulting Psychology*, 28(4), 304-310.
- Guerney, L.F. (1983). Introduction to filial therapy: Training parents as therapists. In P.A. Keller & L.G. Ritt (Eds.) *Innovations in Clinical Practice: A Source Book, Vol.* 2. Sarasota, FL: Professional Resource Exchange, Inc.
- Guerney, L. (1978). Training and evaluation of students as consultants in an adult-child relationship enhancement program. *Professional Psychology*, May, 193-197.
- Guerney, L.F. (1976). Filial therapy program. In D.H. Olson (Ed.) *Treating Relationships*. Lake Mills, Iowa: Graphic Publishing Co., pp. 67-91

### **B. ARTICLES, CHAPTERS AND RESEARCH REPORTS**

Contributor: Luciano L'Abate

Discipline: Psychology

Institution: Georgia State University

Address: Department of Psychology

University Plaza Atlanta, GA 30303

Telephone: (404) 658-2456

Resource:

L'Abate, L. & Weinstein, S.E. (1986). Structured enrichment programs for couples and families. NY: Brunner/Mazel.

Contributor: Juanita N. Baker, Ph.D.

Discipline: Psychology

Institution: Florida Institute of Technology

Address: Therapeutic Foster Home Program
Florida Institute of Technology

Melbourne, FL 32901

Telephone: (305) 768-8142

Resource:

Baker, J.N. (August 1987). Therapeutic foster parent: Professional or emotionally involved parent? Workshop presentation at 1st North American on Treatment Foster Care, Minneapolis, MN.

Contributor:

Sheila M. Eyberg

Discipline:

**Psychology** 

Institution:

University of Florida

Address:

Department of Clinical and Health Psychology

University of Florida Gainesville, FL 32611

Telephone:

(904) 392-4551

Resource:

Eyberg, S. & Robinson, E.A. (1982). Parent-child interaction training: Effects on family functioning. *Journal of Clinical Child Psychology*, 11(2), 130-137.

## **SECTION V**

### **SPECIAL EDUCATION**

- A. Courses and Programs
- B. Articles, Chapters and Research Reports

#### A. COURSES AND PROGRAMS

Name Of Course/Program: Center for Parent/Professional Teamwork

Level: Undergraduate and Graduate

Discipline: Special Education

Institution: University Cincinnati

Instructor: Norman E. Bissell, Ed.D., Director

Address: College of Education

Department of Early Childhood and Special

Education

330 Teachers College

Cincinnati, OH 45221-0002

Telephone: (513) 475-4542

Parents Involved In Program: Yes

Course Outline Available? Program Description:

Yes, and other supporting materials

The Center for Parent-Professional Teamwork was established at the University of Cincinnati in 1980 to provide a linkage between the real world of special families and students who are preparing in education and other human services. By providing a point of contact for university students and special families, the Center seeks to ensure that graduates in education and other helping professions can experience some positive interactions with families during their training and develop confidence in their ability to build relationships and empathize with them in their future professional roles (Bissell, 1986).

A course involving both parents and professionals is entitled, "Counseling Parents of Exceptional Children." Parent counseling (as used in this course) is defined as helping parents through meaningful and productive communication. The term is conceptualized in its broadest sense, encompassing parent education, parent training, parent conferences, and parent collaboration.

The philosophy underlying this course does not support the inference that all professionals who work with parents should become psychotherapists, but it does strongly support an obligation for those (parents and professionals) who interact on behalf of exceptional persons to make these interactions as educative, rewarding, empathic, supportive and constructive as possible (instructor course description adapted).

#### Resource:

Bissell, N. (1986). Establishing relationships with parents: A university's response. Paper presented at the Young Adult Institute National Conference, April 30-May 2, 1986, New York, NY.

Parents and Professionals Advocating Collaborative

Training (PPACT)

Level:

Undergraduate and Graduate

Discipline:

Special Education

Institution:

San Diego State University

Instructor:

Patricia Thomas Cegelka,

**Project Director** 

Address:

Project PPACT

Department of Special Education San Diego State University San Diego, CA 92182-0144

Telephone:

(619) 265-6665

Parents Involved In Program?

Yes

Course Outline Available?

Yes, and other related materials

Program Description:

Project PPACT was developed in response to a California goal to provide collaboration training for leadership level parents and professionals in special education and related services. Funded by the Office of Special Education and Rehabilitation Services, U.S. Department of Education, this related services personnel preparation project has designed and implemented a program leading to the new Collaboration Specialist Certificate in California. The project prepares parents and professionals from the full range of agencies that provide services to children and youth with disabilities.

This projects empowers parents and professionals to collaborate with each other and across agencies to improve service delivery for children and youth with disabilities. The program curriculum was developed by parents and professionals, and prepares (parent and professional) collaboration specialists to assume a variety of leadership roles. The competency-based curriculum has four components: (1) family and professional collaboration; (2) service delivery collaboration; (3) leadership, management and networking collaboration; and (4) agency and community field work.

Counseling Parents of Exceptional Students

Level:

Undergraduate

Discipline:

Special Education

Institution:

Special Education Department Alabama A & M University

Instructor:

Bess Hayden Parks, Ph.D.

Address:

P.O. Box 580

Normal, AL 35762

Telephone:

(205) 859-7368

Parents Involved In Program?

No

Course Outline Available?

Yes

### Program Description:

This course has an explicit focus on promoting teacher-parent cooperation. Students learn to develop a rationale for parent-teacher interaction, learn about parents' reactions to having a child with a disability, the effects of a child's disability on the family unit, and about the concerns and needs of parents from their perspective. Other topics include parents' rights, roles that parents can play in educational settings, parents groups and organizations, and working with parents as an advocate.

#### Resources:

Parks, B.H. (1979). Parent-teacher interaction: A mutually supporting relationship. Unpublished paper.

Parent-Teacher Team in Special Early

Childhood Settings

Level:

Undergraduate

Discipline:

Special Education

Institution:

Bemidji State University

Instructor:

David B. Benson, Ph.D.

Address:

Division of Professional and Applied

**Studies** 

Department of Professional Education

Program in Special Education Bemidji State University Bemidji, MN 56601

Telephone:

(218) 755-3781

Parents Involved In Program?

Yes

Course Outline Available?

Yes

Program Description:

This course is designed to emphasize cooperative and coordinated educational programming with parents and teachers. The course outline describes a number of outcomes in the areas of knowledge, understanding and skills related to working collaboratively with parents of young children. Assignments include interviewing a parent of a child with a disability, and reaction papers on readings addressing parent-professional collaboration. Methods of instruction include a parent panel. Two required texts deal directly with the topic of parent-professional relationships. See below.

#### Resources:

Berger, E.H. (1987). Parents as partners in education. Columbus, OH: Merrill Publishing Co.

Turnbull, H.R. & Turnbull, A.P. (1986). Parents speak out: Then and now. Columbus, OH: Merrill Publishing Co.

Family Systems and Services for Young Disabled Children

Level:

Graduate

Discipline:

Special Education

Institution:

San Francisco State University

Instructor:

Ann Halvorsen, Ph.D.

Address:

Department of Special Education San Francisco State University San Francisco, CA 94132

Telephone:

(415) 469-1161

Parents Involved In Program?

Yes

Course Outline Available?

Yes

### Program Description:

This course is designed to provide students with the skills required to work effectively with the parents/care providers of young students with disabilities and with the network of service providers and community agencies that interact with the students and their families. The course focuses on: history and models of parent involvement, including evaluation of past and current models, utilization of parent interview techniques and formats in assessment, prioritizing curricula for students and the individualized education plan (IEP) process; understanding the coping process, development of communication and negotiation skills, and working with educational and developmental service systems. There will be an emphasis on methods of providing support, cooperative school-family relationships, assessing family systems, and developing collaborative intervention programs. The assigned readings cover a wide spectrum of issues and topics related to understanding of and intervention with the family with a child with a disability. (Instructor abstract adapted).

This course uses two required texts that specifically address parent-professional relationships:

#### Resources:

Schulz, J.B. (1987). Parents and professionals in special education. Boston, MA: Allyn & Bacon, Inc.

Turnbull, H.R. & Turnbull, A.P. (1986). Parents speak out: Then and now. Columbus, OH: Merrill Publishing Co.

Name Of Course/Program: Practicum in Special Education

Level: Graduate

Discipline: Special Education

Institution: California State University,

San Bernardino

Instructor: Thomas Wojciehowski

Address: Lucy E. Siegrist School

15922 Willow Street Hesperia, CA 92345

Telephone: (619) 244-6131

Parents Involved In Program? Yes

Course Outline Available? Yes

Program Description:

Students gain the following skills: working with parents, counseling students, and using community resources to develop comprehensive school/day programming for individuals with developmental disabilities. Development of assessment and curricular materials based on local environments and matched for present and future needs will be stressed. Weekly seminars are required.

Name Of Course/Program: Families of Hearing-Impaired Children

Level: Graduate

Discipline: Special Education

Institution: Gallaudet University

Instructor: Barbara Bodner-Johnson, Ph.D.

Address: Special Education

Department of Education Gallaudet University Washington, D.C. 20002

Telephone: (202) 651-5530 (Voice or TDD)

Parents Involved In Program? Yes

Course Outline Available? Yes

Program Description:

The family is the child's most significant resource and a pervasive influence on his or her behavior. Families nurture and sustain the young child's development and learning and, further support each family member throughout their lifetimes. Parent distress, impact on the family system of the diagnosis of hearing impairment, as well as the sensory deprivation are all major influences on the development of a child with a hearing impairment. Family support and educational programming for 0-3 year old children with deafness is mandated or partially mandated in nearly a dozen states and permitted in 23 states. Research with school-age children with hearing impairments has shown certain family characteristics and behaviors to be important for the child's successful achievement. Throughout the child's school life, parental involvement in the academic program results in higher school achievement for the child.

This course content has been designed as a response to these developments. The goal is for professionals and families to work together to provide family contexts capable of supporting optimal development in the child with a hearing impairment. (Instructor abstract adapted).

Working with Families of Children and

Youth with Handicaps

Level:

Graduate

Discipline:

Special Education

Institution:

Indiana University

Instructor:

Susan Shuster

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Institute for the Study of **Developmental Disabilities** 2853 East Tenth St.

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Telephone:

(812) 335-6508

Parents Involved In Program?

Yes

Course Outline Available?

Yes

Program Description:

This course has as its objectives:

- to enhance students' knowledge about the family of handicapped persons from a systems perspective;
- to enhance students' ability to foster positive and successful interactions with families;
- to foster students' appreciation for parents' observations, reports, opinions, and decisions;
- to enhance students' ability to assess family needs;
- to enhance students' ability to design family support programs; and
- to enhance students' ability to advocate for children and youth with handicaps and their families.

This course uses the following required texts:

- Gallagher, J.J. & Vietze, P.M. (1986). Families of handicapped persons: Research, programs, and policy issues. Baltimore, MD: Brookes.
- Schleifer, M., & Klein, S. (1985). The disabled child and the family: An exceptional parent reader. Boston: The Exceptional Parent Press.
- In addition to the course materials, Dr. Shuster also provided copies of the following relevant materials:
- The IEP in Indiana: A Manual for Parents. (1988). Bloomington, IN: Institute for the Study of Developmental Disabilities, Indiana University.
- Shuster, S.K., Groman, C., and Shelton, G. (1982). Special families and professionals: Establishing relationships. The Indiana Home Teaching System, 2nd edition. Bloomington, IN: Indiana University Developmental Training Center.

Collaborative Programming

in Special Education

Level:

Graduate

Discipline:

Special Education

Institution:

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Instructor:

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Parents Involved In Program?

Yes

Course Outline Available?

Yes

Program Description:

This course focuses on the collaboration of special educators, related services personnel, and parents and families in planning and implementing special education programs. Students explore techniques for facilitating interdisciplinary communication and cooperation, procedures for working effectively with parents, siblings, and paraprofessionals, and methods for promoting the exchange of information among disciplines.

Name Of Course/Program:

Special Education Programming/Parent

Involvement

Level:

Graduate

Discipline:

Special Education

Institution:

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Instructor:

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Parents Involved In Program?

Yes

Course Outline Available?

Yes

Program Description:

This course is offered as a part of the Special Education Consulting Project, which is a 3 year funded program designed to prepare special educators to become consultants to regular classroom teachers and parents. The basis of the program is that learning is enhanced when all the adults in the learner's environment work together, thereby making parents a part of the team.

Specific objectives for the course are that students will:

- understand the perspective of the parents of handicapped children;
- consider their own feelings about handicapped children and analyze their current practices of involving parents in classrooms;
- practice communication and conferencing skills;
- develop strategies for involving parents at different levels.

Several major projects are required in the parent involvement class. In the parent diary project students receive a photo of a child with a disability. They do not get to choose the age or disability. They are required to make this child part of their own everyday life and record their feelings and problems in a diary. They are the parent of this child for the entire semester and use the problems and feelings they have encountered when making this time consuming child part of their life when practicing communication skills. This assignment requires teachers to look at everyday experiences with "new" eyes, to change places with the parents of the children they teach, and develop empathy for the parent's situation.

The text for this course is:

Ehly, S.W., Conoley, J.C., and Rosenthal, D. (1985). Working with Parents of Exceptional Children. St. Louis: Times Mirror/Mosby College Publishing.

# **B. ARTICLES, CHAPTERS AND RESEARCH REPORTS**

Contributor:	Sheila K. Hollander, Ph.D.		
Discipline:	Education		
Institution:	Adelphi University		
Address:	Program for Teaching Special Needs Population Special Education Institute for Teaching and Education Studies Garden City, Long Island, NY 11530		
Telephone:	(516) 294-8700		
Resource:			
	c profiles to communicate test results to parents of :: A Journal for Remedial Education and Counseling, 2, 268-		
Contributor:	James R. Bitter		
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Institution:	California State University at Fullerton		
Address:	Department of Counseling California State University at Fullerton EC-105 Fullerton, CA 92634		
Telephone:	(714) 773-2874		
Resource:			
Williams, A.L. & Bitter, J.R. (1984). speech therapy. Communique Fall	A sociopsychological approach to parent involvement in 1, 1-6.		

Susan R. Polirstok

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Resource:

Hurwitz, B. & Polirstok, S.R. (1985). Collaborative models for training parents of the handicapped. *Techniques: A Journal for Remedial Education and Counseling*, 1, 311-319.

Contributor:

George Morrison

Discipline:

Education

Institution:

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Florida International University

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Resources:

Morrison, G. (1987). Early Childhood Education Today, 4th Edition. Columbus, OH. Merrill Publishing Company.

Morrison, G. (1988). Education and Development of Infants, Toddlers, and Pre-schoolers. Glenview, IL: Scott, Foresman & Co.

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Resources:

Davis, S.T. & Hathaway, D.J. (1987). Preparing for your child's assessment: A guide for the preschool parent. *Exceptional Parent*, 17(4), 36-40.

Hathaway, D.J. & Davis, S.T. (1987). Tips for testing tots. Academic Therapy, 22(4), 399-404.

Contributor:

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Discipline:

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Resources:

Price, B.J. & Marsh, G.E. (1985). Practical suggestions for planning and conducting parent conferences. *Teaching Exceptional Children*, 17(4), 274-278.

Marion, R.L. (1980). Communicating with parents of culturally diverse exceptional children. *Exceptional Children*, 46(8), 616-623.

Martha Ellen Wynne

Discipline:

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Resource:

Ehly, S.W., Conoley, J.C. & Rosenthal, D. (1985). Working with parents of exceptional children. St. Louis: Times Mirror/Mosby College Publishing.

Contributor:

Evelyn Lynch

Discipline:

Education

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Resource:

Lynch, E.C., Widley, R.R. & DiCola, J.M. (1986). Clay County coordinated preschool program: A rural interagency approach to individualizing decision-making for families with young children with handicaps. In J. Hurth, E. Lynch, & J. Olson (Eds.) *Individualizing for Families*. Monograph 4, (37-49): Moscow, ID: University of Idaho.

Kent Gerlach

Discipline:

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Pacific Lutheran University

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**School of Education** 

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Resource:

Gerlach, K. (1991). Working with parents of special needs children. Seattle, WA: Pacific Training Associates, 5461 Lake Washington Blvd. South, Seattle, WA, 98118, (206) 723-1110.

Contributor:

Scott Sparks

Discipline:

Education

Institution:

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Resource:

Sparks, S., et al (1986). Family educator rural curriculum. Athens, OH: Ohio University.

Nancy J. Eiss

Discipline:

Education

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Resources:

McPhail, J.M. & Eiss, N.J. (1984). Interpersonal communication and professional consultation skills: A training model. Radford, VA: Radford University Foundation.

McPhail, J.M. & Eiss, N.J. (1986). The management of conflict and controversy: A training manual. Radford, VA: Radford University Foundation.

Contributor:

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Resources:

Shea, T. & Bauer, A.M. (1991). Parents and teachers of children with exceptionalities: A handbook for collaboration. New York: Allyn and Bacon

Bauer, A.M. & Shea, T.M. (1987). An integrative perspective on adaptation to the birth or diagnosis of an exceptional child. Social Work in Education, 9(4), 240-252.

Bauer, A.M. & Shea, T.M. (1985). Parent involvement: The developmental capital of special education. *Techniques: A Journal for Remedial Education and Counseling*, 1, 239-244.

Shea, T.M. & Bauer, A.M. (1985). Parents and teachers of exceptional students: A handbook for involvement. New York: Allyn and Bacon.

Donna Tynan, Ph.D.

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Resource:

Tynan, D.D. & Fritsch, R.E. (1987). Stress associated with handicapped children: Guidelines for family management. Submitted to ERIC.

Contributor:

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Resource:

Weisberg, P.G. (Oct. 1986). Breaking the barriers to involve minority parents. Paper presented at the CEC/DEC National Early Childhood Conference on Children with Special Needs, Louisville, KY.

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Discipline:

Education

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Resource:

Kysela, G.M., McDonald, L., Reddon, J. & Gobeil-Dwyer, F. (1988). Stress and supports to families with a handicapped child. In K. Marfo (Ed.) *Parent-child interaction and developmental disabilities*, (pp. 273-289). NY: Praeger.

Contributor:

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Resource:

Carlson, B.C. (1987). Steps to independence: A resource guide for parents of young children. Honolulu, HI: Hawaii State Department of Education.

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Discipline:

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Resource:

Kagan, N. (1984). Interpersonal process recall: Basic methods and recent research. In Larsen, D. (Ed.) *Teaching psychological skills*, 229-244. Monterey, CA: Brooks Cole.

Contributor:

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Discipline:

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College of Education University of Idaho Moscow, ID 83843

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(208) 885-6159

Resource:

Gentry, D. & Olson, J. (Eds.) (1986). The parent/family support network series. Moscow, ID: University of Idaho.

James A. McLoughlin

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Education

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University of Louisville

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(502) 588-6411

Resource:

McLoughlin, J.A. (1981). Training together to work together. Tease, 4(4), 45-54.

Contributor:

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(419) 537-4723

Resource:

Benjamin, B.J. (1985). A special child in the family: A guide for parents. San Marcos, TX: Southwest Texas State University.

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Discipline:

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Institution:

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(608) 263-5860

#### Resources:

Vincent, L.J., Laten, S., Salisbury, C., Brown, P. & Baumgart, D. (1981). Family involvement in the educational processes of severely handicapped students: State of the art and directions for the future. In B. Wilcox & R. York (Eds.) Quality Educational Services for the Severely Handicapped: The Federal Perspective. Washington, DC: U.S. Department of Education, Division of Innovation and Development.

Brown, P. & Vincent, L.J. (1986). Impact of having a child with a disability on the family. Madison, WI: University of Wisconsin.

Vincent, L., Davis, J., Brown, P., Broome, K., Funkhouser, K., Miller, J. & Gruenewald, L. (1986). Parent Inventory of child development in nonschool environments. Madison, WI: University of Wisconsin.

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Resources:

Moran, A. (1985). Families in early intervention: Effects of program variables. Zero to three, 5(5), 11-14.

Myers-Walls, J.A., Hinkley, K.R. & Reid, W.H. (1982). Encouraging positive self-concepts in children. West Lafayette, IN: Purdue University, Cooperative Extension Service.

Millar, T.P. (1983). How do you give a child self-esteem? Children Today, 2(3)

Jane B. Schulz

Discipline:

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Resource:

Schulz, J.B. (1987). Parents and professionals in special education. NY: Allyn & Bacon, Inc.

Contributor:

Thomas Lombardi

Discipline:

Education

Institution:

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Department of Special Education

West Virginia University

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(304) 293-3450

Resource:

Lombardi, T., Johnson, A., Morley, D., Randolph, D. & Stout, R. (1986). Rural special education programs: Parents' opinions and involvement. *Rural Special Education Quarterly*, 6(4), 50-51.

# **APPENDIX**

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# **Parent-Professional Collaboration Content in Professional Education Programs: A Research Report**

# **EVALUATION FORM**

1.	Who used the research report? (Check all that apply.)						
	Parent		ducator	Child Welfare Worker			
	Juvenile Jus	stice Worker		1	Mental Health Professional		
	Other (Please Specify)						
2.	Please describe the purpose(s) for which you used the report:						
<del></del> 3.	Would you rec	commend use of	the report to other	ers? (0	Circle one)		
	Definitely	Maybe	Conditionally		Under No Circumstances		
	Comments:						
	Overall, I thought the report was: (Circle one)						
	Excellent	Average	e ]	Poor			
	Comments:						
5.	Please offer su	iggesions for the	improvement of	subsec	quent editions of this report:		
-							
W	e appreciate you	ir comments and	suggestions. Yo	our fee	dback will assist us in our effor		

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