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When the User visits CaseyLifeSkills.org, brought to you by Casey Family Programs (Casey), the User may provide two types of information: (1) personal information you knowingly choose to disclose that is collected on an individual basis; and (2) Web site use information collected on an aggregate basis as the User and other users browse the Web site.

#### Personal Information You Choose to Provide to the Casey Life Skills Web site

##### Registration Information

The User may provide the Web site with information about yourself and your practices when you or someone with your permission elects to register on the CaseyLifeSkills.org and thereafter participate in any activities available on the Web site.

##### Email Information

If the User chooses to correspond through the Web site, Casey may retain the content of any of the Users electronic messages together with your contact information and any user responses.

#### Web Site Use Information

Similar to other Web sites, CaseyLifeSkills.org utilizes a standard technology called "cookies" (see explanation below, "What Are Cookies?") and Web server logs to collect information about how the Web site is used. Information gathered through cookies and Web server logs may include the date and time of visits, the pages viewed, time spent at the Web site, and the Web sites visited just before and just after our Web site.

#### What Are Cookies?

A cookie is a very small text document or file, which often includes an anonymous unique identifier. When a user visits a Web site, that Web site's technology asks the user's computer for permission to store this file in a part of the user's hard drive specifically designated for cookies. Each Web site can send its own cookie to the user's browser if the user's browser's preferences allow it, but (to protect the user's privacy) the user's browser only permits a Web site to access the cookies it has already sent to you, not the cookies sent to you by other sites.

#### How Is Information Collected From Cookies?

Cookies, in conjunction with the Web server's log files, allow Casey to calculate the aggregate number of people visiting CaseyLifeSkills.org and which parts of the Web site are most popular. This helps Casey gather feedback in order to constantly improve CaseyLifeSkills.org and better serve Web site Users.

#### Data Collection & Reports

The data and information the User supplies on any electronic form, paper form, application or request for information, may be collected and tabulated for statistical and reporting purposes and those results may be provided to other organizations or individuals, but you will not be identified by name in those results.

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By "us," "we" and "our" we mean Casey Family Programs

By "user" and "you" we mean a person visiting CaseyLifeSkills.org

By "Web site" we mean CaseyLifeSkills.org

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Post or transmit any information that, in Casey's opinion, is inappropriate for children.

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Post or transmit any unlawful, threatening, abusive, libelous, defamatory, obscene, vulgar, pornographic, profane or indecent information of any kind, including without limitation any transmissions constituting or encouraging conduct that would constitute a criminal offense, give rise to civil liability or otherwise violate any local, state, national or international law.

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Post or transmit any information, software or other material that contains a virus or other harmful component.

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Daily Living

Are the following statements like me	No	Mostly No	Somewhat	Mostly Yes	Yes
I know where to go to get on the Internet.					
I can find what I need on the Internet.					
I know how to use my email account.					
I can create, save, print and send computer documents.					
I know the risks of meeting someone in person that I met online.					
I would not post pictures or messages if I thought it would hurt someone's feelings.					
If someone sent me messages online that made me feel bad or scared, I would know what to do or who to tell.					
I know at least one adult, other than my worker, who would take my call in the middle of the night if I had an emergency.					
An adult I trust, other than my worker, checks in with me regularly.					
When I shop for food, I take a list and I compare prices.					
I can make meals with or without using a recipe.					
I think about what I eat and how it impacts my health.					
I understand how to read food product labels to see how much fat, sugar, salt, and calories the food has.					
I know how to do my own laundry.					
I keep my living space clean.					
I know the products to use when cleaning the bathroom and kitchen.					
I know how to use a fire extinguisher.					

Self Care

Are the following statements like me	No	Mostly No	Somewhat	Mostly Yes	Yes
I can take care of my own minor injuries and illnesses.					
I can get medical and dental care when I need it.					
I know how to make my own medical and dental appointments.					
I know when I should go to the emergency room instead of the doctor's office.					
I know my family medical history.					
I know how to get health insurance when I am older than 18.					
I have at least one trusted adult who would visit me if I were in the hospital.					
There is at least one adult I trust who would be legally allowed to make medical decisions for me and advocate for me if I was unable to speak for myself.					
I know how to get the benefits I am eligible for, such as Social Security, Medicaid, Temporary Assistance for Needy Families (TANF), and Education and Training Vouchers (ETV).					
I bathe (wash up) daily.					
I brush my teeth daily.					
I know how to get myself away from harmful situations.					
I have a place to go when I feel unsafe.					
I can turn down a sexual advance.					
I know ways to protect myself from sexually transmitted diseases (STDs).					
I know how to prevent getting pregnant or getting someone else pregnant.					
I know where to go to get information on sex or pregnancy.					

Relationships and Communication

Are the following statements like me	No	Mostly No	Somewhat	Mostly Yes	Yes
I can speak up for myself.					
I know how to act in social or professional situations.					
I know how to show respect to people with different beliefs, opinions, and cultures.					
I can describe my racial and ethnic identity.					
I can explain the difference between sexual orientation and gender identity.					
I have friends I like to be with who help me feel valued and worthwhile.					
I am a part of a family and we care about each other.					
I can get in touch with at least one family member when I want to.					
I have friends or family to spend time with on holidays and special occasions.					
I know at least one adult I can depend on when I exit care.					
I know an adult who could be a grandparent, aunt or uncle to my children now or my future children.					
My relationships are free from hitting, slapping, shoving, being made fun of, or name calling.					
I know the signs of an abusive relationship.					
I know what my legal permanency goal is.					
I have information about my family members.					
I think about how my choices impact others.					
I can deal with anger without hurting others or damaging things.					
I show others that I care about them.					

**Housing & Money Management**

Are the following statements like me	No	Mostly No	Somewhat	Mostly Yes	Yes
I understand how interest rates work on loans or credit purchases.					
I understand the disadvantages of making purchases with my credit card.					
I know the importance of a good credit score.					
I know how to balance my bank account.					
I put money in my savings account when I can.					
I know an adult who would help me if I had a financial emergency.					
I use online banking to keep track of my money.					
I know the advantages and disadvantages of using a check cashing or payday loan store.					
I know how to find safe and affordable housing.					
I can figure out the costs to move to a new place, such as deposits, rents, utilities, and furniture.					
I know how to fill out an apartment rental application.					
I know how to get emergency help to pay for water, electricity, and gas bills.					
I know what can happen if I break my rental lease.					
I can explain why people need renter's or homeowner's insurance.					
I know an adult I could live with for a few days or weeks if I needed to.					
There is at least one adult that I have regular contact with, other than my case manager or other professional, who lives in stable and safe housing.					
I know an adult I can go to for financial advice.					

Are the following statements like me	No	Mostly No	Somewhat	Mostly Yes	Yes
I plan for the expenses that I must pay each month.					
I keep records of the money I am paid and the bills I pay.					
I know what happens in my state if I am caught driving without car insurance or a driver's license.					
I can explain how to get and renew a driver's license or state ID card.					
I can figure out all the costs of car ownership, such as registration, repairs, insurance, and gas.					
I know how to use public transportation to get where I need to go.					

Work and Study Life

Are the following statements like me	No	Mostly No	Somewhat	Mostly Yes	Yes
I know how to develop a resume.					
I know how to fill out a job application.					
I know how to prepare for a job interview.					
I know what the information on a pay stub means.					
I can fill out a W-4 payroll exemption form when I get a job.					
I know what employee benefits are.					
I know what sexual harassment and discrimination are.					
I know the reasons why my personal contacts are important for finding a job.					
I know how to get the documents I need for work, such as my Social Security card and birth certificate.					

Are the following statements like me	No	Mostly No	Somewhat	Mostly Yes	Yes
I know how and when I can see my child welfare or juvenile justice records.					
I know an adult who will go with me if I need to change schools.					
I know how to get help from my school's mental health services.					
I know where I can get help with an income tax form.					
I have an adult in my life who cares about how I am doing at school or work.					
I can take criticism and direction at school or work without losing my temper.					
I know how to prepare for exams and/or presentations.					
I know where I can get tutoring or other help with school work.					
I look over my work for mistakes.					
I get to school or work on time.					
I get my work done and turned in on time.					

**Career and Education Planning**

Are the following statements like me	No	Mostly No	Somewhat	Mostly Yes	Yes
I know how to find work-related internships.					
I know where to find information about job training.					
I can explain the benefits of doing volunteer work.					
I have recently talked to an adult who works in a job I would like to have.					



Are the following statements like me	No	Mostly No	Somewhat	Mostly Yes	Yes
I know what type (college, trade school) education I need for the work I want to do.					
I know how to get into the school, training, or job I want after high school.					
I know how to find financial aid to help pay for my education or training.					
I have talked about my education plans with an adult who cares about me.					
I know an adult who will help me apply for training or education after high school.					

### Looking Forward

Are the following statements like me	No	Mostly No	Somewhat	Mostly Yes	Yes
I believe I can influence how my life will turn out.					
I can describe my vision for myself as a successful adult.					
I have a good relationship with a trusted adult I like and respect.					
I would like to use my experience to help other youth.					
I believe my relationships with others will help me succeed.					
I feel I am ready for the next phase of my life.					
Most days, I am proud of the way I am living my life.					
Most days, I feel I have control of how my life will turn out.					

